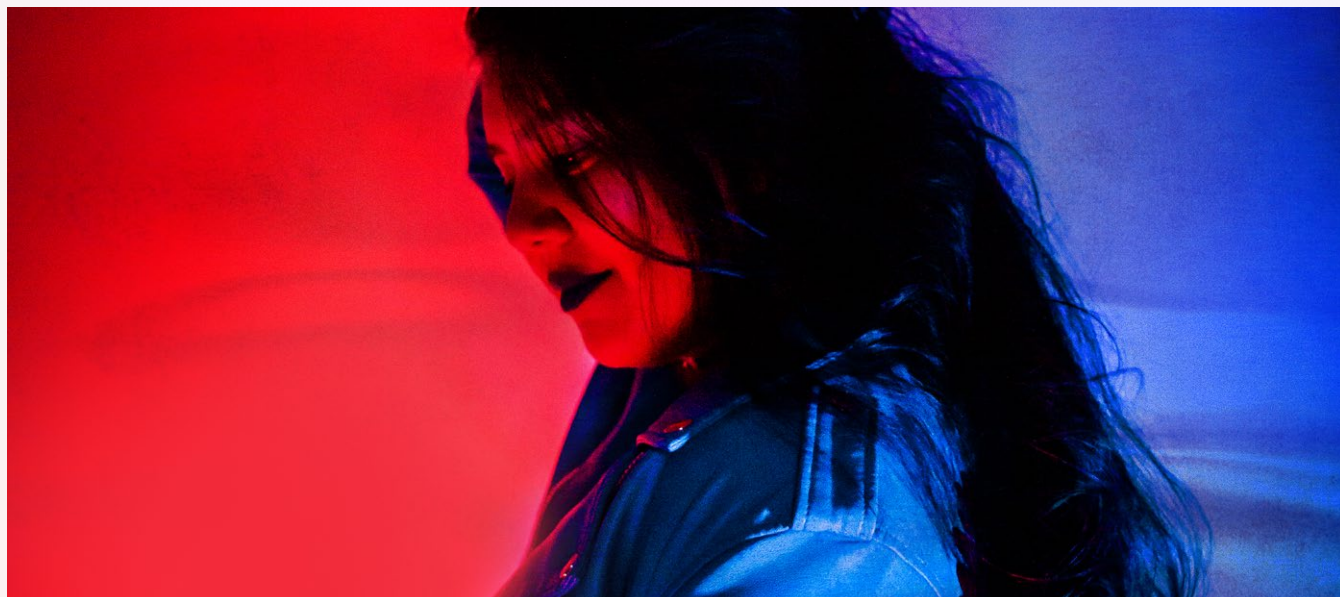


Teresa Suydam

FOR IMMEDIATE RELEASE

Love Me - EP *Four incredible tracks about loving who you are.*



Denver, Colorado — Fresh off a top-ten run on KTLN's Hometown for the Holidays, Teresa Suydam is elated to release her second EP, Love Me - EP. This four-track experience will be available for pre-save on **January 10, 2022**, and subsequently available for streaming and purchase on **Friday, January 28, 2022**. This new musical endeavor displays a deeper side to this Denver pop music star, expanding on the singer-songwriter foundations of her career. When asked about her newest release, this is what she had to say:

"I wanted to take everything to the next level. This is my **Love Me - EP**, and it's like a love letter to myself. Each song represents a different way that I've found to love myself, whether it be through empowerment, introspection, or compassion. I'm going to take all the love and light I have in my body, and all the love and support people are sending my way...and I'm going to sprint with it." She continued discussing the response she has been getting from the Denver music scene saying, "It has meant the world to me that a lot of early listeners have seen my progress and have liked what I'm creating."

Love Me - EP

Pre-save **Monday, January 10, 2022** | Streaming & purchase **Friday, January 28, 2022**

Track 1: Offer Up Yourself

Track 3: You're A Goddess

Track 2: Do It Right

Track 4: Edge of Love

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Discography



Love Me - EP | January 2022

Vocals and Lyrics: Teresa Suydam

Recorded: Denver, Colorado, at Aaron Daniels Music Studio

Producer: Aaron Daniels Music

Recording, Mixing, and Mastering: Denver, Colorado by Aaron Daniels Music

Guest musicians: Elyse Midgyett (background vocals), Diego Marroquin (electric guitar), Kari Clifton (cello), Aaron Daniels (piano)

Publicity and Management: Kara O'Brien (Rootstrings Management), Limerick, Ireland



Offer Up Yourself

December 2021



Do It Right

July 2021



Teresa Suydam EP

March 2021



Take Me to the Water

September 2020



San Francisco

April 2020



All I Care About Is You

February 2020

Awards

Top 10 Finalist for Summer Quarter of Song Writing Awards (Do It Right)

Top 10 finalist for Hometown for the Holidays (Offer Up Yourself)

Native American Music Awards (NAMA) nominee for 2022 (Take Me to the Water - Music video and single)

Featured on Politico Music Colorado Anthology 1 (Take Me to the Water)

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