

University of Michigan
Mental Health Awareness Week
March 26-March 30th
www.whocanrelate.org

Who Can Relate? Featuring Logic
March 30, 2018
Hill Auditorium
Ann Arbor, Michigan

The stress that college-aged kids face today is unprecedented. Those stressors are even more difficult for the 1 in 5 students who also face a mental health condition. Many college students face mental health difficulties for the first time, as three-quarters of mental health conditions emerge by age 24. They are often afraid to speak to friends or professionals and may not even know where to go for support.

Most people who live with mental illness have, at some point, been blamed for their condition. Friends and family members call them names, they refer to symptoms as “a phase” or tell them “to snap out of it”. Unfortunately, it is more complicated. The stigma causes people to feel ashamed and, sadly, keeps many from seeking the help they need. For these people who already carry such a heavy burden, stigma magnifies the pain.

March 26th-March 30th in Ann Arbor, Michigan we are all coming together to educate, fight the stigma and show those suffering that they are not alone!

How will we do that? With the help of Grammy nominated artist Logic, stage and screen star Glenn Close and NFL All-Pro Brandon Marshall, and mental health speaker and advocate Hakeem Rahim, the students at the University of Michigan have created an array of educational and interactive events aimed at educating and fighting the stigma surrounding mental health.

Fresh off of his incredible performance at the 2018 Grammy awards, where he spoke to the issue of suicide and mental health awareness, Logic will cap off an amazing week of events with a concert at Hill Auditorium on Friday, March 30th at 8pm. Logic will be joined by Glenn Close, Hakeem Rahim and Brandon Marshall with other surprise performances and mental health speakers. A truly once in a lifetime event.

The event has been created for the students by the students and student tickets will go on sale February 21, 2018 at 9am.

Participants include the University of Michigan Counseling and Psychological Services, PROJECT375, Bring Change to Mind, I Am Acceptance, the University of Michigan School of Music, Theater and Dance and the Penny W. Stamps School of Art & Design at the University of Michigan. The active student groups involve members of the Wolverine Support Network, Athletes Connected, CAPS Student Advisory Board, CAPS in Action, Active Minds, UM Mens Glee Club, Music Matters, Interfraternity Council, Alpha Epsilon Pi fraternity and Delta Delta Delta sorority.

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