

TIDINGS

The newsletter of The Church of the Incarnation, Rt. 522, Mineral, Virginia.

YOUR 2019 VESTRY

Tom Brockel

Jim DeBusk

Wayne Gibbons

Patsy Hall

Samantha Perry

Eileen Smith

Bill Thomas

Susan Turney

Rev. Lura Kaval

JUNIOR WARDEN'S CORNER

Today I write you from a corner, next time it might be from the roof. My goal as your new Jr Warden is to put an eye on every bit of our church property to assess its current fitness. Our property includes the church and parish hall, basement, front yard, the yard and house behind the church (aka Rectory) and the yard and house beside the church (aka Estes House.)

There's a group of church members assisting me in this endeavor and they are known as the Buildings and Grounds Committee. We met and identified areas that need attention, then prioritized them based on severity. The basement and leak in the belfry are the main priorities, with the wiring of the church as the next important.

Some background on the major issues...

The basement suffered damage from continued water leaks over time. Members from the congregation worked very hard clearing out the damage last year. It's ready for a new look and we have been blessed with a grant from the diocese to facilitate the renovation. A plan is in action with end of Aug as completion and we'll be calling on you to help us with moving furniture, scraping windows, hanging sheet rock, painting, etc. Am very happy /ecstatic to report that we are water free for the last month.

Water is getting under the belfry 2nd roof (bell sits on this) and is leaking thru the insulation and into the church ceiling above the organ. You can take a look the next time you're in church; You will notice the discoloration of the wood. This, too, has gone on for some time and will be a major repair. Current estimates are coming in at \$3500-\$5000 for the roof. Repair of our beautiful ceiling will be an additional cost. We think we have finally found a roofer and work will begin soon.

At this point you may be asking, "how did this go unnoticed?" We need to keep in mind that even though the church is hustling and bustling now, just a few short years back her doors were about to close. We are now playing catch-up and trying to give our church as much love as possible. Thankfully, Dot has been right here beside me, never complaining about running to meet roofers or talking on the phone too much. She'll tell you any day that she helped build this place. So with 90+ years invested, is she following me or am I following her...

VOLUNTEERS NEEDED FOR BASEMENT REPAIRS

Things that volunteers will help with: Hanging & finishing drywall, scrapping paint off windows, applying sealant to the floor, removing old electrical wires, moving light fixtures, moving furniture, cleaning, and wood work repairs.



ALEX RIFFEE'S LAST DAY

Aug. 4: Alex Riffée's last day as Rector of St. James', Louisa. Alex has accepted a call to chaplaincy at UVA University Hospital.

CHURCH PICNIC

Tom and Sandy Brockel again invite you to their home on the lake for Incarnation's Church Picnic. Friends are welcome!

*When: Saturday, July 13th, 3pm (eat at 5 pm)

*Bring: Swim suits and towels (life jackets for kids) if you want to swim.

*Also Bring: lawn chairs or blankets to sit on.

*Food: They will supply hamburgers, hotdogs, buns, lemonade and water.

*Please bring a snack, side dish or dessert to share, and another beverage, if you prefer.

Mark your calendars!

AMBULANCE COMMITTEE

The Ambulance is going to Rosebud Indian Reservation in South Dakota. Members from the church are planning to go at the end of July into early August. Please contact Nancy Moser for more information. Donated items needed are gently used clothing especially winter coats, Diapers (adult and baby), blankets, sterile gloves, socks.

LEARN MORE ABOUT THE ROSEBUD RESERVATION

Enrolled Tribal Members:	24,426
# of People on the Reservation:	10,869
# Programs Partnering with NRC:	51
Sovereign Nation Since:	1889
Official Tribal Web Site:	http://www.rosebudsiouxtribe-nsn.gov/



A BIT OF CULTURE: The Rosebud Sioux Tribe or Sicangu Oyate (meaning "Burnt Thigh" nation) is one of the Seven Original Council Fires or bands collectively known as the Sioux. The Sicangu Sioux speak the Lakota dialect (as opposed to the Nakota or Dakota dialect used by other Sioux tribes). The Sicangu Sioux are skilled in bead and quill work. Their traditional housing was a Tipi or a Wigwam, the latter a domed dwelling made of wooden poles and roofing material such as bark or grass as pictured above.

A BIT OF HISTORY: The Rosebud Sioux Tribe was moved five times before becoming an established sovereign nation in 1889. This was due to various homestead acts that the federal government used to repeatedly reduce acreage promised to the Rosebud people.

One notable leader of the Rosebud Sioux Tribe was Sinte Gleska, otherwise known as Spotted Tail (1823-1881).

A relative of Crazy Horse and a member of the Brulé Sioux (a French reference for the Burnt Thigh people), Spotted Tail led the Sioux people in battles against the Pawnee.



Spotted Tail (public domain photo)

Spotted Tail later became a leader of the peace faction and a statesman for the people.

THE LAND: The Rosebud Sioux Reservation encompasses 922,759 acres of Plains grasslands, Ponderosa pine forest, and valleys. There are 20 established communities within the reservation borders. The tribal administration is located in one of these communities that, like the reservation, is named Rosebud. Another well populated community is Mission. The Rosebud Reservation spans the counties of Todd, Mellette, Tripp, and Lyman in South Dakota, the largest of which is Todd County. Rosebud enjoys a prairie wind that averages 14 mph; this bodes well for their interest in wind energy. In the winter, Rosebud residents may see snow drifts as high as 10 feet.

CURRENT ECONOMY: The main occupation on the Rosebud Reservation is cattle ranching and farming. The tribe successfully started a project to reintroduce a growing buffalo herd onto their land. In addition to providing healthy sustenance, this could one day help the Rosebud economy. Other employment sources include tribal programs such as administrative offices, the BIA, and Indian Health Services. Several K-12 schools and the Sinte Gleska University (a tribal college founded in 1973) also offer employment opportunities for Rosebud residents. The tribe proudly operates a casino that is powered almost entirely from a wind turbine energy system. Although profits are limited due to its rural location, the casino does provide an additional source of tribal jobs and economic activity within the local community.

EDUCATION & INCOME: Todd County ranks as the second poorest county in the U.S. The unemployment rate is over 80% due to lack of opportunity. About 76% of the employed labor force on Rosebud lives below poverty level. About 58% of people under the age of 18 in Todd County live below poverty level (on and off reservation). Regarding lodging, about 29% of the people on the Rosebud Reservation are homeless and 59% live in substandard housing. About one-third of students on the Rosebud Reservation have a high school diploma. Sadly, the Rosebud Reservation is one of two reservations with the lowest life expectancy rate. Suicide is also a prevalent risk. Over a span of 14 months (2006-07), Rosebud law enforcement responded to 6 suicides and 244 suicide attempts. The Rosebud people draw strength and hope from family, culture, and traditions, as they continue to make positive strides toward sufficient and sustainable economic solutions.

LEARN MORE:

<http://www.aktalakota.org/index.cfm?cat=1&artid=198>

<http://www.bia.gov/idc/groups/public/documents/text/idc-001719.pdf>

<http://www.sdtribalrelations.com/new/tribalstatprofiles/rststatprofile2011.pdf>

EPISCOPAL CHURCH FOUNDATION VITAL PRACTICES – WWW.ECFVP.ORG

VESTRY AS A LIFE-GIVING TEAM

By Chris Holmes

You have surely experienced teams that were life-giving and productive, and I'll bet you've also served on teams that were energy-suckers and a waste of your time. What caused those to be such different experiences? Which kind of team is your vestry?

Life-giving teams build community and synergy around a higher purpose while utilizing the gifts of each member of the team. This kind of a team doesn't just sort of happen. It is the consequence of a process of careful selection, intentional development and team leader training.

The difference between a group and a team

The first thing to realize about teamwork is that a team is fundamentally different from a group. Groups come together for sharing or learning and then apply that learning to their individual lives. Teams develop a common vision with established goals, and rise or fall together because their members share responsibility for the results of their work.

The church vestry is innately designed to function as a team with shared responsibility for church governance, structure and selection. It holds a place at the top of the local congregation's organizational structure, with the purpose of helping the congregation fulfill its mission. The best of vestry life happens when the organization functions as a team accomplishing its work productively and collaboratively. The worst of vestry life plays out when it behaves as a group of individuals protecting their silo areas, fighting for turf and refusing to budge for the greater good of the congregation.

SIX CONDITIONS OF TEAM EFFECTIVENESS

A research study involving thousands of teams identified as effective, found these six common factors:

1. Effective teams have a compelling direction. The purpose for meeting is captivating and clear and the team is able to measure what success looks like.
2. The right people are on the team for the right reasons. Most often these are stakeholders in the mission of the organization who have the ability to play well with others.
3. Team membership is well defined. There is utter clarity about who is on the team and who is not. You would be surprised at how often this is unclear.
4. The team matters to the organization and its leadership. The team is given enough authority to carry importance, has an adequate budget and undisputed organizational buy-in.
5. The structure of the team is solid. There is administrative support, a reasonable time-line, role definition and clarity about critical details.
6. The team is adequately led/coached. The leader of the team is trained and has a good grasp of working with others.

The study on Team Effectiveness found that when the first five of these factors are in place, there is a 60% chance that the team will be effective in doing its work. The other 40% chance of success in effectiveness depends upon the quality of leadership provided to the team.

This research suggests that it is imperative for the vestry to have a clear sense of purpose, membership that is chosen with intention and leadership that is capable. These elements are sometimes challenging in volunteer organizations with limited resources. However, they are essential for vestries in the process of becoming life-giving teams.

FOUR MARKS OF A LIFE-GIVING VESTRY

1. Shared leadership with clergy. Rector and vestry serve as an aligned team viewing their relationship as a partnership of shared responsibility for leading the congregation and bringing about transformation.
2. Aligned with purpose. The vestry does the important work of listening to the congregation while visioning what is possible, and then from that input, discerning a compelling purpose for the congregation. That discerned purpose becomes more than a statement on paper when the vestry constantly examines where it is spending its time and money by asking, "How does this embody and fulfill our purpose?"
3. Mission focused. The vestry shares with the rector the task of discerning where God is calling the faith community to be active beyond the walls of the church. As much time is spent in meetings discussing ministry and mission as is spent talking about governance, structure and selection. Life-giving vestries have a clear vision for how to live out God's call in the world in service to and with others.
4. Understanding of holy work. Vestry members understand that their service on the vestry is more a calling to be in ministry than an election to a position. Life-giving vestries spend time in prayer listening for the direction of the Holy Spirit. Members are faith-centered, biblically grounded and spiritually mature.

GROWING LIFE-GIVING LEADERSHIP

Strong leaders are shaped, not born. In vestry life we have the great opportunity to help increase the leadership ability of those placed in positions of leadership in the church by teaching them the skills needed to succeed.

Consider holding a vestry workshop for new church leaders called, "How to Lead a Stellar Church Meeting," covering these essential ingredients:

- Basic group facilitation skills
- Meeting reminders with an attached agenda
- Starting and ending on time
- Grounding the work in the larger purpose of the church
- Including prayer and honoring the work of the Spirit
- Ending each meeting with clear action items and a person's name attached to each commitment

Very often, this kind of workshop can be led by a vestry member who learned team leadership skills in their workplace.

Vestry service does not have to be contentious, frustrating drudgery. Who wouldn't rather serve on a vestry that works joyfully as a team and focuses on God's amazing work in the world as the body of Christ? Life-giving vestries don't just materialize on their own, they happen on purpose when attention is given to careful election of membership, clarity of purpose with a focus on mission and intentional training of leaders.

Chris Holmes leads The Holmes Coaching Group, Inc. specializing in coaching church vestries, pastors and denominational leaders. He is a United Methodist Pastor, consultant to the Episcopal Church Foundation, and author of *The Art of Coaching Clergy*.

RESOURCES:

- There is No “I” in Team by Richelle Thompson, ECF Vital Practices blog, April 26 2016
- Norms and Covenants—Tools to Strengthen Your Team by Nancy Davidge, Vestry Papers, January 2016
- Why Team Building Matters by Lesley Hartley, Vestry Papers, January 2016
- Team Leadership, an ECF webinar led by Rosa Lindahl, March 26, 2015
- Structuring Leadership Teams, an ECF Vital Practices Tool

SPECIAL EVENT

As we prepare to enter into joint ministry with people of all colors in Mineral, please join me next Sunday for this noteworthy event. Thank you, Mother Spice +

The Orange County African American Historical Society has asked us to pass on an invitation to a special screening of the Smithsonian Channel Documentary " The Green Book:" Guide to Freedom. Rebecca and Gail

The Orange County African-American Historical Society

invites you to a special screening of the

Smithsonian Channel documentary

The Green Book: Guide to Freedom

Sunday, July 14

2:00 p.m. Dogwood Village

Community Room (new building)

120 Dogwood Lane, Orange, VA 22960

Light refreshments will be served

In the 1930s, a black postal carrier from Harlem named Victor Green published a book that was part travel guide and part survival guide. It was called The Negro Motorist Green Book, and it helped African-Americans navigate safe passage across America well into the 1960s. Explore some of the segregated nation's safe havens and notorious "sundown towns" and witness stories of struggle and indignity as well as opportunity and triumph.

The documentary features interviews with historians, travelers, and business owners who experienced first-hand what it was like to "travel while Black" during such a contentious time. Also featured is documentarian Yoruba Richen, who explores the challenges and dangers Black Americans faced as they traveled throughout the country during the middle of the 20th century, and how many used Victor H. Green's guidebook to find hotels and restaurants (including many in Virginia) that welcomed Black Americans at a time when segregation was rampant.

Courtesy of St. James Newsletter



Father Alex & Mother Spice earned their certificates from the Louisa County Sheriff's Dept. Chaplain's Graduation in June 2019. This 14-week course will allow them and others taking the class to do ride-alongs and assist deputies with pastoral counseling.



The Regional Ministry presented Debby & Ed Read of Journey Home with a \$1,000 donation. Representing the Ministry are The Rev. Lura Kaval from The Church of Incarnation (Mineral) and Father Alex.

Courtesy of St. James Newsletter

LECTORS FOR JULY		
DATE	READING	READER
July 7	2 Kings 5: 1-14 Psalm 30	Eileen Smith
Pentecost 4	Galatians 6: 1-16	Joe Rivera
Holy Eucharist	Luke 10: 1-11, 16-20	Rev Lura M. Kaval
July 14	Amos 7: 7-17 Psalm 82	Susan Utt
Pentecost 5	Colossians 1: 1-14	Maddie Madison
Holy Eucharist	Luke 10: 25-37	Rev Lura M. Kaval
July 21	Amos 8: 1-12 Psalm 52	Rick Harlow
Pentecost 6	Colossians 1: 15-28	Katherine Atkinson
Holy Eucharist	Luke 10: 38-42	Rev Lura M. Kaval
July 28	Hosea 1: 2-10 Psalm 85	Nancy Moser
Pentecost 7	Colossians 2: 6-19	Nancy Thomas
Morning Prayer	Luke 11: 1-13	Jane Keller

SERVICE SCHEDULE FOR JULY		
DATE		
July 7		
Altar Guild	Greeter	Acolytes
Jane Keller Claudia DeBusk	Bonnie Campbell	Jacob Barlow
July 14		
Jane Keller Claudia DeBusk	Pat Hall	Andrew Mostrag
July 21		
Margaret Wood Karen Guagliardo Samantha Perry	Bea Matthews	Abby Barlow
July 28		
Margaret Wood Karen Guagliardo Samantha Perry	Pembroke Pettit	Maddie Madison

IMPORTANT EVENTS THIS MONTH AT CHURCH AND IN THE COMMUNITY

- o The loose offering from the collection plate offerings on July 7th goes to the Vicar's Discretionary Fund.
- o Church Picnic July 13th
- o The 4th Sunday of every month is potluck. This month it is on July 21st
- o Morning prayer will be on July 28th

THE CHURCH OF THE INCARNATION – 2019 CALENDAR

Epiphany	January 6
Women of the Bible Study	January 16 - February 27
Shrove Tuesday- Pancake Super	March 5 at 5pm
Ash Wednesday	March 6 at NOON
Lent- Bible Study at St. James	March 13 - Apr. 10
Miniature Golf Tournament- LCEF	April 7 at 3pm-5pm
Concert for Journey Home	April 7 at 4pm
Hand up? Hand Out? Hand in Hand!	April 13 at 9:30am-11:45
Palm Sunday- Donkey Service	April 14 at 10:30am
Maundy Thursday- Foot Washing	April 18
Good Friday	April 19 at Noon
The Living Last Supper	April 19 at 7:30pm
Easter Sunday	April 21 at 10:30am
Fireman's Fair	May 1st - 4th
Front Step Ministry Starts	May 4
Mineral Beautification	May 4
Mineral Farmers Market Starts	May 4
Journey Home Auction	May 4 at 6pm-9pm
DOT'S 94th BIRTHDAY PARTY!	May 4
Vestry Meeting	May 5th at 12pm
Indian Culture Lecture	May 5th at 12:15 pm
Clergy Retreat	May 6th-8th
Women's Retreat	May 25th
Altar Guild Training Day	June 7 at 10am
Pentecost	June 10
BBQ Throwdown Benefit	June 22
From Crib to Cross	June 24-26
Morning Prayer	June 30
Church Picnic	July 13
Morning Prayer	July 28
Morning Prayer	August 18
Pet Blessing	October 5
Oktoberfest Fundraiser	October 12
Front Step Ministry Ends	October 19
Bible Study	October 23 – November 20
Thanksgiving	November 28
Advent- Christmas Starts in Mineral	December 1
Christmas Pageant	December 22
Christmas Eve	December 24 Tuesday at 5:00pm

OUR PRAYER LIST

Dorothy
Margaret
Jessica
Bert
Barbara
Edwin
Jim D
Tom
Asia
Jack
Doug
Rick

*Note: If your loved one has been removed from the list or you would like to add someone, please contact Pat Gibbons and Edwin Keller.

JUNE BIRTHDAYS AND ANNIVERSARIES

Birthdays:

Abby Barlow	07
Jacob Barlow	08
Mary Wood	14
Ron Rheude	20
Joe Rivera	21

Birthday Prayers are found on page 830 in The Book of Common Prayer

Anniversaries:

Lloyd and Jackie Holbert	22
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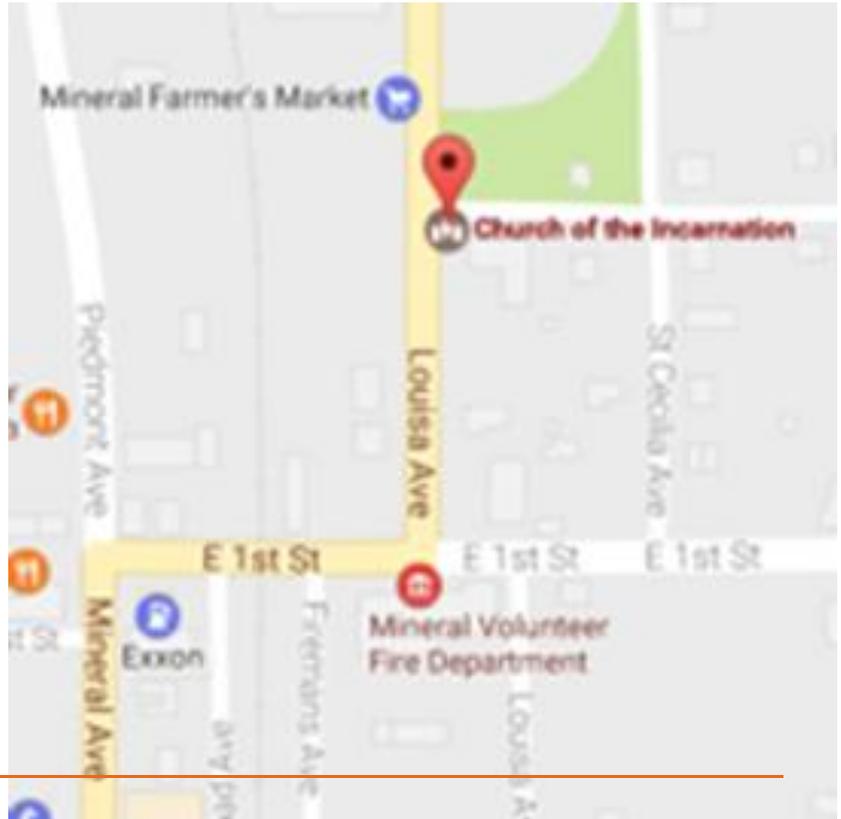


Contact Us

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*Anything for the Tidings or
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CHURCH OF THE INCARNATION

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