

BUILDING COMPASSION & COMMUNITY with PROVIDENTIAL RELATIONSHIP

Now the betrayer had arranged a signal with them: "The one I kiss is the man; arrest him." Going at once to Jesus, Judas said, "Greetings, Rabbi!" and kissed him.

Matthew 26: 48-49

In every season of life, the healthier you are and the more you can take care of yourself, the better you can care for others.

As you embark on this new phase of your life and relationships, envision your desired destination and seek guidance from those who have navigated similar paths.

Every season of life is a new season that requires a different set of skills.

As we journey into a new season, we carry baggage with us.

The problem is that the mistakes we make in one season are often carried over to the next.

We've all experienced hurt, abuse, and sometimes abandonment, so we all carry baggage into new phases of life.

When your child came out, you experienced a range of emotions. Unfortunately, feeling betrayed often lurks in the darkest shadows of these emotions.

The effects of feeling betrayed include shock, loss, and grief, as well as damaged self-esteem, self-doubt, and even bitterness, rage, and anger.

Carrying this kind of emotional baggage weighs us down. It leaves us insecure.

The tragedy of carrying too much baggage is that the people who suffer the most are the ones we love most.

Paul tells us to, "Get rid of all bitterness, rage and anger... along with every form of malice."

Paul continues, "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave us." Ephesians 4: 31-32

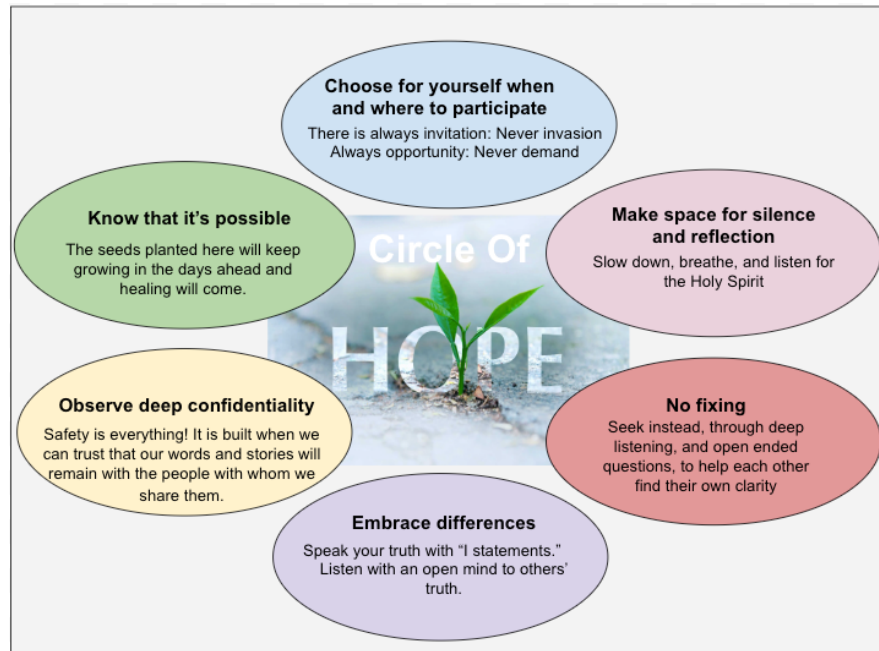
Is this even possible?

The answer is yes, it is possible, but it is difficult to accomplish without some help and guidance.

This is why it's important to build compassion and a community where you can seek guidance from "providential" relationships.

This is the reason why it is crucial to participate in groups like this.

Circle of Hope Boundaries



For Circles of Hope to be restorative for those struggling with spiritual trauma, there must be clearly defined boundaries, the kinds of boundaries that create a safe space for the soul.

CIRCLE OF HOPE TOPIC

At some point on your journey, you will eventually be the one who is a bit further ahead and has successfully navigated this season. How can you be present for others who need compassion and a relationship?