

VIVA!

VINEYARD VALLEY NEWS

VOLUME 49

JULY 2025

NUMBER 7



JULY EVENTS

Independence Day Festivities - July 4, Friday

BINGO, July 11

VVHA Board Meeting, July 16

Home & Garden Tour, July 22

Friday Night Social, July 25



FRIDAY

July 4, 2025



*9:00am - **FLAG RAISING**

(Donuts, Coffee & Mimosas)



*9:15am **PET PARADE**

(Line up at the Guard Shack)



*10:30am **BOCCE TOURNAMENT**

(Sign up NOW. Only 16 spots open)

(Cold Drinks at the Bocce Court)



*2:00pm **BINGO**

(4 games \$10.00. Popcorn)



DINNER AT 5:00pm - \$10.00

**Cheeseburgers, Hot Dogs, Corn on the Cob,
Coleslaw, and Dessert**

Sign up on the board, choose your choice of burger or dog, then use the envelopes in the box to pay for your dinner, (check or cash). Deposit the envelope in the VVHA box in the middle of the cubbies at the back of the mailroom.



JULY

2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 Independence Day	5
		Mon, Wed Exercise with Stacy 10-11AM Exercise Rm			4th of July Festivities	
6	7	8	9	10	11 BINGO	12
13	14	15	16 VVHA Board Meeting	17	18	19
20	21	22 Home & Garden Tour 10:30am	23	24	25 Friday Night Social	26
27	28	29	30	31		
Red-VVHA Community Black-Public Observance Green-Local Event Violet-VVHA Event						

2025-2026 VVHA OFFICERS & DIRECTORS

President, Janet Schmidt

Vice President, Rick Wood

Secretary, Inger Laidley

Treasurer, Henk Brok

Directors:

Eve Breckenridge

Chris Killion

Steve Kinney

Mae VanNett



Committee/Activity Chairs

VVHA Clubhouse Coordinator:
Mae VanNett

Hospitality:
Robin McGuire, Mae VanNett

Memorials and VV Clubhouse Coordinator:
Janeen di Rienzo

Directory:
Michael Merriman

Library:
Joyce Cahill, Rick Wood

Bocce Committee Chair:
Rick Wood

VVHA Website:
Michael Merriman



Non-Social Resident-formed Groups

Community Education:
Grace Kistner

Neighbor Helping Neighbor:
Carroll Cotten

If there is a death, call Janeen di Rienzo at 707-294-8307 so she can post it on the bulletin board and arrange for the \$50 donation to the organization you designate. She will explain how to schedule the clubhouse for a memorial.

July Birthdays

- 2 Tish Hiveley, Anne Offord, Anne Marie Storeide
- 3 Jeannine Burns
- 5 Robyn Orsini
- 6 Ron Naines, Rita Cervone
- 7 Michael Snowden
- 8 Adrienne Asher
- 14 Carlos Ibarra
- 18 Steve Kinney, David Goodhart
- 19 Steve Waxman
- 20 Jean Martin
- 22 Myrna Caratti, John Traecy
- 25 Sherie Downie
- 27 Tom Moran, Vera Pestana
- 29 Steve McNabb
- 30 Gale Terminello, James Wayson
- 31 Audrey Ward

VIVA!

VIVA Mission Statement: To provide a periodic newsletter concerning current and upcoming events, VVHA news, activities, neighborly news, and other non-political and local items of interest to all Vineyard Valley residents.

Editor

Francine Freeman

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Carroll Cotten

Advertising

Henk Brok

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Staff

VIVA

21 Del Rio Court
St. Helena, CA 94574

The Prez Sez . . . by Janet Schmidt

Another successful Vineyard Valley Tea & Fashion Show has come and gone and my co-chair, Eve Breckenridge, has already chosen the theme for next year. A lot of time and dedication goes into the planning but with the help of other board members, park residents, and Jean Martin gathering door prizes from the local businesses, we pulled it off once again. It's not only a popular event for park residents but ladies from the community look forward each year to being invited. Bingo continues to be a popular place to hang out on the second Friday night of each month. Where else can you have a great dinner and a chance to win big bucks in St. Helena?

Our 4th of July event chairs, Rick Wood and Henk Brok have planned and are ready to make this year another fun, action-packed day. Event activities are scheduled as follows:

- Raising of the flag at 9:00am
- Pet Parade at 9:20am - meet at the guard shack
 - Bocce at 10:30am
 - Bingo at 2:00pm
 - Dinner at 5:00pm

Sign up now for dinner and the other events on the VVHA bulletin board outside the mailroom.

A Home and Garden Tour is planned for July 22nd at 10:30am. More information will be posted on the VVHA bulletin board outside the mailroom.

VINEYARD VALLEY HOMEOWNERS' ASSOCIATION MEETING: MINUTES 06/18/2025

The meeting was called to Order by President Janet Schmidt at 3pm.

Minutes of April 2024 meeting were approved.

Treasurer's report by Henk Brok - As of May 31, 2025: Checking \$8,814.26; Savings \$9,013.50; VIVA \$3,347.54; Bocce \$1,904.30; Total \$23,079.60

New bocce court furniture has been purchased and placed by the court per budget approved in November 2024. Go on down and enjoy a game!

Our annual Tea and Fashion show (Around the World in 80 Days) was enjoyed by 80 persons, with Tea, Champagne, plenty of food and a fashion show from Daisy's.

June Bingo Report - 51 guests enjoyed pulled pork sandwiches, coleslaw and a chance to win cash prizes - join us for more fun on July 4th (after bocce) and our regular second Friday on July 11th.

4th of July will bring Flag Raising, the Pet Parade, Bocce, Bingo and dinner - look on the board outside the mailroom for details and sign up.

This year's Home and Garden show will begin at 10:30am (to avoid the heat) on Tuesday, July 22nd. If you would like your home included, please reach out to Eve.

Steve Kinney confirmed that Bernardo at Napa Valley Bistro will cater our Holiday Dinner again this year on December 13th.

President Janet Schmidt adjourned the meeting at 3:25pm.

PARK MANAGEMENT UPDATE

July 2025

Fire Season has begun with small fires occurring during June in Napa and Lake Counties thank you to the first responders who were able to control and contain them quickly. Fire mitigation efforts continue in the Park, landscapers have been trimming and limbing up shrubs along the perimeter, clearing brush from common areas, in the corporation yard and along the Sulphur Creek banks and pathways. The St. Helena Fire Department was in the Park assessing common areas and lots for potential fire hazards. The perimeter of the Park was sprayed with fire retardant in June.

Emergency information packets were placed in resident cubbies containing important information and resources during fire season, also included in the packets are your Evacuated Tag. Reminder to have your go bag and your pet's go bag and a pet carrier, if needed, ready during fire season.

CREATING DEFENSIBLE SPACE

Keep your property lean and green to help protect your family and home as well as others in the Vineyard Valley community. Proper defensible space also provides firefighters a safe area to work in to defend your home. Please join your neighbors in doing your part to protect our community by:

- Removing all dead and dying weeds, grass, plants, shrubs, and vegetative debris (leaves, needles, cones, bark, etc.); contact the office with any tree concerns. Check your roofs, gutters, decks, porches, stairways, etc.
- Contacting the office to review any tree branches within 6 feet of any chimney or stovepipe outlet
- Limit combustible items (outdoor furniture, planters, etc.) on top of decks and patios. Carports are for parking resident cars and should be kept clear.
- Remove accumulated vegetative debris from the roofs and gutters.

POOL REMINDERS

Happy Independence Day! Summer is here, and residents have family and friends visiting. For the safety and enjoyment of all those who use the pool, please note the following Pool Rules reminders. Please bring any pool exception requests to the office. Enjoy!

The pool is for the exclusive use of residents and their guests.

- Guests must be accompanied to the pool by their host resident.
- The guest limit is two persons per household.
- All persons must shower before using the pool.
- Glass containers are not allowed in the pool area.
- Pool toys are not permitted. Pool flotation devices for therapeutic use are allowed.
- Appropriate swimwear must be always worn in the swimming pool.
- **Diving and jumping into the pool are not allowed.**
- Animals are not allowed in the pool area.
- Swim times for children ages 3-5 years are 10AM to 1PM.
- 6-16 years are 10AM to 3PM
- Children under three years are not allowed in the pool area.
- No one under age 18 is allowed in the therapy pool or sauna.
- Please contact the office if you have misplaced your pool code.

JULY RULES REMINDER

PARKING: Each homesite has parking facilities. No vehicles may be parked in Residents driveway in a manner which allows it to extend into the street or off the driveway. Except for Del Monte, Del Campo and Del Rio Streets, NO STREET PARKING IS PERMITTED, unless specifically posted. Temporary parking is allowed on Del Monte, Del Campo and Del Rio Courts. No vehicle may park on these three (3) streets more than seven days maximum without the Park Management's permission. The streets within this community are narrower than conventional streets and are in compliance with construction standards for Mobilehome Parks in California. The streets within a mobile home park are entitled "Fire Lanes" and as such are under the jurisdiction of the local fire department. Therefore, any Resident or guest of a Resident parked on or protruding into the street or in violation of these rules or posted signs is subject to having their vehicle towed away at the owner's expense. Parking is ONLY permitted in the designated parking spaces. Guest parking areas, including the clubhouse, are ONLY for guests. There is no parking permitted in any carport belonging to another resident without their specific written permission.

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Thanks from Gale Terminello:

Mike and I want to thank all the wonderful people who came to our show at the Blue Note in May. It meant so much to us and I love the way you have supported me! We are so blessed to be living here with all of you.

A big thank you to Steve Kinney for his review. I have to say I was stunned when I opened the June issue of VIVA!

With love, from Gale and Mike



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RIANDA HOUSE SENIOR ACTIVITY CENTER

Peace of Kate Happy Hour - Kate Jessup | Wednesday, July 2, 16 & 30, 3:00-4:00, Rianda House
With so much heaviness, anxiety, and worry in the world, we must remember that we can only control how we care for ourselves and respond to life's circumstances. Kate will coach the group on how to utilize mindfulness and self-awareness, as well as other approaches to bring more happiness and joy into their lives. Join us for the Peace of Kate Happy Hour to connect with people in our community and be inspired by positivity and wellness! **RSVP**

PACE Program - Tracy Rodriguez-Biggs | Wednesday, July 9, 11:15-12:15, Rianda House
Come hear about Providence's PACE program. (Program for All-Inclusive Care for the Elderly). An Innovative full-service Healthcare and Senior Service Program to keep you healthy and home. **RSVP**

Memoir Writing - Linda Williamson | Thursdays, 9:30-10:30, Rianda House - **MONTH OF JULY**
We all have had experiences that are worthy of being written and, perhaps, passed down to others. This class explores what makes our personal histories special and how to get that quality down on paper. No past writing experience required. **RSVP**

Beginner Mah Jongg - Bev Popkom | Fridays, 1:00-4:00, Rianda House - **MONTH OF JULY**
Bev will be here for the month of July to cover the basics required to learn Mah Jongg! Come meet friends and get to know the game.

Animal Adoption with Local Animal Shelters | Sat, July 19, 3-4:30PM, Rianda House
Join us for a tail-waggin' good time at our Animal Adoption Yappy Hour! Whether you're looking for a furry friend or just some joyful companionship, these adorable animals are ready to meet you. We Care Animal Rescue and Napa County Animal Shelter will be collaborating with Rianda House on Saturday, July 19th, from 3:00-4:30 pm for catnip and wine sips. **RSVP**

Author Presentation Nahid Sewell | Tuesday, July 22, 4:00-5:00, Rianda House
Join former St. Helena resident and award-winning author for a heart-warming discussion and signing of her novel *The Ruby Tear Catcher*. A poignant portrait of Iran, this is a story of sadness and joy, unveiling raw human emotions during the Islamic Revolution in Iran in the '70s and '80s. A prolific writer and speaker, Nahid is the author of four nonfiction books, hundreds of articles, and has served as a columnist for two magazines. <http://www.therubytearcatcher.com>
A limited number of books will be available onsite for \$15. Proceeds benefit Rianda House. **RSVP**

Mossy Rock Trail Hike John Duncan | Friday, July 25, 9:00-10:00AM
Explore this 1.5 mile loop near Angwin. Mossy Rock Trail gets its name from- you guessed it - all of the mossy rocks along the route! This loop takes you along a mostly flat walk through a lush, very mossy forested area. The Mid Forest Road is a pleasant return walk through the Douglas-fir forest. Eyes out for banana slugs! Las Posadas Trailhead, 499-477 Las Posadas Road, Angwin **RSVP**

Supervisor Anne Cottrell on AB 470 Anne Cotrell | Monday, July 28, 2:30-3:30, Rianda House
Come learn about AB 470 with District 3 Supervisor, Anne Cottrell. AB 470 proposes to sever the obligation of any Carrier of Last Resort (COLR), in specified geographical areas. Carriers would no longer be required to maintain, service or keep alive landline telephone service, especially impacting UpValley seniors. **RSVP**

SAVE THE DATE! Annual Walk To End Alzheimer's | Saturday, September 6, 2025 | Yountville Park



THE TASTING ROOM

by Steve Kinney

On the Road in France: The Tasting Room

We ventured to France in May and just had to do a little wine tasting. After all, this is where Champagne was invented/discovered and where Pinot Noir is King! We spent a couple days in Reims, just a quick 45-minute ride from Paris. Many of the prominent champagne houses are located in town and most are available to just drop in for a splash. After a longish trek through the on-going renovations and street remakes that were prominent here, we stopped at Veuve Clicquot. We had just dropped in without an appointment and asked to do a quick tasting. A nice grouping of three wines, a rosé, their brut and a glass of Grande Dame, their Tete du Cuvee were offered up. All quite delicious and refreshing. So, we sat and pondered the beauty of our bubbles on their quaint patio. The following day we had an appointment at Pommery. We expected to be shown their extensive cellars but first had to endure an hour-long art tour and discussion. Finally, we were taken down into the old limestone cellars that were carved out to provide building material for buildings in the 1700's and 1800's. Vast and upwards of 100 meters deep, this was intriguing and spectacular. Throughout the caves, which cover approximately 20km, there are stacks of aging Champagne, resting in this perfect climate. After two hours of wandering about, we were rewarded with some rosé and brut.

From Reims we traveled to Beaune, in the heart of Burgundy. Here is where Chardonnay and Pinot Noir are produced. Recognized as the standard to which all others try to attain, these are wines of distinction and glamor, many with a hefty price tag! Our first tasting was at Chateau Meursault. Just five miles down the road from our apartment in Beaune, we wandered into an 18th century chateau. We first visited their cellars under the property. As we wandered through these limestone caves, bottles were everywhere. Their habit is to stack the individual vintage and vineyards in sleepy repose on the floor. They leave them there until needed and then label the bottles. This is done so that the wines lay undisturbed for years and sometimes decades. We saw literally hundreds of bottles of vintages dating back to the 1950's and a few older wines.



Then we sat with our host and sampled eight amazing wines, four whites (Chardonnay) and four reds (Pinot Noir). Here, everything is about the vineyard, and its location on the hills. The four reds were first, and these were all wonderful. The two 2020s, a Beaune-Grevès (1er Cru) and a Pommard, started us off and showed the difference that location can produce. From there a single vineyard Corton Grand Cru 2019 and then a 2014 Volnay. Amazing wines that were in the \$300 per bottle range, waaaaayyy beyond my price point. Four whites followed of equal distinction. I have always considered Meursault to be a white, or Chardonnay.

Joseph Douhin was next. We entered a relatively modern tasting room across the square from Beaune's Notre Dame Cathedral. Our guide took us down some stairs and we entered

their caves and went back in time to the 1500's. Built by the monks from Notre Dame we wandered around and soaked up the history. They had one of the few hand presses left. An unwieldy piece, with a 20-foot diameter wheel that the vigneron jump up on to pull down and press the grapes. They have produced a wine recently using this press. Our tasting consisted of 7 wines with a nice range of place and vintages. Here Clos de Moche is the king, a delicious Pinot vineyard that Drouhin owns. Amazing wines, all!

Chateau Pommard was our last stop, featuring a large chateau in the town of Pommard. They have a 40-hectare (about 100 acres). Clos is a vineyard that is enclosed by a short stone wall. So if you see 'Clos de' and a name on the label, this is a special vineyard separated by a wall of some sort. Pommard's Clos Marey-Monge was all about the differences of soil in their clos. They have a set of large glass jars depicting these differences in soil. Our enthusiastic and very educational guide took us on a tasting journey through these different areas. Here was just Pinot (they don't produce a chardonnay) with a range of vintages. My favorite was a 2017 from their Mange area, but all were delicious.

This was a once in a lifetime experience that was fun, educational and delicious. Prices varied throughout the different experiences with cost topping out at about \$90. Several of the tastings were only \$45-\$50, very comparable to the lower end of Napa Valley experiences. It was a treat to travel through an these areas that I have only heard about and have revered through my time. So, if you can get there, go taste some wine!



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FRIDAY, JULY 11
DOORS OPEN AT 6:00PM
GAMES BEGIN 6:30 PROMPTLY

**CASH
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- Entry pack \$15.00, includes 3 x 6 games
- Packs, dauber, and dinner
- BYO beverage
- Those with specific food requirements, or allergies, are welcome to provide their own
- Extra Game Packs \$10.00
- Cash prize for a lucky winner!

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JULY 24
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Around the World in 80 Days

Our World Travel Tea Party on June 7th was a resounding success, with ten exquisitely decorated tables buzzing with warm conversation in the clubhouse. The event sparkled with attentive hosts, exciting raffle prizes, delicious food and utterly festive table settings. And the highlight? Our very own resident models graced the runway, showcasing stunning outfits from a fabulous local boutique, captivating everyone in attendance!



Photography by Hans Maui



GLORIOUS FOURTH 125 YEARS AGO - July 4, 1900

by Miriam Hansen, St. Helena Historical Society

The Day Celebrated in Good Old Style. Native Sons do the honors.

**Picnic in Hunt's Grove-Oration by Judge McLaughlin, of Plumas County
Dancing and Games Amuse a Large Crowd of People.**

The holiday was ushered in with the usual noise, young America firing bombs and crackers to the delight of all enthusiasts. The day was warm, but just right for a picnic, thawing out those from San Francisco. St. Helena Native Sons were the host, hence no one questioned the cordial welcome extended.

The parade formed at Charter Oak Avenue in the following order: Grand Marshal C.E. Butler; aids John McCormick, M. Dockery; Orator C.E. McLaughlin's carriage with E.L. Cave and Lillie Kister; St. Helena Band; 40 Native Sons with their new banner and the American flag; Mayacamas Tribe of Red Men; Druids Grove 41; Hook & Ladder Company truck; Goddess of Liberty Nellie Norris and her court in a carriage; A California bear in a wagon; Business floats of Messrs Schmidt, Galewsky, Ewer & Sink, Noble, Smith and Wexelberger; Gretta Grant on her bicycle; citizen's decorated carriages.

The parade went on Main to Madrona Avenue, Oak, Spring, Hunt and to Hunt's Grove.



As soon as everyone was seated the band played and Mr. Cave welcomed everyone. Miss Kister read the Declaration of Independence and Judge McLaughlin gave a speech. The prizes were: Samuel Soda for best float with a huge bottle made of small bottles of soda and F. J. Stouter for best decorated carriage.

Then there was dancing and games such as foot race, high jump, boys race and pie eating. In the evening dancing resumed and continued until 1 o'clock of the morning of the 5th, there being a large crowd.

DINNER AT THE MUSEUM

JULY 26, 2025 | 5:30-8:30

**Tapas • Gerard's Paella • Salad • Dessert from the CIA
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Tickets: \$150 on Eventbrite or by check

Ticket deadline: July 10

If paying by check, mail to SHHS, PO Box 87, St. Helena

A fundraiser by the St. Helena Historical Society

At the Heritage Center, 1255 Oak Ave., St. Helena



2025 Summer Concerts in the Park

These will run on Wednesday nights from 6 p.m. to 8 p.m. at Lyman Park. Bring your own chairs, blankets, and picnics, or a take-out meal from one of the food trucks.

July 9: Andre Thierry (Accordion Soul Music)
July 16: Batacha Latin Band (Latin Salsa Band)
July 23: Dustin Saylor (Country Music)
July 30: Big Blu Soul Revue (Soul, Rhythm, and Blues Funk)
August 6: Band 707 (Rock, Oldies, Spanish Fusion)
August 13: Mustache Harbor (Yacht Rock)

Ride the St. Helena Shuttle to and from the concerts. Call 707-963-2007 for a ride.

4TH OF JULY FESTIVITIES THURSDAY, JULY 4, 2024

A day full of activities from a community bike parade to the Saint Helena Community Band to Fireworks. Spend your 4th of July in St. Helena.

6 p.m.

Saint Helena Community Band Performance

6 p.m. to 8 p.m.

St. Helena Fire Department Spray Zone

6 p.m. to 9 p.m.

Food Vendors (Ray Ray's Tacos, Erosion Tap House, Chantico, That's My Dawg, and Roman Holiday Gelato)

6:45 p.m.

Red, White, and Blue Bike Parade for all ages around Crane Park

7 p.m. to 9 p.m.

Petty Rocks band (The Ultimate Tribute to Tom Petty & The Heartbreakers)

9pm

Fireworks show

All activities and entertainment at Crane Park are complimentary. Food available for purchase.

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St. Helena Farmers' Market

Fridays, May through October, 7:30AM to 12PM - Crane Park, 360 Crane Ave.

Farmers' Market in Yountville

Thursdays, 8AM to 12PM and Sundays, 8AM to 12PM
6498 Washington Street, Yountville

Calistoga Farmers' Market

Saturdays - 9AM to 1PM, Sharpsteen Museum Plaza, 1399 Washington Street

Napa Downtown Napa Farmers' Markets

Saturdays - Year Round, Tuesdays - April through December
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Beat the Heat: Get Hydrated

by Susan Arthur, NC Certified Therapeutic Nutrition Consultant and Wellness Coach

St. Helenians are no strangers to beating the heat with refreshing beverages during the summer months. From ice water to frosty margaritas, there are many choices. The beverages you choose can be health promoting and hydrating; however, some of our favorite drinks can be dangerously dehydrating.

Beverages that dehydrate the body include coffee, black tea, soda and diet soda, high sugar fruit juices and fruit flavored drinks, energy drinks, and alcohol. Sugary drinks draw fluid from the tissues and cells, depleting the body of water.

These beverages are highly consumed, especially in summer, so it is not surprising that approximately three out of every four people living in the U.S. are chronically dehydrated. Dehydration is especially common among older adults because thirst levels naturally drop with age.

The human body is 65% water and the brain is 78% water! This is why dehydration can cause serious health issues. Over heating can occur even if a person is drinking fluids. If what they are drinking is dehydrating to the body, heat injury can range in severity from exhaustion to stroke.

Severe dehydration can affect normal brain activity, leading to dizziness, confusion or disorientation, mood swings, shock and even unconsciousness. Other issues include low blood pressure, rapid heart and breathing rates, as well as nausea, headaches, muscle cramping and urinary and kidney problems.

The **Good News** is that proper hydration can not only prevent these issues--it can be a boon to better health. Below are some of the benefits:

- Temperature regulation – helps the body avoid the natural storing of heat during hot weather and periods of dehydration.
- Improves Brain function – increased cognition and decreased anxiety.
- Better circulation – keeps the heart from having to over work, improves overall heart health.
- Detoxification – helps remove the body's waste through urine and sweat
- Improves Digestion – promoting motility and regularity.
- Metabolism – helps weight loss and maintaining a healthy weight.

Healthy Tips for Hydration

Determine approximately how much hydrating fluid is needed per day based on your size and activity. Some general guidelines for intake are the following: $\frac{1}{2}$ your body weight in hydrating fluid per day, or (8) 8-ounce glasses of water or other hydrating fluid per day (2 quarts).

High fluid fruits and vegetables can add to or replace some of this fluid. The more you perspire, the fluid intake might increase, larger or smaller people will need a little more or less.

Choose hydrating beverages and foods:

- Water, water and more water! Add lemon, lime, orange or cucumber slices for added hydration and flavor
- Herbal teas, hot or iced
- Green tea
- Fizzy water; Pellegrino, Perrier, La Croix, Bubbles, Soliel etc.
- Coconut water, Bone or vegetable broth
- Green (veggie juice)
- Kombucha
- Fluid rich fruits and vegetables

Start your day by super hydrating: upon rising, add 1 to 2 tablespoons apple cider vinegar with $\frac{1}{8}$

teaspoon honey to 6 to 10 ounces warm water. Or, brew a cup of ginger tea, and add the juice from ½ to one whole lemon.

Replace lost fluid. For each dehydrating beverage you consume, you can counteract that by drink at least equal if not double that quantity in water of other hydrating beverage. For example; for each 6 ounces of wine, drink 6 to 10 ounces of water or fizzy water.

Enjoy refreshing summertime beverages and hydrate all day long. *Keep it cool Vineyard Valley!*

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