

Tea & Fashion Show, June 7

BINGO, June 13

VVHA Board Meeting, June 18

Friday Night Social, June 27

Let's Go "Around the World in 80 Days" and share a cup of tea at our Annual Tea Party and Fashion Show

Join us on Saturday, June 7, 2025
*1:30 pm for Table Review
*2:00pm for the Tea & Fashion Show

This year's theme is to have your table reflect your favorite travel destination.

Your ticket to visit these favorite countries, states and cities is only \$25.00

Noreen Fetzer, owner of
Daisy Clothing Boutique, will be
dressing our models in the latest
fashions. And the owners of several
of our own St. Helena businesses
have donated the door prizes of Gift
Baskets, Gift Cards and Merchandise
from their shops.



SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
Mon, Wed Exercise with Stacy 10-11AM Exercise Room Sundays Tai Chi with Mark Siobal 4PM Exercise Room						Annual Tea & Fashion Show
8	9	10	11	12	13	14
					BINGO	Flag Day
15	16	17	18	19	20	21
Father's Day	5		VVHA Board Meeting			
22	23	24	25	26	27	28
					Friday Night Social	
29	30					
Red-VVHA Community Black-Public Observance Green-Local Event Violet-VVHA Event						

2025-2026 VVHA OFFICERS & DIRECTORS

President, Janet Schmidt
Vice President, Rick Wood
Secretary, Inger Laidley
Treasurer, Henk Brok
Directors:
Eve Breckenridge
Chris Killion
Steve Kinney
Mae VanNett



Committee/Activity Chairs

VVHA Clubhouse Coordinator:
Mae VanNett

Hospitality:
Robin McGuire, Mae VanNett

Memorials and VV Clubhouse Coordinator: Janeen di Rienzo

> Directory: Michael Merriman

*Library:*Joyce Cahill, Rick Wood

Bocce Committee Chair: Rick Wood

> VVHA Website: Michael Merriman



Non-Social Resident-formed Groups

Community Education:
Grace Kistner

Neighbor Helping Neighbor: Carroll Cotten

If there is a death, call Janeen di Rienzo at 707-294-8307 so she can post it on the bulletin board and arrange for the \$50 donation to the organization you designate. She will explain how to schedule the clubhouse for a memorial.

June Birthdays

- 7 John Andreotti
- 8 Robin McGuire
- 9 Maureen Barton, Pat Meyers
- 12 Karen Bradley
- 14 Ingrid Ibarra
- 17 Tom Ringenberg
- 19 Kathleen McCreedy, Pierrette Simpson
- 25 Jean Thompson
- 26 Joy Peters
- 28 Marina Lavagnino, Linda Snowden
- 30 Ron Long

VIVA!

VIVA Mission Statement: To provide a periodic newsletter concerning current and upcoming events, VVHA news, activities, neighborly news, and other non-political and local items of interest to all Vineyard Valley residents.

Editor

Francine Freeman

Business Manager Carroll Cotten

> Advertising Henk Brok

Contributors

Joyce Armington, Susan Arthur, Janeen di Rienzo, Mariam Hansen, Steve Kinney, Suzanne James, Robin McGuire

> Photography Staff

VIVA

21 Del Rio Court St. Helena, CA 94574 email: viva.vineyardvalley@gmail.com

The Prez Sez . . . by Janet Schmidt

Hello Neighbors,

May was a busy month, starting with a successful Cinco de Mayo celebration. It was followed by Bingo and the Friday Night Social that also broke records for attendance. Yay!! That's what we like to see.

This month, on Saturday, June 7 the VVHA will present "Around the World in Eighty Days", our annual Vineyard Valley Tea & Ladies Fashion Show. Fashions will be provided by Daisy Clothing Boutique. Whether this is your first or your 15th time attending, you can get all the information on the announcement board outside the mailroom, or call me at (707) 339–1814. This year the tables will be transformed into Around the World tea parties, and the hostesses will provide tea, champagne, and wine at the tables. Tea sandwiches, tea cakes, scones, and other finger foods will be displayed and available in the lanai. If you are unable to attend, you can have a sneak peek at the tables at 1:30PM before the tea starts at 2:00PM. v

Also, there is a new bocce sign-up on the club's board across from the mailboxes for reserving an evening to play. Gather a team and sign up! See you at our next event.

Doug Schmidt, Henk Brok, and Terry Mauer enjoy May 23rd's Friday Night Social

Debbie Austin Styles

At the Salon in Vineyard Valley



Wednesdays, Thursdays, & Fridays

Call for an Appointment

cell: 707-334-1112

PARK MANAGEMENT UPDATE June 2025

PARK PROJECTS

Work continues to reorganize and clean up the corporation yard. Trees were assessed and necessary tree work completed. RV parking space locations are being reevaluated; cleaned and numbered.

The lagoon flowers are beginning to bloom, providing color and greenery in the lagoon.

A gallery system has been installed in the lanai and the hallway next to the library to feature resident artwork. If residents would like to display their art work, please send a photo of your work, the size and type of artwork (acrylic, watercolor, oil, pastel, photos, digital) to vineyardvalleymhp@gmail.com.

The lanai door to the Redondo side of the clubroom will be replaced with an accessible door. We are waiting on the scope of work from the contractor.

RED FLAG WARNING REMINDERS

The recent red flag warnings in the Sacramento and Delta regions as well as other areas in California are a reminder that fire season is here. Below are red flag warning reminders:

Red Flag Warnings are issued by the National Weather Service when weather conditions are right for extreme wildfire events. These are days with sustained or gusty winds, and hot and dry conditions, that make wildfires more likely to ignite and spread rapidly. During these times extreme caution is urged by all residents. This is the time to stay on high alert, watch the news, and prepare for evacuation if needed. Red Flag Warnings are posted online on the California Fire Weather web page and on the web page for the San Francisco Bay Area National Weather Service (NWS) office. Links to all fire weather forecasts and other NWS office web pages can be found on the National Fire Weather Page, including the forecast https://www.weather.gov/mtr for the San Francisco Bay Area.

WHAT TO DO DURING A RED FLAG WARNING

Review your wildfire evacuation checklist.

Walk around the outside of your house and clear anything combustible, including: Leaves from roofs, gutters, and around the base of walls, combustible patio furniture and all cushions, debris near structures, flammable doormats.

Ensure your family and pets are prepared, and keep your evacuation go-bags nearby.

Ensure your car has a full tank of gas or is fully charged.

Ensure your cell phone is charged, and monitor phones for emergency alerts.

Keep hydrated - it's usually warm and dry!

ACTIVITIES TO AVOID

Don't use barbecues or fire-pits outdoors.

Don't use any source of heat or open flame outdoors, including cooking, using power tools (gas or electric), or mowers.

Don't smoke outdoors.

Avoid driving or parking in dry grass or vegetation.

Avoid closed areas and be alert while visiting (open) public lands where wildfires might occur.

JUNE RULES REMINDER: LOT MAINTENANCE

Residents shall maintain their homesites in a clean, well-kept and attractive fashion, including the front, sides and back. If a homesite is neglected after reasonable written notice, Management reserves the right, but is not obligated to, take over its care and bill the Resident for this service,

pursuant to Civil Code Section 798.36. All trash, debris, boxes, barrels, brooms, ladders, etc., must be kept out of sight. Carports must be kept clean at all times. No towels, rugs, wearing apparel, or laundry of any description may be hung outside the mobile home at any time. No vehicle repair or servicing or painting will be allowed in the Park. Any car dripping gasoline or oil must be repaired to avoid damage to the pavement. Drip pans may be used if kept clean. All vehicles parked at homesites must be fully operational, and capable of being moved in case of an emergency. Carports are to be kept clean of oil stains if drip pans are not used. No parking or storage of travel trailers, boats, large trucks, campers, off-road vehicles, or commercial vehicles permitted at homesite. Ask office for information concerning space available for these vehicles. Patio furniture, barbecue equipment, and a storage locker are the only items permitted outside the home. Carports and patios are not to be used for storage.



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Gale Terminello Record Release

by Steve Kinney

On Wednesday, May 7, the long-awaited record release concert for Gale Terminello finally arrived. We dressed up and headed into Napa. What a pleasure the Blue Note Jazz Club turned out to be! Beautiful, comfortable seating and nicely serviced by an efficient staff. At least 50 Vineyard Valley-ites were in attendance and the place was packed.



Mike Greensill's Quartet led off with two strong instrumentals.

The second was an original, *The Gale Waltz*. Apparently, Mike writes a waltz for the loves in his life. Kellie Fuller made a brief introduction, giving a little humorous background into Gale's history in the business. Then it was time for Ms. Terminello to shine. And shine she did! Clearly enjoying the favorable crowd, she launched into several songs with the continued strong backing of Mike's band. Gayle and Mike have a great rapport, ribbing each other back and forth between songs. After a couple of Gale's songs she introduced their friend Steve Sando, owner of Rancho Gordo Beans. This was his debut singing other than in the shower. He busted out a couple songs in scat style that were great. Then it was back to Gale. She picked up where she'd left off and continued with her strong set. Another half dozen plus songs and they finished out. A rousing encore was demanded by the crowd and of course we were obliged.

With such an intimate venue, it was easy to chat with Gale and Mike, and all our other friends. Thank you, Gale and Mike and Band!



Janet and Doug Schmidt, Joyce Cahill, and Rick Wood at The Blue Note Jazz Club

RIANDA HOUSE SENIOR ACTIVITY CENTER

Chair Yoga | Kaylee Hardin | Wednesdays, 10:00-10:45, Rianda House

A great way to enjoy Yoga, especially for those experiencing injuries or mobility restrictions. Poses are performed seated or standing with a chair for stability. Classes are designed to help lengthen and strengthen the body while staying gentle and having low impact exercise.

Canasta | Lucy Thater | Fridays, 1:00-4:00, Rianda House

Typically played with four people, canasta is great for both mind and spirit. The game takes 2-4 hours, and multiple rounds. If you don't know how to play, Lucy will teach you!

Ladies & A Cuppa Tea | Ellen Cotten | Tuesdays, 9:30-10:30, Rianda House Join us for friendship and a cup of tea. A warm, inviting atmosphere encourages fun and engaging discussions.

Mah Jongg | Michele Barberi Hyde | Fridays, 1:00-4:00, Rianda House This traditional Chinese, tile-based game requires skill, strategy, and a bit of luck. All levels are welcome. Mah Jongg cards available. Michele will teach you.

Readers' Theatre Group | Michael Bauer | Tuesdays, 3-4:30, Rianda House Join this lively, interactive group for a fun exploration of acting and storytelling—no memorization required! Under the guidance of Michael Bauer—a professional actor, director, producer, and published playwright—you'll read, perform, and even develop new scripts. Whether you're a beginner or seasoned actor, you'll enjoy a fun, welcoming environment where you can bring your creativity to life.

HICAP: Preventing Medicare Fraud | Michael Thompson | Wed, June 4, 2:30-3:30, Rianda House Crooks, scams, phishing, emails - what you need to know to recognize and prevent your Medicare benefits from being stolen. Join this unbiased and educational session. **RSVP**

Seniors Against Scams | Tamara Jones | Monday, June 9, 3:00-4:00

Rianda House Seniors Against Scams is an in-person educational class designed to help older adults recognize and avoid today's most common scams. This engaging one-hour presentation offers real-life examples, red flags to watch for, and practical tips to stay safe and scam-free. **RSVP**

Turks Head Hike | Ken Stanton | Wednesday, June 11, 8:30-11:30

Robert Louis Stevenson Park, Mt. St. Helena

Join Ken Stanton, author of "Great Day Hikes in and Around Napa Valley" on a 4-mile round trip hike. Turks Head Trail is a striking volcanic plug on the county line with views into Knights Valley and the coast on clear days. Bring a light lunch and plenty of water. Intermediate level hike. **RSVP.**

Author Presentation | Heidi Porch | Thursday, June 12, 4:00-5:00

Rianda House Heidi's story is a powerful tale of survival and resilience. After her plane crashed 540 miles from land, she spent nine hours battling rough seas in a tiny raft before being rescued by a Soviet ship. More than just survival, her journey reflects dreams fulfilled, love lost and the inner strength shaped by past trauma. RSVP

Commission on Aging | with Marc Frankenstein | Monday, June 23, 2:00-4:00 | Rianda House The Commission serves as an advocate for the Napa County senior population and influences public policy through regular reports to the Board of Supervisors. Meetings are open to the public. Please join us. **RSVP**



Materra Cunat Family Vineyards

Situated on Big Ranch Road, shortly after the intersection with Oak Knoll Road, the tasting room is open and very inviting. There are some outside spaces and picnic tables that are available to members for noshing. Adjacent to it lies the winery, with its barrel storage and racking viewable from the large tasting room. The Cunat Family bought the 50+ acre property in 2007, from the Jaeger's (think Rutherford Hill). They did some remodeling, replanting and other upgrades, opening the winery in 2015. A new tasting room was added in 2022. Winemaker Chelsea Barrett, daughter of renowned winemaker Heidi Barrett, produces approximately 10,000 cases of wine annually. The 50-acre property surrounds the winery. The Cunats planted Merlot, Petit Verdot, Malbec, Syrah, Chardonnay, Sauvignon Blanc and Viognier. They source their Cabernet from other vineyards in Mayacamas and Vaca mountains as well as on Diamond Mountain.

MATERR

As we entered, we were greeted with a glass of Sauvignon Blanc and directed to our reserved room. The Sauvignon Blanc was rich and vibrant with notes of peaches. Crisp and refreshing, it benefits from 77% stainless steel and neutral oak aging. A new Reserve Sauvignon Blanc was added to the tasting. This was rounder and fuller in complexity, with 9 months in neutral oak (older oak barrels that help develop the wine without adding oak-y vanilla flavors). It was delicious, albeit twice the price of the regular SB. Chardonnay rounded out the whites. It was crisp, with lemony fruit and hint of jasmine. It had nuances of its 9 months in barrel with 23% new oak.

The reds were not designated by their varietal names but were listed as Right bank and Hidden Block. We were offered these in a very fun side-by-side tasting. Right Bank is a Merlot (91%) with Cabernet Franc and Cabernet Sauvignon rounding it out. Big and bold with grippy tannins, a little tobacco and licorice on the palate. Hidden Block is a Cabernet Sauvignon blend. 97% Cabernet, this is a big tannic wine showcasing black fruits and dried cranberry flavors. Next up was their Diamond Mountain Reserve. 100% Cabernet, rich and fairly tannic with characteristic berry/cherry notes, reflecting the bold mountain fruit of Diamond Mountain.

Materra offers several tastings. The 'Materra Experience', detailed above, is \$45, as is their 'White Wine Tasting'. A 'Red Wine Tasting', at \$60, features older and reserve bottlings. They have another, very limited, tasting of wines inspired and created for Japanese cuisine. These are somewhat unusual and promised to be a little lighter in style. Our tasting was conducted by Miguel, whose father Miguel has been one of the gardeners operating here in Vineyard Valley (with the little white truck) for years. They were extremely accommodating, offering extra tastes of

many wines. Also of note is their offer of free tasting for up to four, and a 10% discount for locals! This should be on your list of wineries to try, and a throwback to times of catering to the locals! Cheers!



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Friday Night Social

Friday, June 27th at 5:30pm in the Clubhouse Lanai

Bring your own liquid refreshment and a dish to share

Everyone is invited.

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by Suzanne James

It never ceases to amaze this writer how every person interviewed here in the Park has their own unique and interesting story! We may all look alike on the outside, wearing casual clothes and sneakers, giving no indication of what our life has been like, is presently, and whatever dreams we may have for the future.

Our neighbor this month is a perfect example of that revelation. I had met her occasionally and briefly over the years but had little idea of her history and life story. That is probably the draw for me in doing these interviews—the chance to sit and mostly listen for an uninterrupted hour or two to learn more about this person in front of me and what she /he chooses to share.

Our neighbor in the spotlight this month was born and raised on a working farm in Chelsea, Michigan. She describes a happy childhood there among many animals, a younger brother and her hardworking parents. However her childhood was marred by being scalded from her head to her waist in a domestic accident when she was 18 months old. What was meaningful to her about the whole episode was that in treating her for burns at the hospital, the protocol for treatment had just been changed from removing bandages every day, which was extremely painful, to letting her bandages stay on until they fell off. She relates this occurred during WW2 when the evolution of treatment of many soldiers who were burned in battle saved her life.

She graduated from Chelsea High School and then completed a License in Cosmetology. She loved the work, talking to many customers over the years and hearing their stories. She received recognition for her gifts in the field and gave presentations to professional audiences.

She broke her leg skiing at age 23, the year she met her husband of 60 plus years. They married in 1965 and have three adult children: Laurie, who lives and works in Calistoga, is married and has two children. Stephen was second born, now with a wife and three children living in Michigan. Wanting a third child, our neighbor and her husband decided to adopt a 3 ½ year-old daughter from Korea whom they named Karin. Now 48 years old, Karin is in Calistoga, only fifteen minutes away from her sister and her family.

In 1986 our neighbor was on life support for three and a half weeks when her kidneys were not functioning. "It was a miracle that I came off life support!" In 1987, after dialyzing for one year by hemodialysis, our neighbor had a successful kidney transplant on Palm Sunday. Only one kidney was replaced which is the usual procedure. "I was overjoyed! I wanted to tell the world! This was a goal I had and with the prayers of friends and family, I was so grateful to experience a kidney transplant, thanks to the parents of an 18 year-old young woman who had died. I am so fortunate to have this wonderful gift of life to share with my husband, family, and friends. I will always be grateful for their thoughtfulness as a donor family!" After a month in the hospital she was able to go home to her family and continue recovery to full health with some major ups and downs in between.

She then worked for the Gift of Life donor program for a while as an educator in organ donation. She set up speaking engagements for recipients. She was on the Recipient Advisory Committee for the State of Michigan, which feeds information and ideas to various support groups within the state. "The joy of giving back for this wonderful gift is so great, that wherever I go, to the hospital or on trips, someone is there for me to minister to!"

The transplanted kidney failed after working for almost twenty years due to the drugs needed to stabilize the kidney. In 2008, after waiting for three and a half years and dialysis, a new kidney was transplanted. Just prior to the transplant, the staff came into her room and announced the donated kidney was too large so they planned to cancel the surgery until a kidney came in of an appropriate size and correct blood type Our neighbor was incensed and refused the plan, saying "that's my kidney! Put it in and do what you have to do to make it fit!" The staff obeyed and a successful transplant ensued.

Now enjoying good health and on only one medication daily, she enjoys knitting baby caps for newborns (170 and counting) and painting. She proudly displays

paintings of family members hanging on the wall with numerous paintings stacked on the floor. However, what seems to give her the most enjoyment is bocce ball and her sense of purpose in helping other people in the Park, especially with medical problems, drawing on her own experiences.

This remarkable woman, ever resilient, warm, and cheerful is Mary Ann Maurer, our neighbor of the month. She lives with her husband, Terry, and dog, Annie, at 19 Redondo Court.

Referrals and volunteers for this column are appreciated and encouraged!



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by Joyce Armington

Respect My Superpower...Or Else!

Some Olds never stop excelling. They collect their first Medicare check and, without a pause, go right back to playing bass in a jazz group or leading a hike up a nearby mountain. At any gathering, I talk to Olds who swim and bike and live the full Napa Valley lifestyle, climbing trees to pick ripe fruit for breakfast and stomping on any fallen fruit to make after-dinner wine. These are the high-performing Old, and it can be difficult to recognize them, because they often don't look their ages. Gifted with enviable genes, they seem to have drawn a line at age 45 and will spend and do whatever it takes not to cross it, at least not optically. Whenever I encounter one of these High Performers, I have to order myself not to lean in, grab their hand, and exclaim, "Bless Your Heart!"

I'm no sociologist, but, in addition to the High Performers, I've pinpointed other distinct subgroups among the Old. Gardeners are a large, welcome presence, leaving a trail of beauty and fragrance in their wake. The Gardener Olds are noticeable for the zinc streak painted on their noses and the tiny bandages covering suspect lesions on their cheeks. Understandably, they have a love/hate relationship with the sun and zero tolerance for gophers. Another delightful subgroup of Olds is the Artists. Age has only fueled their creativity. After nearly a lifetime spent generating quarterly reports or trying to sell distracted kids on the virtues of good grammar, they're finally free to sketch, paint, sculpt, or craft. Their post-employment glee shines through their work.

Perhaps easiest to identify is the Deck Sitters subgroup of the Old. I like to muse about their reasons for going gentle into that shaded chair on the deck. Some feel deeply contented and want to smell the roses (thanks, Gardeners) while looking back on a well spent life. Others may want nothing more than a comfortable place to listen to the game at high volume without aggravating their arthritis or their spouse. Among the Deck Sitters, you can also find my subgroup, the Old and Infirm. My group of Olds has the requisite years along with some deficiency - cognitive, spiritual, perceptual - there are many ways to be counted as less than 100%. My deficiency cuts across types and can lead to various bodily misalignments, visible bionic parts and a fleet of sidewalk-hogging mobility aids.

A long ago diagnosis of M.S. set me up for this group. Faulty wiring in my brain limits my doing much. The transmission lines that connect my brain to functions such as walking or staying awake are apt to fail unpredictably. Unlike the high-performing Old, I don't climb stuff anymore. Instead, I muse. And I look up random things on the internet. This does not make me smarter, but I like to think it makes me more elaborately clueless. And, besides, it's fun.

Clearly, the Old and Infirm group is a tiny fraction of Vineyard Valley residents, so I try to generalize my musings to encompass all our readers. If you find my articles do not reflect your prowess among the Old, please forgive me and remember how little it costs to access these musings. After innumerable failures at things I used to do easily, I burned through therapists until one finally taught me the magic of self-acceptance. Self-acceptance is my new superpower. If you won't accept me, defects and all, then go right ahead and zoom past as I shuffle along the path behind my walker. And if a cane thwacks you on the ass on your way by—wasn't me.

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2025 Summer Concerts in the Park

St. Helena

Wednesdays, June 18 to August 13

These will run on Wednesday nights from 6 p.m. to 8 p.m. at Lyman Park. Bring your own chairs, blankets, and picnics. Another great option is to get a take-out meal from one of the food trucks. Line ups coming soon! *There will be no concert on July 2nd.

We will be requesting bus service again this year that will run until 8:30pm, making it easier for those that don't want to drive. More information will be available soon and posted at the mailroom.



Additional "Concerts in the Park" in Napa Valley





Calistoga

Thursdays, June – August

The summertime Calistoga Concerts in the Park program kicks off in June on Thursday nights in Calistoga's Pioneer Park. You can bring your own wine and picnic dinners, or purchase local beers and wines from one of the yendors.

Yountville

Every other Sunday, June – September

Yountville's Sundays in the Park Summer Concerts is where music lovers bring their comfy blankets and lawn chairs to Veterans Memorial Park and listen to local bands play under a gazebo. The concerts are held every other week from June – September.

Different bands and food trucks are scheduled for each week.

Downtown Napa

Fridays, July

The adored Napa Friday Nights in the Park Summer Concerts is a summer tradition in Napa Valley, and is possibly the most bustling of the concert series. They take place every Friday in July in Downtown Napa, in Veterans Memorial Park along the Napa River.

This crowd-pleaser of a show attracts a good crowd. With live music as the sun sets, be sure to bring a picnic dinner...and don't forget the wine!

Napa Valley Farmers' Markets



St. Helena Farmers' Market

Fridays, May through October, 7:30AM to 12PM - Crane Park, 360 Crane Ave.

Farmers' Market in Yountville

Thursdays, 8AM to 12PM and Sundays, 8AM to 12PM 6498 Washington Street, Yountville

Calistoga Farmers' Market

Saturdays - 9AM to 1PM, Sharpsteen Museum Plaza, 1399 Washington Street

Napa Downtown Napa Farmers' Markets

Saturdays - Year Round, Tuesdays - April through December 8:30AM to 1:00PM, 1100 West Street, Napa



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References from park residents available

jmpetty1@att.net



BOCCE BALL LAUNCHES ON MEMORIAL DAY by Rick Wood

It all starts here with Memorial Day Bocce and we had a full slate of players. The scene was set as we drew stones in anticipation as to who would be on whose team. Balls began rolling and it got down to two teams for the win. We stopped for 30 minutes to enjoy hot dogs, chips, and lots of talk. The final round led to a back-and-forth game but in the end all bragging rights went to Doug, Henk, Eve, and Mike. I would like to thank everyone who came to watch and enjoy lunch. There must've been 35-40 people attending, including players and spectators. Bocce sign-up sheets will be in the mail room soon.



Keeping Your Pets Safe in Hot Weather

by Janeen di Rienzo

A few reminders for everyone regarding pets and the heat. Make sure there is access to plenty of water for your pets during the heat. Animals will dehydrate much faster then humans and putting out an extra water bowl at this time of year is a good idea.

The 5 Second Rule

Before walking your dog: Place the back of your hand on the asphalt. If you can't hold it there for 5 seconds, it's too hot to go for a walk.

Pets most at risk for overheating are young, elderly or overweight animals, those with short muzzles, and those with thick or dark-colored coats. A car may overheat even when the windows have been left open an inch or two. Many states and local governments have laws that prohibit leaving an animal unattended in a motor vehicle under dangerous conditions, which includes hot days. Even if it is only 70 degrees outside, the inside of your car may be as much as 20 degrees hotter. An 85 degree day, the car can heat up to 102 degrees in 10 minutes and can climb to as much as 120 degrees in 30 minutes.



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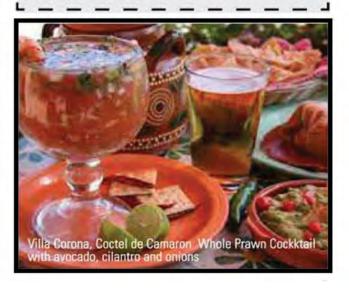
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