



**A.** athletes will run out and back along the Waterfront Prom with the turn around near Tugboat Beach/Waterfront Park. On the way back, towards the Finish Line, Sprint athletes will complete a lap around City Park before following the signs toward the Finish Line.

**B.** Total Distance = 5km

**Apple Race Series** is a dynamic platform dedicated to promoting health, wellness, and sportsmanship through innovative triathlon and running events. With a focus on inclusivity and excellence, the Apple Race Series aims to inspire individuals to push their limits, embrace challenges, and achieve their fitness goals, all while showcasing Kelowna and the best of the Okanagan. Experience the thrill of competition and the joy of accomplishment with the Apple Race Series.

**Sprint / 5 km**