




Activity Companions









*Good company,
great conversations,
stronger community* 

Coffee Mornings

Join us for a friendly chat,
a cuppa and some lovely
company. Pop in any time!



2026 DATES

-  30th May
-  13th & 27th June
-  11th & 25th July
-  8th & 22nd August
-  5th & 19th September
-  17th & 31st October
-  14th & 28th November
-  12th December

*Everyone
welcome!*



Ile Youth & Community Centre
Frog Lane, Ilminster,
TA19 0AP



10 am to 12 noon



FREE to attend!



01460 353028



info@theactivitycompanions.com

Let's support each other and build a stronger community 