



The Activity Companions *Social Club*

Friendship • Activities • Good Food • Good Company

A welcoming day service in Ilminster for older adults.

Our Social Club offers companionship, meaningful activities and a home-cooked lunch in a friendly, dementia-friendly environment.



A chance to enjoy your day.
Connection, purpose and fun.



Peace of mind for your loved ones.
Valuable respite for family carers.



Supporting older adults,
including those living
with dementia.



**DEMENTIA
FRIENDLY**

A warm, inclusive
and supportive
environment

ENJOYMENT, CONNECTION & SUPPORT EVERY DAY



Make new friends
and enjoy good
company



Activities to
interest, inspire
and engage



Home-cooked
lunch and
refreshments



Music, conversation
and plenty
of smiles



A safe, friendly
and dementia-
friendly space

WHY FAMILIES CHOOSE US

- ✓ Small, friendly groups
- ✓ Dementia-friendly and inclusive
- ✓ Home-cooked lunch included
- ✓ Meaningful activities and companionship
- ✓ Experienced activity professionals
- ✓ Valuable respite and peace of mind for carers



We care about the person
behind the care.
It's about enabling
good days, together.

CLUB DETAILS



Tuesdays & Fridays



Arrival from 9:30am
Collection at 3:00pm



Ile Youth & Community Centre,
Ilminster, TA19 0AP



Small group sizes to ensure
individual attention and support



£75 per day
(includes lunch and refreshments)

GIVING CARERS

VALUABLE TIME TO RECHARGE



While your loved one enjoys their day
with us, you can take time for yourself,
safe in the knowledge they are happy,
supported and in good hands.

Now Open!

Places are available at our
Tuesday and Friday Social Club sessions.
**Contact us to discuss your needs
or arrange a visit.**



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www.theactivitycompanions.com



The Activity Companions

Compassionate support. Meaningful days. Peace of mind for families.

