



COMMUNITY COFFEE MORNINGS



A warm, friendly space to relax, chat, and enjoy coffee & cake ☕❤️

Dementia-friendly • Relaxed • Welcoming

📍 **Venue:** Ile Youth & Community Centre, Frog Lane, Ilminster, TA19 0AP

🕒 **Time:** 10am–12pm

 **Dates:**

Saturday 10th January 2026

Saturday 24th January 2026

Saturday 7th February 2026

Saturday 21st February 2026

Saturday 7th March 2026

Saturday 21st March 2026



Come along for:

- ✓ Good company
- ✓ Coffee, tea & cake
- ✓ Calm, welcoming atmosphere
- ✓ Friendly faces
- ✓ Community and connection

Free to attend – everyone welcome.

Hosted by The Activity Companions CIC – Sharon & Lewis