



# COMMUNITY COFFEE MORNINGS



A warm, friendly space to relax, chat, and enjoy coffee & cake ☕️❤️

**Dementia-friendly • Relaxed • Welcoming**

 **Venue:** Ille Youth & Community Centre, Frog Lane, Ilminster, TA19 0AP

 **Time:** 10am–12pm

 **Dates:**

Saturday 10<sup>th</sup> January 2026



Saturday 24<sup>th</sup> January 2026

Saturday 7<sup>th</sup> February 2026

Saturday 21<sup>st</sup> February 2026

Saturday 7<sup>th</sup> March 2026

Saturday 21<sup>st</sup> March 2026



Come along for:

- ✓ Good company
- ✓ Coffee, tea & cake
- ✓ Calm, welcoming atmosphere
- ✓ Friendly faces
- ✓ Community and connection

**Free to attend – everyone welcome.**

Hosted by The Activity Companions CIC – Sharon & Lewis