

LATE ENTRY MOTORSPORTS

Garmin Catalyst Overlays Using the Garmin Virb Editing Software

If you have a "Connect" account then you will export the G-Metrics from your account as shown below.

Select Activities, then Click on the Track Name to see the details

Date	Activity Name	Distance	Time	Speed	Elevation
Nov 6 2020	Independence Golf	2.14 mi	1:14:34	1.7 mph	451 C
Oct 24 2020	Topeka Race	01:40.10	118.4 mph	6	1,129 ft
Oct 24 2020	Topeka Race	01:47.88	106.6 mph	10	1,736 ft
Oct 24 2020	Topeka Race	01:42.17	118.5 mph	8	1,371 ft
Oct 11 2020	Topeka Race	02:03.55	113.4 mph	6	2,201 ft
Oct 11 2020	Topeka Race	01:48.32	139.8 mph	10	3,209 ft
Oct 11 2020	Topeka Race	01:51.80	132.0 mph	10	3,566 ft
Oct 11 2020	Topeka Race	01:58.88	117.7 mph	3	715 ft
Sep 27 2020	Van Buren County Auto Racing	01:39.23	131.2 mph	16	421 ft
Sep 27 2020	Van Buren County Auto Racing	01:40.13	132.9 mph	8	201 ft
Sep 27 2020	Van Buren County Auto Racing	01:40.24	134.8 mph	9	224 ft
Sep 27 2020	Van Buren County Race	01:41.31	131.5 mph	8	2,789 ft
Sep 27 2020	Van Buren County Auto Racing	01:41.60	132.7 mph	8	202 ft
Sep 27 2020	Van Buren County Auto Racing	01:45.16	128.7 mph	6	165 ft
Sep 26 2020	Van Buren County Auto Racing	01:38.79	131.4 mph	9	231 ft

Once you open the Activity and select the Gear Icon in the upper right, then select "Export Original". This will export a .Fit file that will import into the Garmin Virb Editor Software.

AUTO RACING ▾ BY SCOTT DONAGHUE ON OCTOBER 24, 2020 @ 4:39 PM

Topeka Race

01:40.10 Best Lap Time 118.4 mph Max Speed 6 Laps 71.2 mph Avg Speed 10:39.24 Total Time

Photos

- Compare
- Send To Device
- Save as Course
- Set as PR
- Export Original
- Export to TCX
- Export to GPX
- Export to Google Earth
- Export Splits to CSV
- Edit
- Delete

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If you Do Not have a Connect Account you can find the files in your Catalyst. You can download the .FIT files from the following location when connected to the Catalyst.

Catalyst\Internal storage\Android\data\com.garmin.racingcoach\files\Activities

The Garmin VIRB Edit Software can be found via the below link

[Garmin Virb Edit Software and Overlays](#)

Finding the Video Files on the Catalyst

Your PC\Catalyst\SD card\Android\data\com.garmin.racingcoach\files\RaceData

This folder holds both the original video and the Optimum Lap Video

Optional Loading Premade Overlays

File Locations for the Overlays

Windows - C:\Users\[username]\AppData\Roaming\Garmin\VIRB Edit\Telemetry\Widgets .VEG File

Windows - C:\Users\[username]\AppData\Roaming\Garmin\VIRB Edit\Telemetry\Templates .VET File

Mac - /Users/[username]/Library/Application Support/Garmin/VIRB Edit/Telemetry/Widgets .VEG File

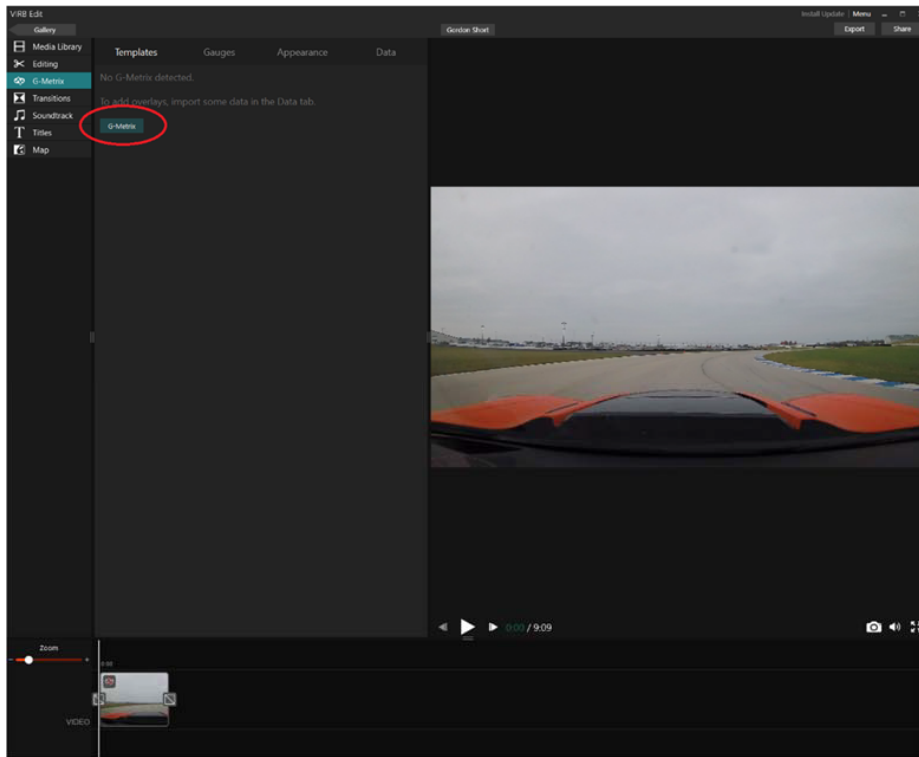
Mac - /Users/[username]/Library/Application Support/Garmin/VIRB Edit/Telemetry/Templates .VET File

The overly I created will show the speed, Number of Laps, Current Lap Time, Last Lap and Best Lap, Current Position on the Track, Total Distance and Time it was Recorded.

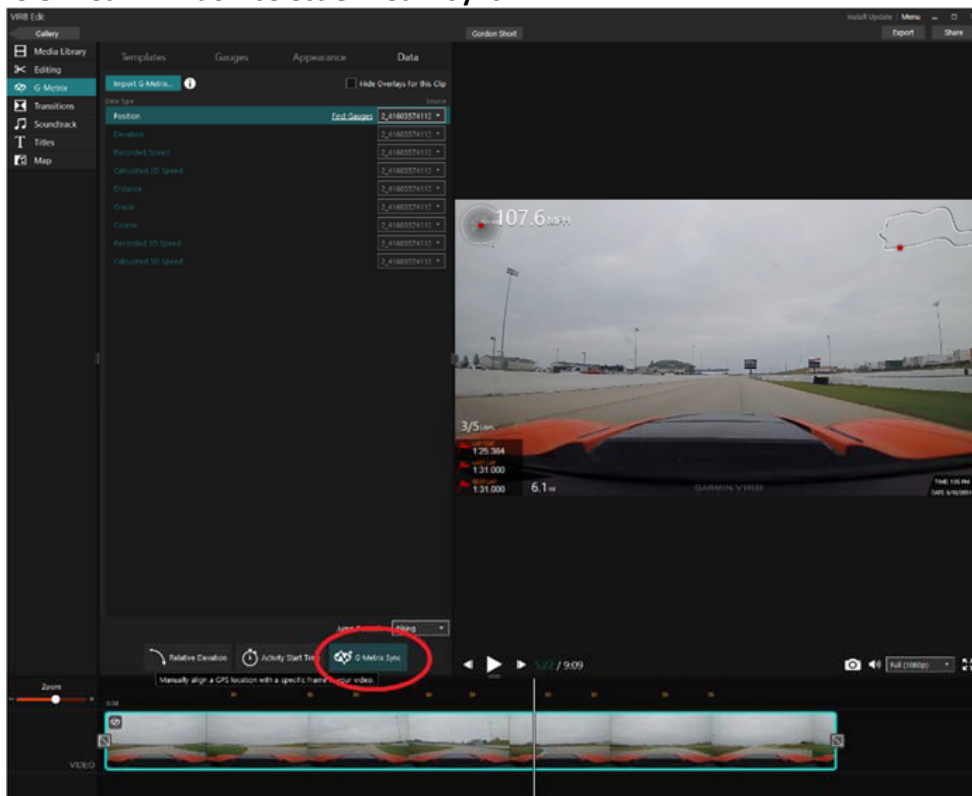


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After Opening the Software Select G-Metrix then push the G-Metrix button shown below. Then select the .FIT file you pulled from the Catalyst.



At the bottom of the G-Metrix window select G-Metrix Sync



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Use the Sliders to Edit the Starting Point of the Video

