

Session Log

Track: _____

Date: _____ Session: _____

Session Conditions

Start Time: _____ Air Temp: _____ Track Temp: _____

End Time: _____ Air Temp: _____ Track Temp: _____

- | | | |
|-------------------------------------|--|---|
| <input type="checkbox"/> Practice | <input type="checkbox"/> Sunny | <input type="checkbox"/> No/Mild Breeze |
| <input type="checkbox"/> Time Trial | <input type="checkbox"/> Partly Cloudy | <input type="checkbox"/> Heavy Wind |
| <input type="checkbox"/> Qualifying | <input type="checkbox"/> Overcast | <input type="checkbox"/> Damp/Drizzle |
| <input type="checkbox"/> Race | <input type="checkbox"/> Night | <input type="checkbox"/> Full Wet |

Lap Times

- 1 _____ : _____ : _____
- 2 _____ : _____ : _____
- 3 _____ : _____ : _____
- 4 _____ : _____ : _____
- 5 _____ : _____ : _____
- 6 _____ : _____ : _____
- 7 _____ : _____ : _____
- 8 _____ : _____ : _____
- 9 _____ : _____ : _____
- 10 _____ : _____ : _____
- 11 _____ : _____ : _____
- 12 _____ : _____ : _____
- 13 _____ : _____ : _____
- 14 _____ : _____ : _____
- 15 _____ : _____ : _____
- 16 _____ : _____ : _____
- 17 _____ : _____ : _____
- 18 _____ : _____ : _____
- 19 _____ : _____ : _____
- 20 _____ : _____ : _____

Tire Temps & Suspension

Left Side

Right Side

FRONT	Temp	Temp	Temp	Temp	Temp	Temp	Temp	
	Cold PSI	Hot PSI	Shock	Spring	Cold PSI	Hot PSI	Shock	Spring
	Camber	Caster	Toe	Sway Bar		Camber	Caster	Toe

REAR	Temp	Temp	Temp	Temp	Temp	Temp	Temp	
	Cold PSI	Hot PSI	Shock	Spring	Cold PSI	Hot PSI	Shock	Spring
	Camber	Caster	Toe	Sway Bar		Camber	Caster	Toe

Tire Type: _____

Misc Info

Max RPM on Straight: _____

Max Exhaust Temp: _____

Max Boost: _____

Rear Aero Setting: _____

Front Aero Setting: _____

Post Session Check List:

- CHAIN WAX
- CHECK & REFUEL CAR
- CHECK ENGINE BOLTS
- TORQUE LUG NUTS

Turn

Entry

Exit

Notes:

1	U	u	N	o	O	U	u	N	o	O
2	U	u	N	o	O	U	u	N	o	O
3	U	u	N	o	O	U	u	N	o	O
4	U	u	N	o	O	U	u	N	o	O
5	U	u	N	o	O	U	u	N	o	O
6	U	u	N	o	O	U	u	N	o	O
7	U	u	N	o	O	U	u	N	o	O
8	U	u	N	o	O	U	u	N	o	O
9	U	u	N	o	O	U	u	N	o	O
10	U	u	N	o	O	U	u	N	o	O
11	U	u	N	o	O	U	u	N	o	O
12	U	u	N	o	O	U	u	N	o	O
13	U	u	N	o	O	U	u	N	o	O
14	U	u	N	o	O	U	u	N	o	O
15	U	u	N	o	O	U	u	N	o	O