Season 1 Volume 1 September 16, 2019

# **CCSOA NEWS**

### Weekly Newsletter for the Central Connecticut Soccer Officials Association

# **Update Availability**

We have a couple of days coming up that are almost completely full, we need officials. If you are able to help us out, undo a block for Oct 7th, please let John know and update your calendar.

Reminder - please hit **submit** once you accept a game!

### **Check CIAC site**

Please double check your games with the CIAC website, we are having several changes that are not getting communicated to our Commissioner.

### **CCSOA** Events

#### **Business Meeting**

September 25, 2019 - SMSA

- 6:00PM First & Second year members
- 7:00PM All Members

**September 22** - College Jamboree Loomis Chaffee Soccer fields 8:00 - 4:00PM

October 26 - Robert Tedford



# Card reporting guidelines

All Yellow and Red cards issued in games must be reported to CIAC through the online reporting system, found on our website in the Reporting tab or at <a href="mailto:casciac.org">casciac.org</a> (officials Home Page, Cards/Ejections). All Red cards, you must also fill out and send a DQ Report Form as an attachment in an email to the Board president (president@ccsoa.org). The Board President will then forward the DQ report to CIAC.

Note: It is extremely important that you confirm and verify with the official score keeper the names and shirt numbers of the individuals that were issued cards, and what they were issued for, use the appropriate language and codes.

Password for reporting cards is: CCSOA

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# CREC School League Sportsmanship Program

Please support the new CREC School Sportsmanship Program that has been started this year. The CREC school games are going start with a handshake by the teams before the match begins. Following the match they will shake hands again and then the winning team will give one player on the other team a sportsmanship bracelet for displaying good behavior during the match. This new program should have no impact on our officials for those games. Thanks for your support of this new initiative by the CREC School League

### **New Uniform Orders**

Igor Stambuk has volunteered to help any member purchase the new or old uniforms, and discounts, Igor can be contacted at: <a href="mailto:igor09sk@yahoo.com">igor09sk@yahoo.com</a> or by text at 860-838-1513.

### 2019-2020 NFHS Soccer Points of Emphasis

Official's communicating misconduct with coaches: NFHS Rule 5-3 states that game officials shall communicate the nature of misconduct to coaches, the scorer and other officials when a yellow/red card has been issued. This communication is a notification and not an explanation. It is not intended to be an opportunity for the coach to discuss or dissent the call. It is, however, an educational opportunity for the coach to address and/or correct the behavior of the carded individual. It is important to note that interscholastic athletics are an extension of the classroom and the behavior of all involved should reflect as such. Coaches and officials are expected to model good sportsmanship and to uphold the honor and dignity of their profession. This includes all interactions with student-athletes, other coaches and officials, school administration and spectators.

# Weekly Thought - Referee Fitness

Fitness and nutrition are two very important pieces of the success for officials, we not only need to be physically prepared but also mentally prepared for the matches. We unfortunately have had a couple of officials get hurt during our first week of games, it is always a good reminder to include proper nutrition, drinking plenty of water, and stretching as a part of a daily routine during the season. I have included a link to one referee training program that is available, there are many, but I encourage all of you to include some training program into your routine. I wish those who have been injured a speedy recovery and look forward to seeing the rest of our members on the pitch!

http://gdfra.org.au/4411RefFitnessGuide.pdf

