



Peace After Church Hurt - 6 Week Workbook



Power of a Sound Mind Coaching LLC

A Path to Peace. A Life of Purpose.

Week 1

Reflection:

Prayer:

Action Step:

Week 2

Reflection:

Prayer:

Action Step:

Week 3

Reflection:

Prayer:

Action Step:

Week 4

Reflection:

Prayer:

Action Step:

Week 5

Reflection:

Prayer:

Action Step:

Week 6

Reflection:

Prayer:

Action Step:

Client Signature

Date