

Connecting with your Pendulum



Cleanse the Pendulum

Use Best Method for your Crystal:
Reiki Energy
Sunlight or Moonlight
Place in Salt
Place with Selenite
Wave above candle flame (not in)

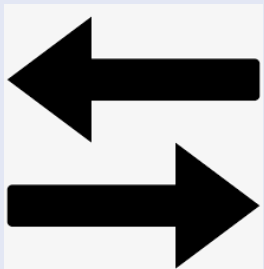
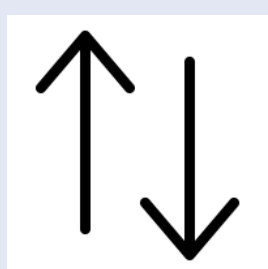
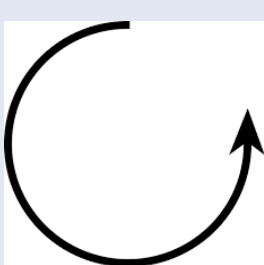
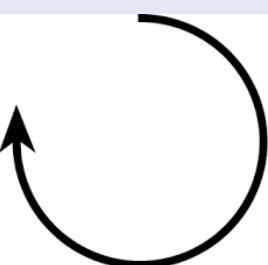
Establish a Connection

To energetically connect with your new pendulum, begin by handling it frequently and keeping it with you throughout the day.



Getting Ready to Practice

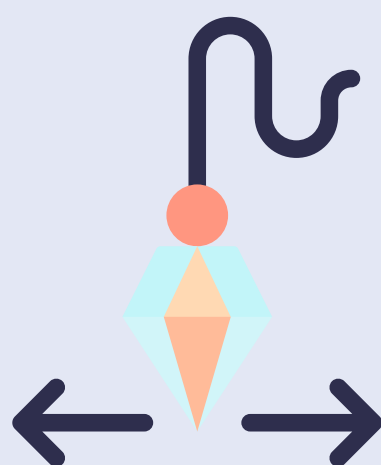
Practice keeping your hand still while holding the pendulum loosely. Allow the pendulum to move freely for a bit. Still the pendulum, then ask: Show me Yes. Note the direction. Show me No. Note the direction.



Establish that the conditions are right for asking questions.

Ask the pendulum:
Do you need to be cleansed?
May I ask you questions?

The established directions will be your answers.



Asking Questions

Start with something you already know.
Be lighthearted.
Start broad, then become more specific.
Trust your intuition.

