



# Terpsixorians

Hellenic Dance Group of New Jersey, Inc.

336 Green Avenue

Lyndhurst, New Jersey 07071

201 893-5720

**President / Director** - Angelo Gergatsoulis

**Co-Director** - Stephanie Nikitiadis

**Treasurer** - Hope Gergatsoulis

**Secretary** - Manny Tsambounieris

**Advisors** – Stephanie Nikitiadis

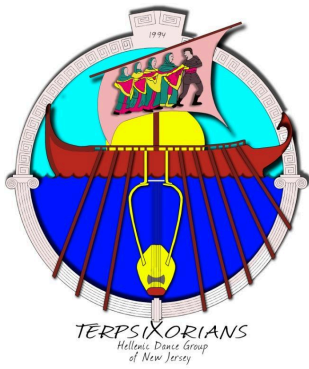
[DanceGreek.com](http://DanceGreek.com)



## DANCER RULES – GUIDELINES – INFO

Welcome new and current members to the Terpsixorians. We look forward to a successful future. As a member of the Terpsixorians you will promote and display the Greek traditions and customs. It is necessary that you conduct yourself responsibly for the success of your group. Please read carefully the attached list of guidelines that you must follow in order to have a successful dance group.

1. Participate in a majority of dance practices and performances.
2. **IF YOU MAKE A COMMITMENT TO PERFORM, YOU MUST KEEP THAT COMMITMENT**
3. If you cannot attend dance practice you must contact Angelo or the individual that is appointed.
4. If you are performing **YOU** must be at the last 2 practices before a performance (competitions not included).
5. Please be committed to the group and learn how to balance out your schedule in order not to miss practices.
6. ALL eligible dancers must participate in the St. John's Festival performance.
7. Take an interest and learn the history and tradition that goes behind each dance and costume.
8. Respect and recognize the authority of the dance director and assistant directors.
9. Respect the property of the group, its members and the property where performances and practices are held & please clean up before leaving. All members will be responsible to set up & leave practice facilities organized and clean. Please respect the premises and do not cause any damage.
10. All performers and individuals accompanying them must refrain from the use of alcoholic beverages, smoking, profanities, or other misconduct, act in a responsible manner and dress appropriately at performances and practices.
11. No Parents will be allowed in the practice area, unless appointed. All parents wait outside or in designated waiting areas.
12. No chewing gum during performances or practices.
13. You are responsible to get to and from practices/performances. Please ask directors and others if you do not have transportation.
14. Please be on time for all practices / performances. Make sure to follow instructions & time schedule during performances.
15. Be courteous towards fellow performers and speakers.
16. Be responsible for properly hanging your costumes and all extra parts correctly in the garment bag issued to you. Return all garment bags and other props, and assist the costume manager as necessary. Costumes will be issued a week prior to a performance. Please carefully iron and have all required pieces ready for performance. You will be responsible for any damaged or lost items. When costumes are given during performance please place each piece on a hanger and pieces in the correct bag.
17. When performing each dancer will also be responsible for having black dress shoes. Men should also have white button down long sleeve shirt, long black socks, and black stockings (under armor). Women should have black and white stockings, sports bra, approved lipstick, white (under armor) t - shirt & white blouse.
18. Performers will be responsible to dry clean their costume if required.
19. Talking and checking your cell will only be permitted during breaks.
20. Welcome, assist and answer any questions of new performers during a break, before or after practice.
21. Keep your family and friends informed of Terpsixorians activities, i.e. practices, performances, benefits, raffles. We need their active support.
22. All dances taught, that are part of the Terpsixorian routine, should be shared with others to spread the Greek traditions and customs. Any choreography / figures & edited music must stay with-in the Terpsixorian Dance Group, as this is what defines your group and what makes it special (besides the members). Please make sure to distinguish between authentic Greek folk dance steps and choreography.
23. Do not criticize anybody in the dance group. This is the dance instructor's & co-directors responsibility.
24. Do not disrespect anyone in group or outside of group.
25. This group is open to all Greeks and in some cases non Greeks. Please ask the dance director prior to bringing any potential member.
26. Make sure to sign the attendance book or be marked in at every practice or else it would count as an absence.
27. Please ask the dance director prior to posting group videos or photos on social media.
28. Members that are continuously disruptive to the group will be asked to leave.
29. We will have several fundraisers throughout the year. The fundraisers will not only be for the group but also to help individuals pay for trips & events such as the FDF.
30. Please become a member of our facebook page, twitter, instagram and visit our website for pictures, instructional videos and other info.
31. Members that are dedicated to dance group will benefit, members that participate part time will be regarded as part time dancers and will not get the full benefits of what the dance group has to offer.  
Active / consistent members will:
  - Have 1<sup>st</sup> priority in 'Special' Performances.
  - 1<sup>st</sup> Priority for leading and participating in dances.
  - Getting partial or full payment toward certain performances like FDF.
  - Free or Partial event admission.
32. The Terpsixorians & other practice or performance locations are not liable for any injuries that may occur. Please use your best judgment to avoid any injuries.



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## Membership

The membership is \$25 for this year (March=September), This will go towards any fees that are part of the group, such as: hall rental, costume maintenance-purchase-accessories, etc. Please make checks payable to: **Terpsixorians**.

## Times of Practice

6:30 pm – 8:30 pm (For cancellations or new times please make sure you get messages via RemindMe app, text or on DanceGreek.com)

## Performance Group

The group is broken up into the performance group & Intermediate group. The intermediate group will consist of all dancers while the performance group will consist of the best our group has to offer. After an evaluation of the individual's dance ability and dedication to the group they will be considered for the performance group. Even if you are not in the performance group there will be certain performances in which all dancers will be performing. Both groups practice together with the exception of preparation for certain performances.

## Folk Dance Festival (Greek Folk Dance Competition) Maryland

We participated in the FDF several times in the past. This competition takes place in mid January (Saturday, Sunday) every year with different groups of all ages from the Metropolis of NJ area (NJ, NY, MD, PA, CT, DE). There are different divisions based on age and experience with 2 rounds of performances. The first round is 10 minutes, the second is 12 with no restrictions on which dances you present. The judging is based on 65% authenticity, 20% precision of group, 10% use of stage & 5% instructor's knowledge of dances. An award is also given for best authentic costumes. The scoring is also based on a scale of 1-100. Our group won 1<sup>st</sup> place 3 times, 3<sup>rd</sup> place and best costume three times out of the 4 times we have participated. Our performances were not only 'dance' based but also included singing, background scenery, props and narration. We plan in the future to follow the same formula that brought us success in the past.

## Brief Group Info

The Terpsixorians Hellenic Dance Group of New Jersey is a non-profit 501c3 tax exempt organization dedicated to promoting the Greek traditions & customs. It is made up of individuals 13 years of age and older (high school, college, adults), from different communities of New Jersey. The group was founded in 1994 by Angelo D. Gergatsoulis and has appeared in several magazines, newspapers. In 2014 our group held the 2nd Hellenic Dance Concert (HDC) at St. George, Clifton. The purpose of this event was to bring different church communities together and promote our Hellenic Heritage. Each group participating received a percentage of the event's profits to help them purchase new costumes and/or participate in a Hellenic Dance/Culture activity and therefore continuing their goal as a Hellenic dance group.

Originally, the group was intended for individuals that finished GOYA and desired to continue Greek dance. Today it is also for GOYAs that are looking to expand their knowledge of Greek traditions & customs and perfect the dances they already are familiar with. The Group performs for different functions, such as weddings, festivals, dinner – dances, and charity events/fundraisers. The group performs for any monetary donation and occasionally for free depending on the event (usually for fundraising charitable causes). Our director, co directors and even several members do not get paid for teaching our Hellenic dances / customs; they do it because they love our culture and would like to teach others. Our group uses the donations for hall use, planning events for public / members, maintaining our Greek dance costumes and purchasing additional costumes from different regions of Greece.

## **Terp ·si ·Xor ·i ·an** [turp-see-hor-e-an]

noun, plural Terpsixorians

1. Classical Mythology. Dancer.

## **Origin:**

From the word Terpsichorean, meaning the Muse of dancing and choreography.

The Directors may amend / change guidelines during the year as they see fit to benefit the group.

If you have any questions or concerns, please ask.

*Thank you for your support and dedication!*

**PLEASE FILL OUT & RETURN THE DANCER AGREEMENT FORM**



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## DANCER AGREEMENT FORM

Name of dancer: \_\_\_\_\_  
Cell #: \_\_\_\_\_  
email: \_\_\_\_\_

If under 18, please have your parents also read and sign below:

I, \_\_\_\_\_ have read the rules and regulations of the Terpsixorians Dance Group and agree to follow and honor all rules and guidelines of the group. The Terpsixorians our practice and performance locations are not liable for any injuries that may occur. Please use your best judgment to avoid any injuries.

Dancer's signature: \_\_\_\_\_

Please list any allergies or medical conditions:

I, \_\_\_\_\_ have read the above rules and regulations of the Terpsixorians Dance Group and agree to follow and honor all rules and guidelines of the group and help my son/daughter in fulfilling their responsibilities towards the group. The Terpsixorians our practice and performance locations are not liable for any injuries that may occur. Please inform your child to use their best judgment to avoid any injuries.

Parents' signature: \_\_\_\_\_  
Parents' cell #: \_\_\_\_\_  
Email: \_\_\_\_\_

Please fill out all the information requested above and return this page only with this year's dues.

Membership \$25    Cash \_\_\_\_\_ Check \_\_\_\_\_  
Please make checks payable to: **Terpsixorians**.