

Symposium on Ocular Disease

April 18 & 19, 2026

Double Tree by Hilton 1960 Chain Bridge Rd Mclean VA

Each day is worth 10.0 COPE hours
The overall program runs roughly from 7:45am to 5:15 pm

Speakers: Deepak Gupta, Jessica Steen, Mark Dunbar, Tracy Offerdahl

Courses and Speakers subject to change

SATURDAY AM COURSES

COPE 102794-PH T Offerdahl 2hr **An Optometrist's Guide to Systemic Disease**

This course unravels and illustrates the close association between the eye and thyroid dysfunction. Clinical features, laboratory testing, clinical examination, and therapeutic options will be reviewed. The ocular manifestations and management of this condition will be discussed.

COPE 103883-PH T Offerdahl 1hr **From Diet to Supplements: Practical Nutrition for ODs**

Early detection, prevention, and wellness is not only trending but is now expected by our patients. Oxidative stress and damage are the hallmarks of chronic diseases (ex. autoimmune, macular disease, etc.) which is easily identified with current and new instruments and technologies. It will provide clinicians with clinical pearls, diagnostic approaches, and therapeutic opportunities for these multifaceted patients

COPE 99248-PH 2hr – J Steen **Identifying and Managing Pharmaceutical Complications**

This course will present frequently encountered systemic medications which have associated ocular effects which range from benign to vision and life threatening. It includes Clinical identification of ocular findings which may be related to systemic medication use

SATURDAY PM COURSES

COPE 99247-GL 2hr J Steen **Case Files: The Glaucoma Chronicles**

This interactive course will discuss in detail about the clinical evaluation of the patient suspected of having glaucoma. It will discuss the latest in technology which can be used to properly diagnose patients with glaucoma. It will include a discussion of properly managing patients with glaucoma.

COPE 99344-GL 1hr J Steen **Revealing Glaucoma's Depths: Advances in Pathophysiology Understanding**

This course will dig into first principles and physiological understanding of glaucoma in order to best understand and apply current management strategies including medication, SLT, sustained release options, and surgical procedures.

COPE 101683-TD – 2hr D Gupta

Keratoconus: Diagnose and Manage Like A Pro

This course will discuss the diagnosis and management of keratoconus. It will include a discussion of contact lens options as well as surgical procedures such as corneal cross-linking

SUNDAY AM COURSES

COPE 99264 - TD M Dunbar 2hr

Case Files: Retina

Interesting retinal cases will be presented in a grand rounds format from an optometrist who works in a subspecialty referral center. Each case will utilize imaging to highlight important clinical findings that will be relevant and practical.

COPE 103363-TD M Dunbar 1hr

Unintended Consequences of High Myopia

This course explores the spectrum of posterior-segment complications including myopic tractional maculopathy and myopic choroidal neovascularization

COPE 10344-TD M Dunbar 1hr

Case Files From Bascom Palmer

Bascom Palmer Eye Institute is regarded as one of the top eye hospitals in the World and is responsible for many scientific breakthroughs. Interesting cases from over three decades of practice will be presented in a grand rounds case presentation format. Topics will include a potpourri of interesting and relevant anterior and posterior segment disease cases.

SUNDAY PM COURSES

COPE 101686-TD 2hr D Gupta

Ocular Disease: The Mistakes I Made

This course will provide a comprehensive review of common anterior segment conditions such as recurrent corneal erosion, corneal foreign bodies, ocular infections, and more. Emphasis will be what is clinical relevant. For the dry eye discussion emphasis will be on options for patients needing more than OTC tears.

COPE 101807-TD 1hr D Gupta

Case Studies in Ocular Disease

This live course will provide a comprehensive review and update on properly diagnosing and managing patients with common ocular and systemic conditions.

COPE 101805 - PH 2hr D Gupta

Pharming: Prescribe Like a Pro

This course focuses on the most recent FDA-approved drugs relevant to optometric patient care, covering their indications for use, mechanisms of action, and potential ocular side effects.