

## RMS Annual Spring Meeting 2026

ARUP Laboratories • Salt Lake City, Utah

### DAY 1 — Thursday, April 9, 2026

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**7:30–8:30 AM**

**Registration & Continental Breakfast**



**8:30–8:45 AM**

**Opening Remarks**

Heather Nelson, PhD, DABCC

Chair RMS ADLM, Assistant Professor, University of Utah/ARUP



**8:45–9:00 AM**

**Introduction and Vision for ADLM**

Melanie Wells, MPH, CAE

Chief Executive Officer of ADLM

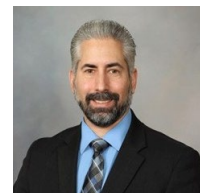


**9:00–10:00 AM**

**Keynote — Herbal Supplements: The Good, The Bad, The Ugly Case Reports**

Paul Jannetto, PhD, DABCC, FADLM, MT(ASCP)

President of ADLM; Professor, Mayo Clinic



**10:00–10:30 AM**

**Recent Trends in Adulterants and Street Drugs**

Gwen McMillin, PhD, DABCC

Vice President of Clinical Scientific Engagement, NMS Labs



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**10:30–10:45 AM**

**Coffee Break**



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**10:45–11:15 AM**

**Trace Element Poisonings: Cases from the Clinical Laboratory**

Jessica Boyd, PhD, DABCC

Associate Professor, University of Utah/ARUP Laboratories



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**11:15–12:00 PM**

**Dissecting the Metabolic Landscape of Syphilis/HIV Co-infection using integrated Statistical and Machine Learning Frameworks**

He Sarina Yang, PhD, DABCC

Associate Professor, Weill Cornell Medical College



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**12:00–1:00 PM**

**Lunch**



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**1:00–2:00 PM**

**Angiogenic Biomarkers in Preeclampsia: Clinical and Analytical Foundations for Risk Stratification and Care**

Kelly Doyle, PhD, DABCC, FAACC

Associate Professor, University of Utah/ARUP Laboratories



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**2:00–2:30 PM**

**Healthy on the Outside: Modernizing Reference Intervals  
for Today and Tomorrow**

Raj Pandya, PhD, DABCC

Assistant Professor, University of Utah/ARUP Laboratories



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**2:30–2:45 PM**

**Break**

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**2:45–3:15 PM**

**Breaking Barriers: Welcome to the Era of Fully Automated Clinical Mass  
Spectrometry (LC-MS)**

John Kleinschmidt, Sr. Product Marketing Manager, Mass Spec, Roche Diag.

McKay Bowman, Sr. Product Manager, Mass Spec Reagents, Roche Diagnostics

Allyson Kozak, Sr. Scientific Manager, Roche Diagnostics

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**3:15–4:15 PM**

**Poster Competition**



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**4:15–5:15 PM**

**ARUP Laboratories Tour (optional)**



**DAY 2 — Friday, April 10, 2026**

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**8:00–8:30 AM**

**Breakfast & Networking**



**8:30–9:30 AM**

**Point-of-Care Testing: Beyond the Taste of Urine**

Sterling Bennett, MD, MS

Medical Director, Intermountain Central Laboratory



**9:30–10:00 AM**

**Low Complexity, High Consequence: The Reality of CLIA-Waived Testing**

Brittany Young, MD, PhD

Associate Professor, University of Utah



**10:00–10:30 AM**

**Considerations for Direct-to-Consumer Immunology Testing**

Alexis Dadelahi, PhD, DMLI

Medical Director, Clinical Immunology and Preanalytics,  
TriCore Reference Laboratories



**10:30–10:45 AM**

**Coffee Break**



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**10:45–11:45 AM**

**Key Concepts and Practical Tips for Using Generative AI**

Nick Spies, MD

Assistant Professor, University of Utah/ARUP Laboratories



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**11:45–12:00 PM**

**Diazepam as an Impurity in Temazepam Prescriptions:  
Implications for Urine Drug Testing**

Chinonye Udechukwu, PhD

Clinical Chemistry Fellow, University of Utah



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**12:00–12:15 PM**

**Systematic evaluation of hemoglobin, icterus, and turbidity  
interference in urine chemistry testing**

Wenhan Cheng, PhD

Clinical Chemistry Fellow, University of Utah



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**12:15–1:15 PM**

**Lunch**



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**1:15–1:45 PM**

**Innovations in Infection Diagnostics: Translating Immune Signatures into  
Actionable Results**

Melissa Naiman, PhD

Medical Director for Sepsis and Host Response, Beckman Coulter

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**1:45–2:15 PM**

**Novel Blood Tests for Ruling Out Intracranial Lesions in mTBI**

Jaime Marino, MD, MBA

Associate Medical Director Medical and Scientific Affairs Core Diagnostics,  
Abbott

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**2:15–2:45 PM**

**Awards & Closing Remarks**



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**2:45–3:45 PM**

**ARUP Laboratories Tour (optional)**



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