



MESH



Preparing for disasters is something your family should do together!

The first step is **knowing what types of disasters are most common** where you live. Hoosiers should be prepared for extreme weather events, such as tornadoes and floods.

Create a **disaster readiness kit** and keep items in a plastic tub with an airtight lid. Make sure everyone in the family knows where your kit is stored.

Essential Items

- | | |
|--|--|
| <input type="checkbox"/> Bar Soap | <input type="checkbox"/> Masking tape |
| <input type="checkbox"/> Battery powered radio with batteries | <input type="checkbox"/> Matches |
| <input type="checkbox"/> Blankets | <input type="checkbox"/> Non-electric can opener |
| <input type="checkbox"/> Credit cards and a small cash supply | <input type="checkbox"/> Personal identification information |
| <input type="checkbox"/> Eyeglasses | <input type="checkbox"/> Plastic utensils, plates, cups |
| <input type="checkbox"/> First-aid kit | <input type="checkbox"/> Prescription medications |
| <input type="checkbox"/> Flashlights with batteries | <input type="checkbox"/> Spare car keys |
| <input type="checkbox"/> Children's toys, books, crayons, etc. | <input type="checkbox"/> Spare clothing for each family member |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Items to care for young children | <input type="checkbox"/> Toothpaste and toothbrushes |
| <input type="checkbox"/> List of important phone numbers | <input type="checkbox"/> Utility knife |
| <input type="checkbox"/> Map of the area | <input type="checkbox"/> Water (3 gallons per family member) |

Three-day Supply of Food (Per Person)

- Peanut butter and jelly (or alternative if peanut allergies)
- Canned fruits, vegetables, meats, etc.
- Crackers and granola bars
- Powdered or single serve drinks

Special Considerations for Pets

- Food (two-week supply)
- A traveling cage
- Drinking water
- List of shelters accepting animals in the event of a disaster

Make sure children can **identify danger signals** such as smoke alarms, carbon monoxide detectors, and tornado sirens. Explain and demonstrate how to call for help during an emergency.

In the event of an **evacuation**, tell your children where to meet outside of your home. Also, complete a child identification card, which can be invaluable in the event disaster strikes and your family becomes separated. These are great items to place in school backpacks or diaper bags.

Know how to turn off utilities during a disaster and work with neighbors to prepare your entire community! For more information, visit www.aap.org, www.ready.gov/build-a-kit, www.childrensnational.org/emsc/, www.meshcoalition.org.

BE PREPARED INDIANA!

Disasters can strike at any time and Hoosier families may or may not be in the same location when an event occurs. Completing this Emergency Phone List may prevent further catastrophe.

EMERGENCY PHONE LIST

Important Contact	Name	Telephone Number	Personal Information
Emergency Agency	911 Dispatch	911	
Fire Department			
Physician			
Pediatrician			
Poison Control			
Parent			
Parent			
Other Relative			
Neighbor			
Power Company			
Water Company			
Hospital Contact			
Red Cross			
Medical Insurance			
Home Insurance			
Veterinarian			
Animal Shelter/Kennel			

CHILD IDENTIFICATION CARDS

During a disaster, your family could become separated. Completing these Child Identification Cards and placing them in diaper bags, backpacks, or coat will assist others in reuniting you and your child.

Name	
Birthdate	
Parent Name(s)	
Parent Phone(s)	
Address	
Relative Contact	
School Contact	
Physician Contact	
Medication	
Allergies	
Medical History	

Name	
Birthdate	
Parent Name(s)	
Parent Phone(s)	
Address	
Relative Contact	
School Contact	
Physician Contact	
Medication(s)	
Allergies	
Medical History	

