

Course Number and Title	Number of Credit Hours	* If New Course
<p>Courses that I am currently enrolled in or have left to complete.</p> <p>Courses are ones completed and counted towards PhD.</p> <p>✓ Courses that I have completed at UNA overall (Master's & PhD).</p>		
<u>Ph.D. in Exercise Science and Health Promotion Degree Program</u>		
<i>Exercise Science Core (15 hrs)</i>		
Core Courses (9 hrs)		
HPE 700 – Research Methods ✓	3	✓M.S.
HPE 660 – Scientific Basis of HHP✓	3	✓M.S.
HPE 702 - Advanced Exercise Testing and Rx✓	3	✓SUM 2022 PH. D
Advisor Approved Electives (6 hours)		
HPE 763 – Lab Techniques✓	3	✓M.S.
HPE 761 – Scientific Basis of HHP II	3	✓SPRING 2023 PH. D
HPE 740 – Epidemiology and Prev of Chronic Dis	3	*
HPE 664 – Seminar in Exercise Science ✓	3-6	✓M.S. (Count towards PhD)
HPE 703 – Pr of Ex Rx for Res Training ✓	3	✓M.S.
HPE 796 – Cardiac Rehab and EKG int ✓	3	✓SPR 2021 PH. D
HPE 765 – Critical Analysis Prof Lit ✓	3	✓M.S.
HPE 691 - Non-dissertation Research	3-6	*
HPE 690 – Independent study	3	SPRING 2024 PH.D
HPE 710 – Adv Approaches to Qual/Quant of Life✓ *Health Promotion Core	3	✓FALL 2021 PH. D
HPE 651 – Special Topics	3	
HPE 680 – Trends and Issues in HPE & rel✓	3	✓SPRING 2022 PH. D
HPE 685 – Internship in Exercise Science	3	
Total hrs	15	15
<i>Health Promotion Core (12 hrs)</i>		
Core Courses (9 hrs)		
HPE 743 – Bio-psychosocial aspects of Nutr✓	3	✓SPRING 2022 PH. D
HPE 650 – Social Determinants of Health	3	
HPE 738 – Stress Management ✓	3	✓SPRING 2021 PH. D
Advisor Approved Electives (6 hrs)		
HPE 644 – Integrative Health Coaching	3	✓SPRING 2023 PH. D
HPE 740 – Epidemiology and Prev Chronic Dis	3	
HPE 641 – Integrative Health	3	

HPE 686 – Internship in Health Promotion	3	
SRM 770 – Legal issues in SRM✓	3	✓M.S.
SRM 775 – Admin of HPER and Real Prof✓	3	✓M.S.
SRM 765 – Risk Management in SRM	3	*
SRM 700 - Marketing in SRM	0	*
SRM 744 - Recreation for Special Populations	3	*
HPE 611 – Seminar in Health Promotion	3-6	*
HEA 623 – University Adv and Fundraising	3	
Total hrs	12	12
<i>Research/Statistics Core (12 hrs)</i>		
HPE 620 – Introduction to Stats✓	3	✓M.S.
SRM 550 – Qualitative Research Methods✓	3	✓FA 2020 PH. D
MA 547 – Mathematical Statistics 1✓	3	✓FALL 2022 PH. D
MA 548 – Mathematical Statistics 2	3	
EDBA 840 – Advanced Qualitative Analysis	3	*
EDBA 830 – Advanced Quantitative Analysis	3	
HPE 722 – ANOVA and MANOVA ✓	3	✓SPR 2022 PH. D
HPE 721 – Regression Analysis✓	3	✓FA 2021 PH. D
Total hrs	12	12
<i>Teaching Emphasis (9 hrs)</i>		
HPE 786 – Supervised Teaching Practicum ✓	6 – 9	✓SPR 2021, FALL 2022✓ PH. D
Advisor Approved Electives (3 hrs)		
UNA 500- 01, 02, 03 ✓	0 – 3	✓M.S. (Count towards PhD)
HPE 799 – Teaching in the University	0 – 3	✓SPRING 2023 PH.D
Total hrs	9	12
<i>Dissertation and Portfolio Development</i>		
HPE 794 – Portfolio Development and Defense**	0	SUMMER 2024
HPE 795 – Dissertation Research	12	FALL 2024 – SPRING 2025
Total hrs	12	

Overall Program:		
Component	hrs	
Exercise Science Core	15	15
Health Promotion Core	12	12
Research/Statistics Core	12	12
Teaching Emphasis	9	9
Dissertation and Portfolio Development	12	0
Total Program hours	60	48 (FALL '23)