

# 2024-2025 Class Schedule

## Sept - June Performance Recital Group

### Pre-K ages 3-4

**Tuesday 4:30-5:30pm Ballet/Tap**  
**Thursday 10:45-11:45am Tap/Tumble**  
**Thursday 4:30-5:30pm Hip Hop/Tumble**  
**Saturday 10:30-11:30am Hip Hop/Tumble**  
**Saturday 11:30am-12:30pm Ballet/Tap**

### Mini Dancers ages 5-6

**Monday 4:15-5pm Ballet**  
**Monday 5-5:45pm Hip Hop**  
**Thursday 5:30-6:30pm Intro Acro**  
**Thursday 6:30-7:30pm Tap/Jazz**  
**Saturday 9:45-10:30am Hip Hop**  
**Saturday 10:30-11:15am Ballet**  
**Saturday 11:30am-12:30pm Intro Acro**

### Petite Dancers ages 7-8

**Monday 5:45-6:30pm Hip Hop**  
**Wednesday 4:15-5:15pm Tap/Jazz**  
**Wednesday 5:15-6:15pm Ballet**  
**Wednesday 6:15-7:15pm Lyrical**  
*\*Ballet Req.\**

### Mini/Petite Dancers ages 5-8

**Tuesday 5:30pm-6:15pm Hip Hop**  
**Tuesday 6:15-7:15pm Intro/Level 1 Acro**

### Junior Dancers ages 9+

*\*8 year old company members\**

**Monday 4:15-5pm Ballet Technique**  
**Monday 5-5:30pm Total Body Core**  
**Monday 5:30-6:30pm Full Company Team**  
**Monday 6:30-7:30pm Hip Hop**  
**Tuesday 4:30-5:45pm Tap/Jazz**  
**Tuesday 5:45-6:15pm Jr Company Team**  
**Wednesday 6:15-7:15pm Lyrical**  
*\*Ballet Req.\**  
**Wednesday 7:15-8:15pm Ballet**

### Senior Dancers ages 12+

*\*11 year old company members\**

**Monday 4:15-5pm Ballet Technique**  
**Monday 5-5:30pm Total Body Core**  
**Monday 5:30-6:30pm Company Team**  
**Monday 6:30-7:30pm Hip Hop**  
**Tuesday 6:15-7:45pm Tap/Jazz**  
**Tuesday 7:45-8:15pm Sr Company Team**  
**Wednesday 4:30-5:30 Lyrical \*Ballet Req.\***  
**Wednesday 5:30-7pm Ballet**

### Acrobatics ages 5+

*\*skill based\**

**Monday 5-5:30pm Total Body Core**  
**Tuesday 6:15pm-7:15pm Intro to Acro**  
**Thursday 5:30-6:30pm Intro to Acro**  
**Thursday 5:30-6:30pm Level 1**  
**Thursday 4:30-5:30pm Level 2**  
**Thursday 6:30-7:30pm Level 3**  
**Saturday 11:30am-12:30pm Intro/Level 1**

## 8-week seasonal classes

### Tot Classes

**Thursday 9:30-10:15am Tutu Tots (2.5-4.5yrs)**  
**Thursday 10:15-10:45am Dance with Me (18-36mths)**  
**Saturday 9-9:45am Tumble Tots (2.5-4.5yrs)**  
**Saturday 9:15-10am Tutu Tots (2.5-4.5yrs)**  
**Saturday 10-10:30am Dance with Me (18-36mths)**

### Adult Classes

**Monday 7:30-8:30pm Lyrical/Jazz**  
**Monday 7:30-8:30pm Hip Hop**  
**Wednesday 7-8:30pm Ballet**  
**Thursday 7:30-8:30pm Tap**

### **Dynamic Dance & Fitness**

**31 Mill Plain Rd.**

**DDFdanbury.org**

**(203) 460-7770**