# Danbury Dynamic Dance & Fitness

## Dress Code Requirements

A dance studio dress code is important for several reasons. First, it promotes unity. Like most sport teams and workplaces, it creates a professional clean look in the studio and promotes a feeling of being a part of a greater dance community. Proper dance attire ensures safety, focused learning, and the ability for teachers to correct body alignment and movement. In short, a dress code will assist in the overall success of our dancers. If you have any questions or need assistance, please contact us. Pictures below for reference.

Hair should be pulled back in a ponytail, braid, or bun. Short hair can be held back with a headband or hair clips. Stud earrings are acceptable. All other jewelry should be removed before class.

#### **ATTIRE**

- **Female:** Black leotard and pink convertible tights. A black skirt or shorts are optional. No skirts for tumbling or acrobatic classes.
- Male: Black fitted short or pants with a white tank top or fitted t-shirt.

### **Exceptions**

- **Hip Hop** classes may wear any color leggings or fitted short with a fitted tank top or t-shirt.
- **Pre-K Hip Hop & Tumble Tot** classes come in proper attire listed, because their classes are combined with another technical style.
- Dance With Me class may wear comfortable clothing and go barefoot or wear socks. No jeans.
- Adult classes may wear fitted workout attire.
- **8 Week Session** classes may wear black or pink leotard.

#### **SHOES**

- **Ballet:** Ballet pink (beige) leather sole ballet shoe. No Tie ballet shoe ages 3-7. Boys wear black ballet shoe.
- **Tap:** Black with buckle. Mary Jane style preferred. Velcro acceptable for ages 3-4. No shiny patent shoes for ages 5 and older.
- **Jazz & lyrical:** Tan leather slip on jazz shoe.
- **Hip Hop:** Black Pastry Pop Tart dance sneaker with white sole. **Adults** may wear a clean gym sneaker.
- **Pre-K Hip Hop** classes dance barefoot. Convertible tights essential to pull tight up to ankle.
- **Acrobatic/Tumbling:** Barefoot. Convertible tights essential to pull tight up to ankle.
- **Pre-k Combo & Tap/Jazz Combo** classes will need both pairs of shoes except for the <u>pre-k hip hop</u> combos that will go barefoot for the hip hop portion. They still need shoes for the other style being studied.

