

MT. CARMEL DANCE TROUPE

2019 - 2020

Audition Information



Please email Rosie Nestor, Dance Troupe Head Coach,
with any further questions at
rosie.nestor@gmail.com

The Mt. Carmel Dance Troupe:

The Mt. Carmel Dance Troupe represents Mt. Carmel High School as the performance and competitive dance team at the school. They are a group of talented dancers who actively represent their school all year round through the art of dance. As with any sport on campus, it is an honor to be a member of MCDT and dancers must strive to work their hardest at all times.

The troupe performs at all home football games in front of the award winning student section, the Red Sea. Troupe also performs at all Friday night basketball games, school pep rallies, and some community events.

The Mt. Carmel Dance Troupe allows all members of their team to be part of the competitive process, and does not designate varsity or junior varsity. MCDT competes five pieces at USA, WCE, and CADTD competitions. All dancers on Troupe will be invited to be in at least two competition pieces. Those that want more competitive pieces will audition to be selected for the other three dances.

Dancers on Troupe are encouraged to continue to push themselves in their training. From the time their dedication begins in May, the team will focus on expanding their knowledge of dance by staying committed to their training, taking master classes, working with professional choreographers, and committing to their teammates, all while representing MCHS in a positive manner.

Troupe Requirements:

*****It is highly recommended that dancers enroll in the Advanced Dance class.**

- Dancers interested in enrolling in the Advanced or Intermediate Dance Class, please contact Ms. Terri Shipman, Dance Director, for further information (858) 484 - 1180 ext. 3161 or tshipman@powayusd.com.
- All grade levels are welcome to audition for MCDT.
- Weekly training at a studio(outside of MCDT) is required. Team members are required to take weekly ballet classes, jazz technique classes, hip hop classes, and contemporary/lyrical classes.
- Dance Troupe practices Tuesdays & Thursdays from 3:00 pm to 6:00 pm. Occasional extra practices will be scheduled on late start Friday mornings, over holiday breaks, and on a couple of Sundays in the fall.

The Audition:

Monday, May 20th:

- 3:00 - 3:45 - Advanced and Intermediate dance class placements/auditions.
- 3:45 - 5:00 – Dance Troupe Audition Workshop (all levels are welcome to attend)
- Dancers will be taught 2 short pieces of choreography throughout the Dance Troupe audition workshop on Monday: Jazz-funk and contemporary.

Thursday, May 23rd

- 3:30 - 5:30 AUDITION
- Dancers will be required to demonstrate the following at the audition:
 - A high level of performance executed through facials, body movements, and high energy.
 - Leaps (Right, Left, and Center) and Calypsos (single - stag leap).
 - Pirouettes on both right and left (triple, preferably quad).
 - A La Secondes turns (Controlled center and upper body)
 - Battements and leg extensions
 - Something of choice across the floor (this is your time to shine!)

What To Wear:

- Dancers must wear all black (no baggy clothes or leggings/pants). Knees must be visible.
- Please have proper shoes for jazz and contemporary dancing.
- Hair must be secured in a bun or pony.

What To Bring:

- A completed audition packet containing:
 - 1 Letter of Recommendation from a dance instructor
 - Returning troupe members do not need a letter of recommendation
 - Most current progress report/report card
 - Information sheet ("MCDT Dancer")

- A 5x7 or 8x10 headshot. Headshots not needed for those who have previously been on Troupe.
- Signed parent/dancer information sheet that states your parent is aware of your audition, upcoming dates, and expectations of Mt. Carmel Dance Troupe for the 2018-2019 year.

Results from the audition will be emailed by 3:00pm,
Friday, May 24th

Mt. Carmel Dance Troupe Dancer

Name: _____

Grade (fall 2018): _____

Date of birth: _____

Dancer e-mail: _____

Cell phone number: _____

Please explain your dance training (where did you train, for how long, competition experience, studio experience, etc):

Why do you want to be part of MCDT?:

What does "team" mean to you?:

What are your goals for next year on MCDT?:

What motivates you as a dancer and performer?

MCDT Parent & Dancer Information:

*****Tentative Dates for the 2018-2019 Year*****

SUMMER:

- MANDATORY WCE Dance Experience: July 19-21 at Great Wold Lodge, Garden Grove, CA.
- Summer practices - every Thursday morning throughout summer starting Thursday June 27th through August 15th
- 3 Bake Sales @ TBD (June - August)
- 15 signed technique classes. Signed classes are due on August 15th

FALL/WINTER:

- ALL home football games @ Sundevil Stadium - Dates TBD - Friday nights starting at 6 pm
- Annual Dance Clinic Fundraiser (Grades Kindergarten - 8th): October date TBD - at one of our home football games
- Winter Dance Concert with Advanced and Intermediate dance classes (November or December 2019)

SPRING:

- 3 Home basketball games (girls and boys): Dates TBD - Friday nights starting at 5:30
- Competition Season: January through late March/early April. We will compete 7-8 times. Mostly on Saturdays, with an occasional Sunday competition. Only two competitions will be in San Diego, with all others in

Orange County or LA. Competitions run from early morning to late at night.

- CADTD competition (2) (January -March - Dates TBD).
- West Coast Elite Dance Regionals (2-3) (January - March - Dates TBD).
- USA Regional Competitions (1) (January -March - Dates TBD).
- CADTD State Competition (Mid March)
- West Coast Elite Nationals (Mid March) - overnight trip to Long Beach Convention Center - dancers will miss one day of school
- Spring Dance Concert (May or June 2019)

I have read the above dates and I'm aware of the expectations and the commitment for my son/daughter if he/she makes Mt. Carmel Dance Troupe. I am aware that this is a parent funded team and as a group we'll decide how much fundraising we will do. For an outline of financial commitment, please email Coach Rosie. If I have any further questions, I will contact Rosie Nestor, Dance Troupe Director, at rosie.nestor@gmail.com

*Print PARENT Name: _____

Sign: _____

*Print STUDENT Name: _____

Sign: _____

**** Please attach summer availability. Any vacations, special trips, work schedule, or extracurricular activities should be given to coach at auditions. *****

CONGRATULATIONS to our 2018-2019
Mt. Carmel Dance Troupe!

- 1st MCDT Dancer meeting: Thursday, May 30th in S-11 @ 4:45 pm.
 - Please bring 3 items that describe who you are (candy, music, books, pictures, etc-BE CREATIVE!)
 - A Planner and a pen OR Calendar App on your phone.
- 1st MCDT Parent Meeting (parents only please): Thursday, May 30th at MCHS - in S -11 @ 6:00pm.
 - Payment for WCE Dance Experience camp will be due at this meeting. Please plan for around \$400.00. Final amount TBA.
 - Please bring your calendar, planner, or whatever you use to keep track of dates! There will be lots to remember.

To stay updated with all MCDT info, please visit our Facebook page - MT. CARMEL DANCE TROUPE, or on Instagram @mchsdancetroupe