

Mindfully Blessed!

365 Daily Blessings and Monthly Mindful Successful Living Guides to Help You Make Your Wounds Your Wisdom. Join us on a Journey of Transformation with Blessisms!

Welcome to our Crowdfunding Endeavor! We are Committed to Facilitating Personal and Planetary Sur-Thrival and Sustainability, One Blessism at a Time!



A Year-long Journey of Transformation

Join us on a Year-long Journey of Transformation to Improve Mental Health & Well-Being with Mindful Successful Living, Positive Psychology, and Mindful Blessings. Start tapping into your capacity to create, to overcome, to endure, to transform, to love, and to be greater than your suffering with our Daily Blessisms and inspirational messages.

Our campaign Includes over 365 Blessings, aka BLESSisms, in 6 Key Areas of Health and Well-Being, Specifically Written and Designed to Create a Global Impact.

Monthly Mindful Successful Living Guides

As part of our campaign, we will also be creating monthly Mindful Successful Living Guides for uplifting the world's, physical, mental, social, planetary, economic, and spiritual health, and well-being.

Yes, it will always be true as Dionne Warwick sang in the 1960s: "What the world needs now, is love, sweet love."

However today, with all the stressful challenging situations we are experiencing worldwide, as individuals, families, organizations, and communities, the world also needs powerful and empowering tools and techniques for transforming stress, anxiety into more healthy thoughts, energy, and activities.

At Planet Blessed, we are committed to producing resources that help individuals and communities Sur-Thrive in challenging times while also raising the individual and collective consciousness on Spaceship Earth through mindfulness, mindful successful living, positive psychology, and mindful blessings aka BLESSisms.

If you are interested in donating, click the link! We thank you!



6 Key Blessism Areas of Well-Being

Mental Health & Well-Being, including Emotional & Psychological Well-Being

- Joyful January - BLESSisms for Mindful Sur-Thrival and Finding Joy.
- Mindful March - BLESSisms for Stress, Anxiety, and PTSD.

Social Health & Well-Being, including Love & Relationships

- Forgiveness February - BLESSisms for Love and Cultivating Loving Relationships.

Planetary Health & Well-Being/Sustainability/World Peace

- StewardHeirship April - Earthisms to Bless the Earth.

Physical Health & Well-Being

- Magnificent May - BLESSisms for Ultimate Health & Well-Being.
- Journey of Healing June - BLESSisms for Managing Cancer and Disease, and Mindful Healing.
- Jubilant July - BLESSisms for Self-Love, Body Love & Confidence.

Economic Health & Well-Being

- Abundant August - BLESSisms for Abundance, Prosperity, and Financial Freedom.
- Optimistic October - BLESSisms for Turning Obstacles into Opportunities for Growth.
- Never-Failing November - BLESSisms for Progressively Failing Your Way to Success.

Spiritual Health & Well-Being

- Sacred September - BLESSisms for Your Ultimate Destiny and Potential.
- Delightful December - BLESSisms for Spirituality, Creative Power, and Raising Your Consciousness Level.

Through our initiatives, we want to help uplift the world's mental, emotional, and psychological well-being. We've made a commitment to bless the world with positive intentions with our year-long campaign of Mindful BLESSisms. We would like to encourage everyone to become a BLESSivist by helping people transform life's painful lessons into infinite possibilities & BLESSisms.