



# SONS OF THE AMERICAN LEGION



*Dedicating support  
for our veterans*

[legion.org/sons](http://legion.org/sons)

## PREAMBLE

The SAL program is outlined in its Preamble to the Constitution. "Proud possessors of a priceless heritage, we male descendants of veterans of all wars, associate ourselves together as "Sons of The American Legion" for the following purposes:

To uphold and defend the Constitution of the United States of America; to maintain law and order; to foster and perpetuate a true spirit of Americanism; to preserve the memories of our former members and the association of our members and our forefathers in all wars; to inculcate a sense of individual obligation to the Community, State and Nation; to combat the autocracy of both the classes and the masses; to make right the master of might; to promote peace and good will on earth; to safeguard and transmit to posterity the principles of justice, freedom and democracy, to consecrate and sanctify our friendship by our devotion to mutual helpfulness; to adopt in letter and spirit all of the great principles for which The American Legion stands; and to assist in carrying on for God and Country."

## SUGGESTED PROGRAMS and ACTIVITIES

Since the age of eligibility begins from date of birth, activities and programs of any squadron should be determined by: (1) age groupings of those eligible; (2) apparent needs of the youthful eligibles; (3) needs of the community for the programs and activities which could be provided by the SAL; and (4) capabilities of those serving as leaders and advisers.

Suggested programs are in assisting the post in all activities, veterans programs, VA home and hospital volunteers (VAVS), fundraising, support to The American Legion Child Welfare Foundation, American Legion Baseball, soccer, Boys State, Junior Shooting Sports program, and a vast range of activities involving Americanism, and Children & Youth.

Just as each American Legion post determines the extent of its service to the community, state and nation, each squadron is permitted flexibility in planning programs and activities to meet the needs of its own age groups.

P.O. Box 1055  
Indianapolis, IN 46206  
317-630-1205  
[sal@legion.org](mailto:sal@legion.org)  
 [legion.org/sons](http://legion.org/sons)

### Sons of The American Legion Membership Application

Detachment of \_\_\_\_\_ Squadron No. \_\_\_\_\_ Birth Date \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Recruited by \_\_\_\_\_ (Initial) \_\_\_\_\_ (Last) \_\_\_\_\_ (Initial) \_\_\_\_\_ (Last) \_\_\_\_\_

Address \_\_\_\_\_ (First) \_\_\_\_\_ (Initial) \_\_\_\_\_ (Last) \_\_\_\_\_ (Street) \_\_\_\_\_ (City) \_\_\_\_\_ (State) \_\_\_\_\_ (Zip) \_\_\_\_\_

E-mail Address \_\_\_\_\_ Telephone \_\_\_\_\_

Veteran through whom eligibility is established \_\_\_\_\_

(a) Above is a member in good standing of Post No. \_\_\_\_\_ Dept. of \_\_\_\_\_

OR (b) Above is a deceased veteran who served honorably from \_\_\_\_\_ to \_\_\_\_\_

(c) Relationship of Applicant to Veteran \_\_\_\_\_

I hereby subscribe to the Constitution of the Sons of The American Legion, apply for membership, and transmit \$ \_\_\_\_\_ as annual membership dues.

Signed \_\_\_\_\_ (By Applicant or Parent)

Eligibility certified by \_\_\_\_\_ (Post Adjutant) 00-001 (2013)

### RECEIPT



Date \_\_\_\_\_  
Received of \_\_\_\_\_

**For God and Country**

\$ \_\_\_\_\_ in payment of dues for 20 \_\_\_\_\_ in

Squadron \_\_\_\_\_, Detachment of \_\_\_\_\_

By \_\_\_\_\_

## MEMBERSHIP ELIGIBILITY

All male descendants adopted sons, and stepsons of members of The American Legion, and such male descendants of veterans who died in service during the period of April 6, 1917, through November 11, 1918, or any time from December 7, 1941, to date, who served honorably, as set forth in Article IV, Section 1, of the National Constitution of The American Legion, or who died subsequent to their honorable discharge from such service, shall be eligible for membership in the Sons of The American Legion.

## THE EMBLEM

The design of our emblem was taken from the emblem of our parent organization, but is oval in shape so as to be easily distinguished.



The star in the center represents our country, and the five points of the star represent the five-point program of the Sons of The American Legion.

The sun in the background represents the Sons of The American Legion and the rays represent the loyalty of its membership.

The blue of the emblem, like the blue of our flag, stands for justice.

The two stars in the blue border stand for freedom and democracy.

The wreath below the star is in memory of our comrades, and those of our forefathers who willingly gave their lives for their country.

The 10 points of the emblem represent the 10 ideals of every American Legion son.

## TEN IDEALS

The Ten Ideals Program is a study program recommended for school-age children which includes subjects in:

PATRIOTISM	FAITH
HEALTH	HELPLESSNESS
KNOWLEDGE	COURTESY
TRAINING	REVERENCE
HONOR	COMRADESHIP

## FIVE-POINT PROGRAM OF SERVICE

This is the study program for those members who have completed the Ten Ideals. This is recommended for younger members but is not limited to just them. This program includes:

**PATRIOTISM:** Love of the flag; love of country.

**CITIZENSHIP:** Individual obligation of citizenship.

**DISCIPLINE:** Respect for and obedience to rules.

**LEADERSHIP:** Participation in group activities.

**LEGIONISM:** Knowledge of The American Legion.



The Five-Star Award, which can be presented to SAL members who show perfection in the Five Point Program of Service, is a gold plated medal bearing the SAL emblem and the symbolism of the five points.



## UNIFORM

The basic uniform of the Sons of The American Legion is the squadron blue cap. Dress attire is determined by the activity and by the Sons of The American Legion leadership conducting the event or function. Optional attire such as casual, business casual, coat and tie is determined by the squadron, district and detachment.

Uniform caps are available through the National Emblem Sales Division of The American Legion. Also available are jackets, shirts and other items for purchase. For a catalog write to: National Emblem Sales, P.O. Box 1050, Indianapolis, IN 46206. Or visit [emblem.legion.org](http://emblem.legion.org).

### Sons of The American Legion caps

All caps have red, white and blue piping. Caps include state and squadron number. All additional lettering is \$1 per character. District and detachment orders must be routed through American Legion department headquarters for approval. Special state insignia is available at extra charge.

### Squadron (French Blue)

(See National Emblem Sales catalog)



Cap: Standard SAL in the following colors:

- Squadron:** French blue with red, white and blue piping.
- District:** French blue base, white top, piping same as squadron cap.
- Detachment:** French blue base, gold top, piping same as squadron cap.
- National:** Solid gold, piping same as squadron cap.