Faith Lutheran Lunch Menu

OCTOBER 2025

Fruit May Include: Apples, Oranges, Bananas, Watermelons, Strawberries

Vegetables May Include: Carrots, Broccoli, Green Beans, Corn

Salad May Include: Lettuce, Spinach, Tomato, Cucumber, Carrots, Avocado

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 Turkey Sandwich Salad - Fruit	Hot Dog Fries - Fruit	Pizza or PB&J Vegetables - Fruit	4
5	Meatballs Potatoes - Fruit Fall Break- EDC Only	7 Orange Chicken Broccoli - Fruit Fall Break- EDC Only	Rolled Tacos Salad - Fruit Fall Break- EDC Only	Mozzarella Sticks Fries - Fruit Fall Break- EDC Only	Pizza or PB&J Vegetables - Fruit Fall Break- EDC Only	11
12	Mac & Cheese Green Beans - Fruit	14 Chicken Nachos Salad - Fruit Fall Break- EDC Only	Brunch - Pancakes Sausage - Fruit Fall Break- EDC Only	Bean & Cheese Burrito - Salad - Fruit Fall Break- EDC Only	Pizza or PB&J Vegetables - Fruit Fall Break- EDC Only	18
19	20 Spaghetti Salad - Fruit	21 Chicken Nuggets Fries - Fruit	22 Corn Dog Fries - Fruit	23 Orange Chicken Broccoli - Fruit	Pizza or PB&J Vegetables - Fruit	25
26	27 Hot Pockets Salad - Fruit	28 Chicken Strips Fries - Fruit	29 Chili Bowl Salad - Fruit	Cheeseburger Fries - Fruit	31 Pizza or PB&J Vegetables - Fruit	1