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| Nan’s Angel Food Pie A Nan (Kate McDuff) and Judy Hunt recipe. INGREDIENTS 1 cup sugar 3 egg whites  ¼ cup cornstarch 1 cup crushed pineapple  ¼ teaspoon salt 1 teaspoon vanilla  2 cups boiling water 2 baked pie shells DIRECTIONS  1. Drain pineapple. Keep the juice. It is part of the 2 cup boiling water. 2. Sift sugar, cornstarch, and salt. Add slowly stirring constantly to the boiling water. 3. Boil until thick\*. Let cool while you beat egg whites. 4. Slowly add mixture over egg whites, folding gently. 5. Fold in pineapple and vanilla. 6. Pour into 2 baked pie shells. Top with whipped cream. Store in refrigerator.   \*I set the pan in the sink full of cold water. |
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