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| Swedish Cabbage RollsINGREDIENTS12 large cabbage leaves 1 lb. lean ground beef1 beaten egg 1 cup cooked rice¼ cup milk 8 oz. tomato paste¼ cup finely chopped onion 1 tablespoon brown sugar1 teaspoon salt 1 tablespoon lemon juice¼ teaspoon pepper cooked rice 1 tablespoon Worcestershire sauce DIRECTIONS |
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| Western MacaroniA Mike Wilkerson recipe.INGREDIENTS1 pkg mac & cheese box dinner 2 cups whole kernel corn, drained1 lb. ground beef 6 oz. can tomato paste½ cup chopped green pepper ½ cup water¼ cup chopped onion 1 teaspoon salt and dash pepperDIRECTIONS1. Prepare box dinner as directed.
2. Brown meat, green pepper, and onion. Cook until tender.
3. Stir in corn, tomato paste, water, salt, and pepper.
4. Add mac & cheese dinner. Mix well.
5. Simmer 10-15 minutes. Serves 5.

Note: box dinner usually requires butter and milk. See box directions for details. |