

DID YOU KNOW? SURVEY QUESTIONS



- 1. DID YOU KNOW** you & your family and friends will have the opportunity to train and compete on the patented NinjaCross™ obstacle course & aqua gym?
- 2. DID YOU KNOW** the Television show, American Ninja Warrior & American Ninja Warrior “Junior” edition is so successful that it’s now in its 13th season? There is such a huge following of Ninja Warrior that 20 to 40 new and old episodes are played every week on cable television?
- 3. DID YOU KNOW** that Ninja Warrior gyms are opening all across North America?
- 4. DID YOU KNOW** that a NinjaCross™ System is being considered for installation at indoor and outdoor swimming pools in your city?
- 5. DID YOU KNOW** the NinjaCross™ is also an Aqua Fitness Gym where 10 people can be trained on the system at the same time by one personal trainer? The Trainer rotates each member every 30 seconds to the next obstacle to benefit the entire body and self-confidence including; Arms, Chest, Legs, Abs, Back, Range of Motion, Strength, Speed, Endurance, Self-Esteem, etc.)
- 6. DID YOU KNOW** that it only takes 60 seconds & just one person to setup and shut down the On-Demand NinjaCross™ with just the simple PUSH OF A BUTTON?
- 7. DID YOU KNOW** the On-Demand NinjaCross™ will not interfere with your swimming pools current programming because it retracts back up into the ceiling above the water in 60 seconds when not in use therefore, you can continue to have swimming competitions, water polo, water aerobics or whatever you desire without having to add extra staff to setup and shutdown the system?
- 8. DID YOU KNOW** the NinjaCross™ was creatively designed with interchangeable obstacles that are customizable to continually create new courses and challenges with a range of difficulty from beginners to elite athletes?
- 9. DID YOU KNOW** the NinjaCross™ obstacle course delivers three-dimensional movement with obstacle elements above, below and on the water surface?
- 10. DID YOU KNOW** that your YMCA would have the ability to create custom courses varying in difficulty from several dozen unique obstacles?
- 11. DID YOU KNOW** that a NinjaLab was built specifically for NinjaCross™ experts to create and test new elements for our Obstacle-of-the-Month-Club in order to keep members engaged and challenged for years to come with a variety of new obstacles for all skillsets that will keep courses fresh and facilitate your fitness trainers with the necessary tools to maximize results.

"SAMPLE SURVEY QUESTIONS FOR YOUR LOCAL COMMUNITY"

(Engage your community to get them involved in the decision-making process)

1. **Would you use** the On-Demand **NinjaCross™ System** if it were at your community recreation center?
 - a. Would you want to compete against your friend's side by side on a 2-lane NinjaCross that will record your time on a scoreboard?
 - b. Would you be interested in joining league competition at your local facility?
 - c. Would you be interested in participating in a conditioning program with a personal trainer in a group class of 10 people on a **NinjaCross™ System**?
2. **Would you like** for your community to install and provide as part of your membership a **NinjaCross™ System**?
3. **Would you be willing** to pay a few extra dollars per month to help purchase the **NinjaCross™ System** for your facility?
4. **Would you be interested** in joining a **NinjaCross™** League competition for all skillsets and all ages to increase your strength, agility, speed, fitness and have a bunch of Fun while doing so?
5. **Would you be interested** in receiving a short video presentation of the **NinjaCross™ System** in action to find out what all the excitement is all about?

"DID YOU KNOW?"

Prior to the Coronavirus, many epidemiologists raised the alarm about another pandemic facing our country – an epidemic of Inactivity. Physical activity takes practice. Children, Teens, and Adults who do not master basic gross motor skills because they have not spent enough time physical play will lose interest in play altogether and find excuses to sit out. When they do, their peers gain skills and the physical gap between active people and sedentary people widens. The Center for Disease Control and Prevention recommend that people of all ages get 60 minutes a day of moderate to rigorous physical activity. Yet prior to Covid teens were already in front of computers, I-Pads, cellphones, and television 8 hours a day.

To combat that gap, we need to help children, teens and adults alike rediscover that love of play so they can build strengths to help them feel confident in their physicality. **Introducing the NinjaCross™ System.**