

Hello and Welcome!

Naturopathic Medicine blends cutting edge medical research with ancient therapeutic practices providing a scope and depth of knowledge not found in our current medical model. Naturopathic Doctors treat each patient's case uniquely and offer a variety of therapies to fit the individual and approach dis-ease in a multi-faceted way.

Your initial visit will last about 90 minutes. We will discuss your chief complaints, health history, and identify your health goals. Please bring any pertinent medical records as well as the completed paperwork sent to you by email. Paperwork can be accessed on the Harmony In Life website www.harmonyinlifecenter.com. Under "Services", go to "Naturopath, Dr Samuelson" and then scroll to the very bottom of the page and click on the links.

The information gathered at your initial appointment will be analyzed, researched and consolidated and the findings and recommendations will be presented to you at your next visit. Recommendations may include additional testing, dietary, lifestyle, detoxification, homeopathy, herbs and supplements. Naturopathic Care is a financial investment and your budget is always respected when recommending additional resources and regimens.

After the follow up visit, it is essential that patients return for monthly or bi-monthly follow ups until health concerns are adequately managed. This is the best way to ensure that your health goals are being met.

I sincerely look forward to working with you!

Dr. Lindsay Samuelson, ND, RSHom



OFFICE PROCEDURES/POLICIES as of 10/21/21

Please initial next to each amended policy as well as signing at the bottom.

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COMMUNICATIONS: Dr. Samuelson strives to provide every patient the highest quality of care. If you have any questions about recommendations discussed at your appointment, please email her directly at drlindsaysamuelson@gmail.com . Questions that arise after the appointment that do NOT pertain to these recommendations may be charged \$10.00 for 10 each minutes. Please allow 5 business days for a response (initial here)	
APPOINTMENTS: Please contact Mary McHugh at 419-250-1110 or email her at treatingthe-rootcause@gmail.com . You may also try to reach us at Harmony in Life at 419-517-0047. We are often booking 4-6 weeks out so please keep that in mind when considering when to schedule your follow up appointment. Acute situations should be addressed by your general practitioner or an Urgent Care Center as we are not set up for acute emergencies. (initial)	
LABS: Please bring all pertinent lab work with you to your appointment. There is a \$15.00 charge for printing out lab work. Do not send photos of labs. Instead, please convert to .pdf files. Alternatively, you may provide your medical records portal website, username and password and we will securely retrieve and print out the labwork for you for a fee of \$15.00.	
FEES AND SERVICES: Payment is due at the time of service. Accepted forms of payment include cash, credit/debit, HSA cards, and personal checks (preferred). Beginning December 1st, 2021 there will be a 3.5% fee added for credit card payments over \$100.00.	
Initial Visit:	\$200.00 (adult) \$150.00 (child)
Follow Ups:	\$75.00 (30 minute) \$85.00 (55 minutes)
I have read and understand Treating the Root Cause's Office Policies	
Patient Signature:	
Date:	