



Treating the Root Cause

Lindsay Samuelson ND, MRN

Hello and Welcome!

Naturopathic Medicine blends cutting edge medical research with ancient therapeutic practices providing a scope and depth of knowledge not found in our current medical model. Naturopathic Doctors treat each patient's case uniquely and offer a variety of therapies to fit the individual and approach dis-ease in a multi-faceted way.

Your initial visit will last about 90-120 minutes. We will discuss your chief complaints, health history, and identify your health goals. Please bring any pertinent medical records as well as your filled out paperwork sent to you prior to your appointment.

After your initial appointment, I will analyze the information gathered, research and consolidate what I believe to be the most effective treatment plan to fit your needs. I will present my recommendations on your following visit, 1-2 weeks after our initial appointment.

Recommendations may include stress reduction techniques, herbs, supplements, dietary, lifestyle, and detoxification programs. I appreciate that Naturopathic Care is an investment and always work with my patients budgets to minimize cost wherever possible (both time and money!).

After the follow up visit, I encourage each patient to return for an additional follow up within 3 months to discuss the plan and how it is going. I want to ensure my recommendations are improving your well-being as well as addressing your health goals.

OFFICE PROCEDURES/POLICIES

OFFICE VISITS: Your initial visit will be between 90-120 minutes. We will discuss your chief complaints, health history, and identify your health care goals. Please bring any pertinent medical records as well as any initial paperwork sent to you prior to your appointment. I encourage each patient to return for additional follow ups as needed to ensure my recommendations are improving your wellbeing as well as addressing your health goals.

BETWEEN VISITS: After our visit, I will analyze the data, research and consolidate what I believe to be the most effective treatment plan to fit your needs. I will present my recommendations on your following visit, 1-2 weeks after our initial appointment. After follow up visits, I will send my recommendations within 1 week. Recommendations may include herbs, supplements, dietary and lifestyle modifications, as well as detoxification programs, additional laboratory work, and referrals to other practitioners. I appreciate that Naturopathic Care is an investment and always work with my patients budgets to minimize cost wherever possible.

CANCELLATION POLICY: 24 hours notice is required to avoid a cancellation fee. Cancellations made with less then 24 hours notice will be billed a \$60.00 cancellation fee. Please call 419-450-0423 to cancel your appointment.

COMMUNICATIONS: Dr. Samuelson wants to provide every patient the highest quality of care and so it is necessary to schedule appointments to address and evaluate concerns that may arise in between appointments. **Patient emails may be billed if they require more than a clarification regarding something previously discussed.** These can be sent to drlindsay-saysamuelson@gmail.com.

APPOINTMENTS: Please contact Harmony in Life at **419-517-0047** for scheduling. Acute situations should be addressed by your general practitioner or an Urgent Care Center. Please do not hesitate to send updates not requiring responses via email that can be reviewed by Dr. Samuelson before your next follow up appointment at: DrLindsaySamuelson@gmail.com.

FEES AND SERVICES: Payments for appointments are due at the time of service. Accepted forms of payment include cash, credit/debit, HSA cards, and personal checks.

Initial Visit:	\$150.00 (adult) \$125.00 (child)
Follow Ups:	\$35.00 (15 minute)
	\$60.00 (30 minute)
	\$75.00 (45 minute)
	\$85.00 (60 minute)

I sincerely look forward to working with you.
Dr. Lindsay Samuelson, ND