



# *Treating the Root Cause*

Lindsay Samuelson ND, MRN

Hello and Welcome!

Naturopathic Medicine blends cutting edge medical research with ancient therapeutic practices providing a scope and depth of knowledge not found in our current medical model. Naturopathic Doctors treat each patient's case uniquely and offer a variety of therapies to fit the individual and approach dis-ease in a multi-faceted way.

**Your initial visit will last about 90 minutes.** We will discuss your chief complaints, health history, and identify your health goals. **Please bring any pertinent medical records as well as the completed paperwork** sent to you by email. It can also be accessed on the Harmony In Life website [www.harmonyinlifecenter.com](http://www.harmonyinlifecenter.com). Under "Services", go to "Naturopath, Dr Samuelson" and then scroll to the very bottom of the page.

The information gathered at your initial appointment will be analyzed, researched and consolidated and the findings and recommendations will be presented to you at your next visit, one to two weeks after your initial appointment. Here the most effective treatment plan will be ironed out, discussed and refined to address your health concerns.

Recommendations may include additional testing, dietary, lifestyle, detoxification, homeopathy, herbs and supplements. Naturopathic Care is a financial investment; therefore, your budget is always considered when recommending additional resources and regimens.

After the follow up visit, it is essential that patients return for bi-weekly or monthly follow ups until health concerns are adequately managed. This is the best way to ensure that your health goals are being met.

I sincerely look forward to working with you,  
Dr. Lindsay Samuelson, ND



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## OFFICE PROCEDURES/POLICIES as of 9/20/20

Please initial next to each amended policy as well as signing at the bottom.

**CANCELLATION POLICY:** Cancellations made with less than 24 hours notice will be billed the full amount of the appointment. Please call 419-450-0423 or email [treatingtherootcause@gmail.com](mailto:treatingtherootcause@gmail.com) to cancel your appointment. \_\_\_\_\_(initial here)

**COMMUNICATIONS:** Dr. Samuelson strives to provide every patient the highest quality of care and so it is often necessary for her to take time pulling files to answer specific questions by email. Patient emails may be billed \$10.00 for every 10 minute block of time needed to read and respond. Please do not send questions unless you are OK with potential fees being incurred for the time it takes to review your case and respond accordingly.

All inquiries are to be sent to [DrLindsaysamuelson@gmail.com](mailto:DrLindsaysamuelson@gmail.com) and will be answered in the order received. Please allow 3 business days for a response from Dr. Samuelson. It is also possible to schedule a free 5 minute call by emailing [treatingtherootcause@gmail.com](mailto:treatingtherootcause@gmail.com) if you need clarification on your previous recommendation plan.

\_\_\_\_\_ (initial here)

**APPOINTMENTS:** Please email [treatingtherootcause@gmail.com](mailto:treatingtherootcause@gmail.com) or call Harmony in Life at 419-517-0047 for scheduling. Acute situations should be addressed by your general practitioner or an Urgent Care Center as we are not set up for acute emergencies.

\_\_\_\_\_ (initial here)

**FEES AND SERVICES:** Payments for appointments will be due at the time of service. Accepted forms of payment include cash, credit/debit, HSA cards, and personal checks.

Initial Visit:           \$150.00 (adult)  
                              \$125.00 (child)

Follow Ups:            \$75.00 (30 minute)  
                              \$85.00 (60 minute)

**I have read and understand Treating the Root Cause's Office Policies**

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_