

## INFORMED CONSENT FOR KETAMINE INFUSION

Ketamine has not been approved by the FDA to treat depression, bipolar disorder, or PTSD.

### 1. PROCEDURE – KETAMINE INFUSION THERAPY

An intravenous line (IV) will be started in an extremity so you can receive ketamine. Your blood pressure, heart rate, and oxygen saturation will all be monitored throughout the infusion under the supervision of a physician.

### 2. RISKS/POSSIBLE SIDE EFFECTS

Risk of ketamine: Side effects normally depend on the dose and how quickly the injection is given. The dose being used is lower than anesthetic doses and will be given slowly over 40-60 minutes. These side effects often go away on their own.

Common side effects, greater than 1% and less than 10%:

- |                              |  |
|------------------------------|--|
| -hallucinations              | -increased heart rate and blood pressure during the infusion |
| -nausea and vomiting         | -out of body experience during the infusion                  |
| -increased saliva production | -change in motor skills                                      |
| -dizziness                   |  |
| -blurred vision              |  |

These symptoms dissipate when the infusion is stopped. We recommend you do not drive the day of your infusion.

Uncommon side effects, greater than 0.1% and less than 1%:

- rash
- double vision, mild headaches
- pain and redness in the injection site
- jerky arm movements resembling a seizure

Rare side effects, greater than 0.01% and less than 0.1%:

- allergic reaction
- irregular or slow heart rate
- arrhythmia
- blood pressure changes
- cystitis of the bladder: inflammation, ulcers, and fibrosis

*Other Risks:*

- Ketamine can cause various symptoms including but not limited to flashbacks, hallucinations, restless and anxiety.
- There is a potential risk of dosing error or unknown drug interaction that may require medical intervention including intubation (putting in a breathing tube), or hospitalization.
- The risk of venipuncture may include temporary discomfort from the needle stick, bruising, or infection. Fainting may also occur.
- Risk of other medications interacting with ketamine. It is very important that you disclose all medications, both prescription and over the counter, that you are taking.
- Ketamine may not help your depression, bipolar disorder, or PTSD

---

*Patient Name*

---

*Date*

---

*Patient Signature*

---

*Date*