



SARAH NATHALIE



Hi, Sweetpeas! ♡

Thank you so much for coming back (or newly arriving) for week two of Sarah's Mailbox! This week, I changed up the design to a more Valentine's day look! Haha :D Speaking of Valentine's, I want to remind you that you and I have the privilege of knowing the greatest love there ever was, is and will be! That is God! For God so loved the world that He gave His only Son! (John 3:16) I thank Jesus for each and every one of you this week and remember that you are important in the Kingdom of Christ! Smile lots today and always!  
Happy Love Weekend! ♡

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Updates/Behind The Scenes ♡

Woot! This week my good friend Dave and I released a song called Alpha & Omega! I will link it down below so you could go check it out, when you can! As for the EP, 3/5 songs are recorded and ready to go! I was and still am recovering from a mild case of carpal tunnel this week- so I got a little behind on work! Thank you so much for those of you who prayed! I'm thinking to release the project anytime between March and May- we will see where God guides it! Anyway! I totally forgot to tell you guys about the Lo-fi EP coming in April! I have decided that I will release one of these instrumental EPs every April and just continue naming them after the first one I put out: i have you. So this next one will be: i have you pt.2! Excited to share~ ♡

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### What's been on my heart? ♡

Recently, i've felt so in need of more prayer time. Personal time with Jesus has always been one of my favorite things to do. Speaking for myself, sometimes life gets crazy and I often neglect not only time with the Lord, but with my loved ones and myself. I like to revisit Ecclesiastes chapter 3 in times like these! It talks about the fact that there is a time for everything.

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I want to be more intentional about my time with God. I want to pray more and spend more time with those whom He has placed in my life. I also want to honor my body and physical health as the Lord has encouraged us to do! {1 Corinthians 6:19} I will try my best in this upcoming week to give more of myself to the Lord and I know that all else will get better. Care to join me? ♡

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{Ecclesiastes 3}

"To everything there is a season,  
and a time for every purpose under heaven:  
a time to be born and a time to die,  
a time to plant and a time to uproot,  
a time to kill and a time to heal,  
a time to break down and a time to build,  
a time to weep and a time to laugh,  
a time to mourn and a time to dance,  
a time to cast away stones and a time to gather stones together,  
a time to embrace and a time to refrain from embracing,  
a time to search and a time to count as lost,  
a time to keep and a time to discard,  
a time to tear and a time to mend,  
a time to be silent and a time to speak,

a time to love and a time to hate,  
a time for war and a time for peace."

{1 Corinthians 6:19}

"Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own;"

{Matthew 6:33}

"But seek first his kingdom and his righteousness, and all these things will be given to you as well."

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## What I've Been Loving This Week! ♡

You can click these links! :D

Music!!

Kojo Dave ft. Me! - Alpha & Omega

sxxnt. ft. Josh Coleman - Selah I

Podcasts!!

As For Me And My House by Milena & Jordan

Life With Joy by Jessica Joy

**You are loved by King Jesus,  
Sarah Nathalié**



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