



SARAH NATHALIÉ



Happy Friday! ♡

Welcome, welcome! Take a seat, make yourself at home :D How have you been this week? Reply to this email and let me know! ♡

Updates/Behind The Scenes ♡

So- remember how last week I told you that I was going to name all the lo-fi EPs the same thing? Well, that won't come to pass anymore haha! I finished this years EP last week and decided to name it "Seek Ye First." coming to your earbuds April 1st!! <3 *cheers & confetti*

As for my usual R&B/Pop music- I decided to lay off the You Are EP until the summer. There are things I want to work on making better for Jesus. Instead, I'll be releasing a song called Bad Company- which will be out by this time next week. There is a YouTube video up on my channel explaining some lyrics from

it and you can also hear the instrumental for it as well! I'll leave the link here:

Sarah Nathalié "Bad Company" Lyrics Explained ♡

What's been on my heart? ♡

It's been on my heart to be more calm about things. Particularly James 1:19! For me, I have taken this verse not only as a reminder to be slow to speak or anger. But also as a reminder to be slow to do anything bad! Be slow to be anxious, be slow to panic, be slow to assume. Its easy to live life on autopilot. What's been on my heart this week is simply that. Be more aware and let God teach me more about what needs fixing in my character.

"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, 20 because human anger does not produce the righteousness that God desires." {James 1:19} ♡

What I've Been Loving This Week! ♡

You can click these links! ♡

Be Still - Red Rocks Worship (ministered to me and Nathaniel greatly)

Pastor J.D. Farag on YouTube! (great dad jokes, messages & biblical!)

MUAH,
Sarah Nathalié



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