

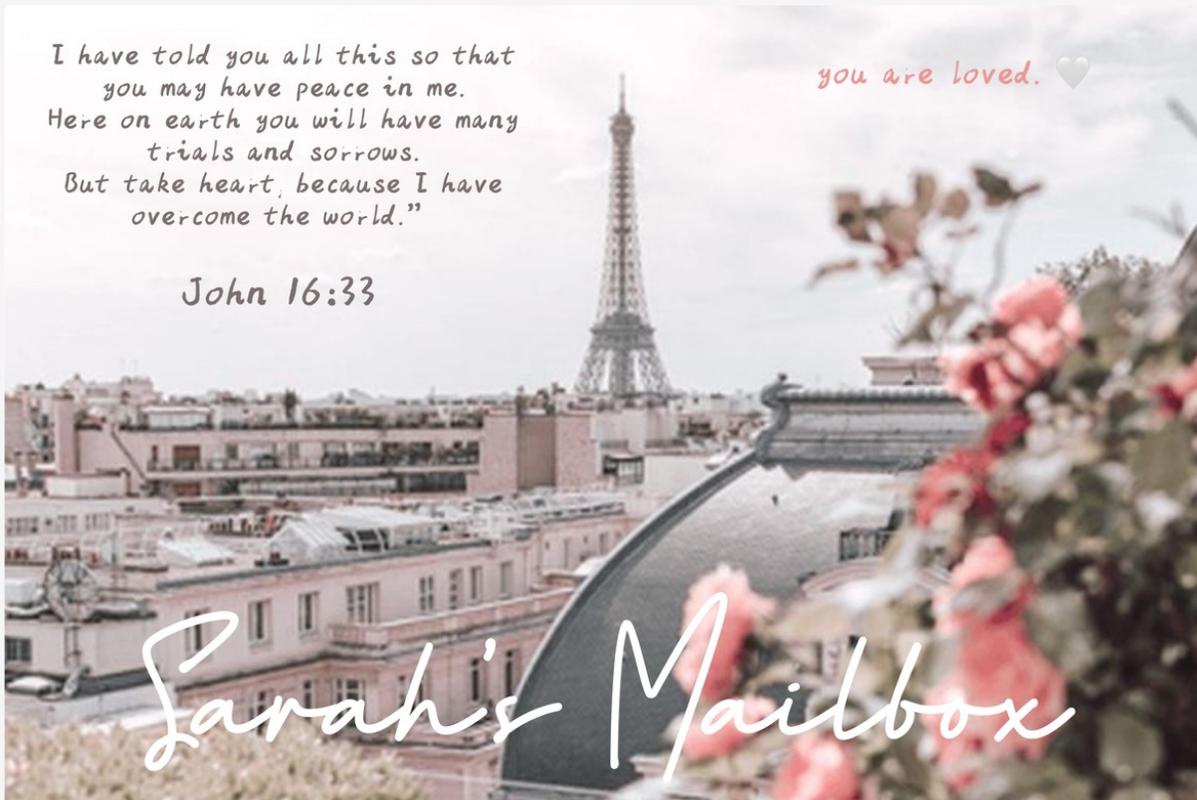


SARAH NATHALIE

*I have told you all this so that
you may have peace in me.
Here on earth you will have many
trials and sorrows.
But take heart, because I have
overcome the world."*

John 16:33

you are loved. ♥



Sarah's Mailbox

It's Friday! ♥

If you have been struggling with something this week, you're not alone! Thank you for having the courage to open up this newsletter. In it, I hope you can find the encouragement God has for you today. ♥

Updates/Behind The Scenes ♥

Lots of collaborations I worked on last year are finally trickling in, so that has been exciting! I'm excited for you to hear all of the new music. As for now, I'm currently eagerly waiting on the release of *seek ye first*. on Thursday, April 1st!

Watch the new YouTube video here! It will be out 7 p.m. EST, so you guys are the first to watch! ♥

Work Space Tour ♥

What's been on my heart? ♡

This week was one heck of a ride if I may say so myself. Personally, I experienced a lot of frustration, anxiety, hurt, lack of motivation and tiredness. It was not till yesterday that I was encouraged by my small circle of fellow believers consisting of my significant other, family, and pastors. Today, if you are feeling the same way I felt in the week; I want to encourage you and remind you that Jesus has OVERCOME all of those feelings. It's okay to feel these emotions but it is not okay for you to stay there and be defeated. We have the victory in our Lord. I would encourage you to reach out to someone as well. Do not try to fight this battle alone. Find someone you can talk to who is Godly and will pray with you. Reply to this email if you have no one in your current reach. I want to pray for you. We are in this together. ♡

{Romans 15:33}

"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

What I've Been Loving This Week! ♡

You can click these links! ♡

[Red Rocks Worship - 25](#)

[Steffany Gretzinger - No One Ever Cared For Me Like Jesus](#)

God sees you,
Sarah Nathalié



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