



SARAH NATHALIÉ

FRIDAY

*"Consider how the wild flowers
grow. They do not labor or
spin. Yet I tell you, not even
Solomon in all his splendor
was dressed like one of these."*

Luke 12:27

*so many
updates!*

Sarah's Mailbox

Hi, Hi! ♥

Take a minute a two to just close your eyes and eliminate all mental stimulation. Breathe. Thank God. Tell Him He is good. Be present and embrace the grace God has so freely given us!

Updates/Behind The Scenes ♥

Tobi A- Holy Spirit (ft. me!!) is out today!!! Here's the link. Please support my friend, he is passionate for the Lord's work.

[Holy Spirit](#)

[Follow Tobi!](#)

Jonny Henninger and I teamed up again to release a new song coming to you on the 2nd of July! That's next week~ It's called No One Like You or N.O.L.Y for short! Please look forward to it!!! Here's a link to the preview:

[N.O.L.Y Preview](#)

[Follow Jonny!](#)

Our sister in Christ, Diamante Gonzalez has started her own podcast and I had the honor of producing her new intro!!! Please follow her and support her! I know the Lord has something for each and every one of us through this new thing He is doing in our sister!! Here are the links and I can't wait for you all to hear not just the intro but the MESSAGE!

[Podcast: Growing In Truth // Diamante Gonzalez](#)

[Follow Diamante!](#)

I have one more surprise for you all before the remix album comes out on the 30th! Look for it to arrive to you on the 9th of July!!! Hint: SUMMERRR!

IOS 14 Home Screen Of The Week!



What's been on my heart? ♡

Since we last spoke, a lot has happened to me- mentally, emotionally and

spiritually. Thank the Lord, after a lot of prayer and submission to His will- I am doing much better now!! It wasn't really easy though. As many of you may have noticed, I don't go on social media as often as I used to! Well, to put it short, it's become draining and the amount of energy its been taking to simply even just reply to a text is obnoxious! I pray you have patience with me as I continue to embark on this journey.

At my home church, we are currently in the middle of a 7 day prayer week. The church is open 24 hours but we are also heavily praying in our homes. I know that this triggers the prince of darkness. Therefore, he has been greatly attacking many of my fellow brothers and sisters. The Lord remains faithful through each attack and never fails to show His goodness, mercy and love!

To be completely transparent, a struggle I am currently facing is comparison. This is a very common valley in a lot of our lives. We compare, we overthink, we assume. I can't tell you when it'll get better, only God knows. But here are some Bible passages that have been helping me overcome my struggles and watering me with truth- THANK YOU LORD!

"Not that we dare to classify or compare ourselves with some of those who are commending themselves. But when they measure themselves by one another and compare themselves with one another, they are without understanding." {2 Corinthians 10:12}

"For am I now seeking the approval of man, or of God? Or am I trying to please man? If I were still trying to please man, I would not be a servant of Christ." {Galatians 1:10}

"Do nothing from rivalry or conceit, but in humility count others more significant than yourselves." {Philippians 2:3}

"I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me." {Galatians 2:20}

"The Lord is on my side; I will not fear. What can man do to me?" {Psalm 118:6}

What I've Been Loving This Week!

You can click these links! 

Currently, I'm listening to a playlist called "Sarah's Rainforest." I made it for my

dog, Appa who gets anxiety when thunderstorms come around here in Florida. It was originally called, "Appa's Rainforest," but google mini wouldn't know what I'm saying when I told her to play it, haha! Listen to it here!

[Appa's Rainforest](#)

Love,
Sarah Nathalié



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