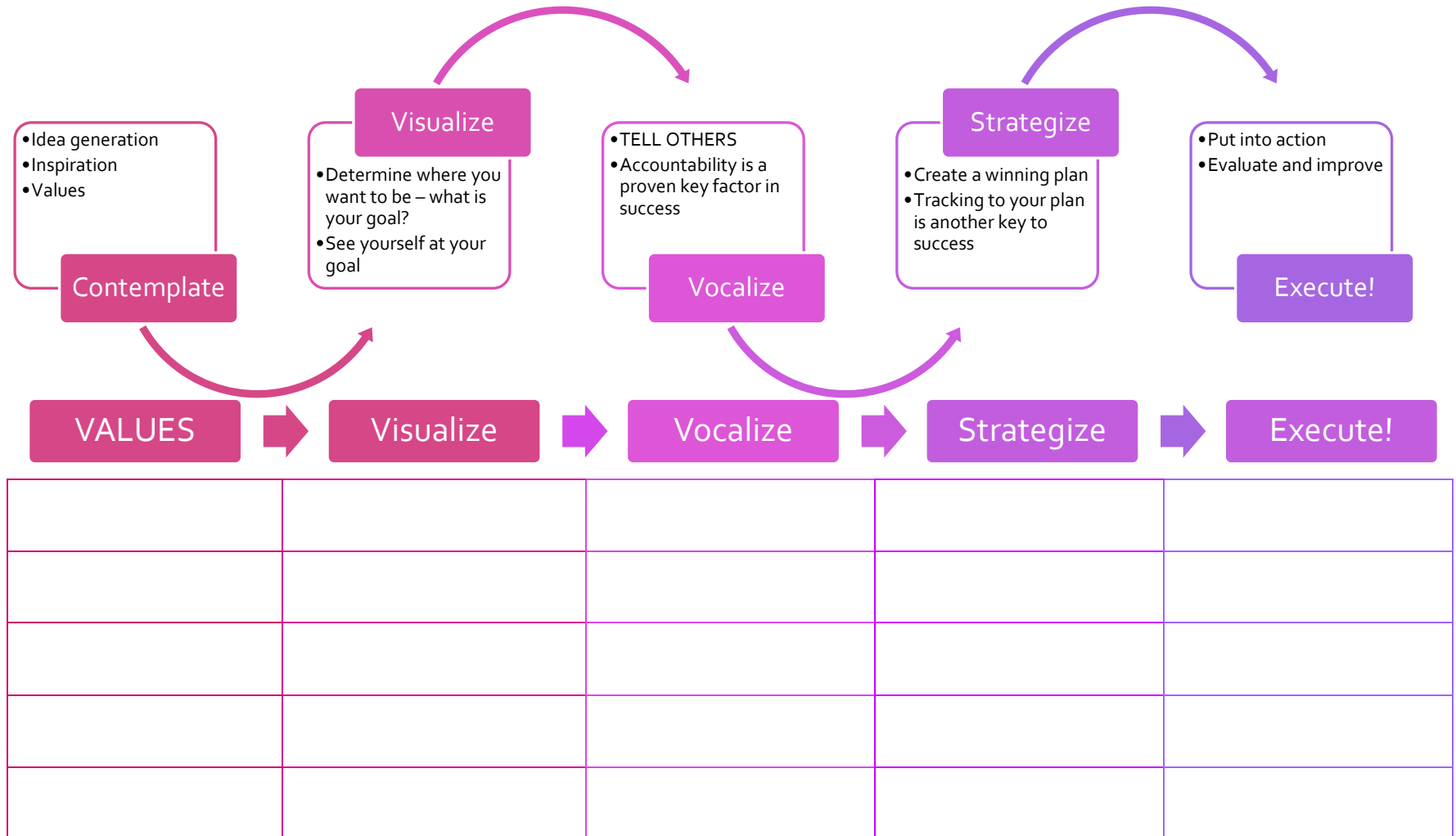


My 6 month Goals



Weight _____

Fat Mass (%) _____ / _____ Muscle Mass (%) _____ / _____

Bone Mass _____