



- Only players carry their equipment and bags.
- When you walk into DK or practice, look people in the eye and say HELLO.
- Bring all your gear to practice. It's your responsibility and yours only. If you're not sure– bring it.
- Black socks, cleats, white pants, black belt always. We wear black, light blue, gray and white shirts/sweatshirts only for practice and Parisi.
- Keep your equipment & cleats clean. Parents spend lots on gear. The least you can do is take care of it and look sharp wearing it.
- Begin concentrating and start getting focused for practice and games upon arrival to DK or the field.
- If you are late, no problem. HUSTLE to practice and get ready to join the team.
- You set the standard for your performance, not the coaches.
- You are going to make lots of mistakes and have many, many failures. No crying. Take a big, deep breath and realize you are simply 1 play closer to success.
- Our signs, when on base, are very simple. If you're not sure of a sign – make the coach run them again.
- No hoods on when you walk into DK.
- You will not always like everything you hear from us. Prove us wrong.

**Coaches are here to get the best out of you and push you to test the limits of your ability. We always want the best for you.**

**We're all on the same team and here for you with any questions you may have or skills you want to learn.**



# **10 THINGS THAT REQUIRE**

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# **ZERO TALENT**

- Always Hustling**
- Making An Effort**
- Being High Energy**
- Having A Positive Attitude**
- Being Passionate**
- Using Good Body Language**
- Being Coachable**
- Doing A Little Extra**
- Being Prepared**
- Having A Strong Work Ethic**