ZZZ Room Checklist

Hatch nightlight

- Blackout shades/curtains
- Cord wall covers
- Outlet covers
- Clear out all stimulating toys
 - Fan (ceiling or standing)
- Lovey or stuffed animal
- Tight fitted sheet
 - Light blanket or sleepsack (depends on age)
- Remove tv or screens
- Very simple toys, books
- Anchor furniture to the wall
- Video monitor