



ADAPT

CIRCULATE

ENERGIZE

HYDRATE

REBUILD

RESET

GPS

NAVIGATE TO YOUR PEAK PERFORMANCE

PRE-WORKOUT

GPS





PRE-WORKOUT

ADAPT



- Boosts mood*
- Minimizes stress and feeling of anxiousness*
- Lessens mental and physical fatigue*

Adaptogens – specific botanicals and botanically-derived compounds that support the body’s adaptation to stress

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PRE-WORKOUT

CIRCULATE



- Relaxes arteries to improve blood flow*
- Enhances delivery of energy at the cellular level for greater physical activity*
- Helps preserve lean body mass, protect muscle tissue and elevate physical output*

Amino Acids –organic compounds

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DualCarb (isomaltulose, dextrose)

- Proprietary blend of fast and slowly digested carbohydrates
- Body needs carbohydrates that can be broken down quickly as an immediate source of energy
- Isomaltulose, a slowly digested carbohydrate, delivers a sustained source of energy

DualCarb is included in: Circulate, Energize, Hydrate, Reset

GPS

PRE-WORKOUT



ENERGIZE



- Boosts metabolism*
- Activates muscles*
- Builds lean body mass, when combined with exercise*
- Includes DualCarb Amino Acids – organic compounds.

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INFORMED-SPORT
Trusted by sport

DURING-WORKOUT





DURING-WORKOUT



HYDRATE



- Rapid absorption through osmolality
 - Osmolality is the concentration of active ingredients to the added water.
- Less sugar than similar products
- “Tops off” important nutrients during activity for improved performance*
- Includes DualCarb

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POST-WORKOUT





POST-WORKOUT

REBUILD



- Nourishes muscle tissue after exercise
- Allows for fast restoration and enhanced muscle conditioning and growth*
- Improves energy transformation within muscles

Creatine – is an organic acid that helps maintain high-level energy in cells throughout the body, particularly the muscles and the brain which require a lot of energy.



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BEDTIME



RESET



- Supports proper balance of growth hormone (HGH), cortisol and testosterone
- Helps maintain lean body mass*
- Encourages restful sleep*
- Aids the reduction of stored body fat*
- Includes DualCarb

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BEDTIME

RESET AMINO ACID COMPLEX BLEND



- L-arginine pyroglutamate
- Beta-hydroxymethylbutyrate (HMB)
- Calcium salt
- L-leucine & more



Approved for Olympic, professional and collegiate athletes.





Informed-Sport Certification

- Certified GPS products have been identified by the Informed-Sport logo
- This validates products to be free of banned substances through LGC, and anti-doping laboratory organization and are certified through their Informed-Sport program.
- Reassures anyone who faces drug testing, elite or amateur athlete, a coach, a nutritionist that our products are free of banned substances.



CONTACT ME:

GPS

GPS PLAYBOOK

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Manufactured and Developed in the USA exclusively for:
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LIVEPURE.COM

PURE
PEOPLE UNITED REACHING EVERYONE



**NAVIGATE TO
YOUR PEAK
PERFORMANCE
WITH GPS.**



GPS products by PURE deliver the nutrients you need to optimize your performance before, during and after your workouts and help you recover while you sleep. **No matter what your activity level** – professional athlete, fitness enthusiast or backyard gardener – put these products into play so your body can perform at its best.

TEAM UP WITH GPS TODAY!

Stay active, nourish your body, and discover a healthier, stronger you.

MVPs

Use the products as a system for best results, or customize them to meet your individual needs. The GPS line can benefit all ages and lifestyles; for consumption by children, review each product label for recommended use.

BEFORE ACTIVITY

ADAPT /// adapt to additional physical stressors*

CIRCULATE /// circulate nutrients to muscles and organs*

ENERGIZE /// energize physically and mentally*

DURING ACTIVITY

HYDRATE /// hydrate with fluids, electrolytes and biochemicals

AFTER ACTIVITY

REBUILD /// rebuild and repair muscles and restore energy reserves*

AT BEDTIME

RESET /// reset your physiology to promote improved body composition*

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GPS Pack

Includes Adapt, Circulate, Energize (sticks or tubs), Hydrate (sticks or tubs), Rebuild and Reset. Hydrate is available in Fruit Punch or Grape flavors.

GPS Pack	264.95 R	234.95 P	199.95 W	100PV
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R=Retail | P=Preferred | W=Wholesale

PRE-WORKOUT



**THERE ARE NO LIMITS
WITH PROPER NUTRITION
AND FITNESS.**



GPS ADAPT

Pre-workout supplement helps the body adjust to rigorous workouts and helps you to reach your peak performance*

- Boosts mood, minimizes stress*
- Maximizes energy output and utilization*
- Lessens mental fatigue*

60 vegetarian capsules

Capsules	46.95 R	40.95 P	34.95 W	25PV
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“GPS Adapt is a product for everybody. You don’t necessarily have to be an athlete. It helps your body recover quickly, it helps your body deal with stress and it helps you feel great.”

– CHRIS F. INDEPENDENT BUSINESS OWNER

For proper usage, please see product label.

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PRE-WORKOUT



GPS CIRCULATE

For optimal performance, take Circulate to get the blood moving in all the right places.*

- Relaxes arteries to improve blood flow*
- Enhances delivery of energy for greater physical activity*
- Helps preserve lean body mass and protect muscle tissue*
- Available in NEW Strawberry Kiwi flavor

7.9 oz (225 g) tub

Tub	39.95 R	34.95 P	29.95 W	20PV
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"In my experience as both a coach and an athlete, GPS is hands down the absolute best, most comprehensive performance product line on the market."

- JASON J. INDEPENDENT BUSINESS OWNER

For proper usage, please see product label.

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GPS ENERGIZE**

Pre-workout drink provides immediate energy.*

- Boosts metabolism*
- Activates muscles*
- Builds lean body mass, especially when combined with exercise*
- Available in Cherry flavor



KID-FRIENDLY PRODUCT

10.6 oz (300 g) tub, 30 (0.35 oz/10 g) stick packs

Tub	44.95 R	39.95 P	33.95 W	20PV
30 Stick Packs	52.95 R	46.95 P	39.95 W	25PV

"GPS takes your workout to a whole new level. Your endurance sky rockets and goes through the roof."

- CHRIS F. INDEPENDENT BUSINESS OWNER

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**Not recommended for those sensitive to caffeine.

DURING-WORKOUT



GPS HYDRATE

During-workout sports drink quenches thirst naturally. With its precisely formulated osmolality, GPS Hydrate is efficiently absorbed by the body for faster hydration.*

- Improves absorption speed through proper osmolality*
- "Tops off" vital biochemicals throughout activity for improved endurance*
- Contains less sugar than similar products
- Available in Fruit Punch and Grape flavors



KID-FRIENDLY PRODUCT

10.6 oz (300 g) tub, 30 (0.35 oz/10 g) stick packs

Tub	39.95 R	34.95 P	29.95 W	20PV
30 Stick Packs	46.95 R	40.95 P	34.95 W	20PV

For proper usage, please see product label.

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POST-WORKOUT



GPS REBUILD

Post-workout sports supplement promotes muscle recovery and muscle tissue maintenance.*

- Supports muscle healing and growth while also restoring vital energy substrates*
- Decreases soreness and increases strength after exercise*
- Take immediately to 60 minutes after activity for quick replenishment
- Available in Chocolate flavor



KID-FRIENDLY PRODUCT

1 lb. 10.5 oz (750 g) bag

Bag	52.95 R	46.95 P	39.95 W	25PV
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BEDTIME



GPS RESET

Bedtime supplement supports the natural release of growth hormone (HGH) while you sleep.*

- Helps build and maintain lean body mass*
- Encourages restful sleep*
- Promotes fat metabolism*
- Available in Orchard Spice flavor

9.5 oz (270 g) tub

Tub	64.95 R	57.95 P	48.95 W	30PV
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**PREPARE TODAY TO BE AT
YOUR BEST TOMORROW.**



PARENT'S PLAYBOOK

HELP THEM MAKE ALL THE RIGHT MOVES!

Active kids need quality nutrition. Ensure their needs are met on the court, on the field and in the gym with GPS. Their rapid growth, increase in muscle mass, and hormonal changes may influence their nutrient and fluid needs in unique ways.

GPS Kids' Pack

Includes Energize sticks, Hydrate sticks and Rebuild. Hydrate is available in Fruit Punch or Grape flavors.

Kids' Pack | 134.95 R | 119.95 P | 99.95 W | 50PV

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GPS ENERGIZE**

Children 6 through 12 years of age: Add a ½ packet, or ½ scoop, to 4-6 fl. oz. of water, mix thoroughly and drink immediately. Do not exceed a ½ serving per day. Contains 55mg of caffeine per ½ serving.

Teens 13 through 17 years of age: Add 1 packet, or 1 scoop, to 8-10 fl. oz. of water, mix thoroughly and drink immediately. Contains 110mg of caffeine per 1 serving. Do not exceed 1 serving per day.

GPS HYDRATE

Children 4 years of age and older: Add 1 packet to 8 fl. oz. of water, mix thoroughly and drink. Do not exceed 2 servings per day.

GPS REBUILD

Children 12 through 17 years of age: Add 1 packet, or 1 scoop, to 8-10 fl. oz. of water, mix thoroughly and drink immediately. Do not exceed 1 serving per day.

GPS Adapt, GPS Circulate and GPS Reset are not recommended for children under the age of 18 years.

**Not recommended for those sensitive to caffeine.



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