

BORDER

echo



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CONNECTING SOUTHERN ARIZONA



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FEBRUARY EARLY CHILDHOOD EDUCATION AWARENESS MONTH

- Positive stable relationships
- High-quality childcare
- Preschool experience



Alfredo I. Velásquez
Santa Cruz County School Superintendent
&
Staff

2150 N. Congress Dr. #107
Nogales, AZ 85621
Phone: 520.375.7940



Border Eco Updates

For the month of February, Border Eco recognizes Christine Courtland a woman who is making a difference in the community.

Border Eco is honored to support remarkable women and their worthy causes. Seeing the changes that these women are making in the community is inspiring.

Please let us know if you know anyone who goes above and beyond to make a difference in our community. We would be glad to feature them in our magazine.

"This is your opportunity to shine"

Be a part of our "Border Eco community Facebook Campaign." Border Eco would like to invite community members to please post a picture on our Facebook account and encourage friends to like their picture and us on Facebook. Each month we will feature a picture of a community member who helps us generate the most likes on our Facebook page.

We will feature your picture, a brief interview on our magazine and Facebook page. This will help us build our fan base, while at the same time help put you on the spotlight. Remember likes have to be directly to your photo and our page in order for your picture to be selected. Become a part of our Border Eco community!



SPECIAL ANNOUNCEMENT

Border Eco Magazine now offers TV advertisement. Contact us for rates and channels to help promote your business in Santa Cruz County.

Our office is located on :
1071 N. Grand Ave. Ste. #122,
Nogales, Arizona 85621
(520) 461-4880

Email: contact@bordereco.com

Please send us information on any upcoming events, meetings, or programs to share with our readers.

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Promoting Healthy Students Initiative

Promoting Healthy Students is a grant-funded program sponsored by the United States Department of Justice under the “Stop The Violence” programs. The office of the Santa Cruz County Superintendent, Alfredo I. Velásquez was approved for funding early in the fall of 2020. The program partners with schools, agencies, and law enforcement leveraging resources to reduce incidents of violence in our county. The goal is to create safer learning environments by enhancing school safety through training and proactive measures.

The first phase of the grant began with the sponsorship of Red Ribbon Week. Many schools participated in conjunction with various law enforcement agencies. In November, PHSI held a local “Meet and Greet” event in the Santa Cruz County Complex Patio. Agencies and schools came together to network and share information. Approximately 100 participants attended the event. Over 20 agencies shared their resources and information. The event was broadcast live on Facebook through “We Love Nogales”. Additional activities include Trauma Informed Training for school staff and educators. To date, trainings have been held at 7 county schools either virtually or in-person.

As the project progresses, plans include the formation of a group of Social Emotional Health Coordinators recruited from all participating schools. The group will help disseminate information on Social Emotional Learning and will collaborate in the institution of an Anonymous Reporting System Pilot program. To learn more about PHSI, please contact Grant Director, Teresa A. Sprigg (tsprigg@santacruzcountyaz.gov) or PHSI Coordinator, Lizette Montoya (lmontoya@santacruzcountyaz.gov).





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Discover everything possible at the Pimeria Alta Museum

Pimeria Alta is a place to discover everything that is possible. Pimeria Alta is the Historical Society and Museum run by the Board of Trustees. It has been in Santa Cruz County for over 122 years. PAHS was formed in 1948 by a group of twenty-eight concerned citizens as a way to preserve the culture and history of Ambos Nogales.

During the 1980s, the council of Nogales turned the Old City Hall, which was built 1914-15, into a museum. Members of the Nogales Volunteer Fire Department were instrumental in the adaptation process. The Museum is still open five days a week today. Visitors mostly come from Nogales, Arizona and Nogales, Sonora, Mexico, but many hail from other states as well. There are also tourists from countries all around the world.

According to Pimeria Alta Historical Society President Christine Courtland, "non profit organizations face daunting challenges, but I hope to use my communication and organizational skills to spur community awareness and involvement in our historical society. As we all adjust to economic and health challenges here on our amazing, vibrant border, I believe I can contribute by continuing to build strong relationships."

The PAHS is rooted in the original territories of the Tohono O'odham and Upper Piman indigenous nations, which were given to a Jesuit priest named Padre Eusebio Francisco Kino, who established them as Pimeria Alta.

During the period between 1687 and 1711, he explored and mapped the region north to the Gila River, south to Altar Valley in Sonora, east to the San Pedro River Valley, and west to the Gulf of California.

Ranchers, miners, and railroad companies became a part of the area's development. Peddlers and settlers from Spain, Prussia, France, England, Lebanon, Greece, and Russia came looking for opportunities.

"We have a wide collection of items that represent the many people who contributed to this settlement. Pimeria Alta offers free admission, the public is welcome to view permanent as well as rotating displays and exhibits, and historical photographs. Alma Ready Library contains over 1200 volumes, which are accessible online. Oral histories are being collected. Events are held seasonally to support school-age children, to provide guided tours, and to present guest speakers. Alta," reports Courtland.

We work closely with Nogales Community Development, City of Nogales, Santa Cruz County, Country Fair White Elephant in Green Valley, Tumacácori National Historical Park, Santa Cruz Advocates for the Arts, Nogales/Santa Cruz County Chamber of Commerce, Community Foundation of Southern Arizona, and recently Nogales Buffalo Soldiers Legacy Foundation.

One paid employee serves as a receptionist. Proyecto Ayuda, a social services organization currently provides two helpers. Volunteers from the community assist with supervision and special events, as needed. Ten active Board members donate hours to museum activities, design exhibits, help with repairs and upkeep of materials.

Our organization is the only one of its kind in the United States, and perhaps the world. Due to our location in the Old City Hall with a clock tower, and geographically prominent at the end of I 19 downtown Nogales, the museum is visible. Those driving south can't miss it. Visitors crossing the Arizona-Mexican border at Dennis DeConcini Port of Entry have easy access as pedestrians or by vehicle, many are walk-ins.



Find us on YouTube!
Scan the barcode

Discover everything possible at the Pimeria Alta Museum

“Our collection is unique to this community, with emphasis on the Pimería Alta. It includes antiquities, ephemera, archives, local newspapers, maps, postcards, books and family publications,” said Pimeria Alta Historical Society President Christine Courtland.

For those interested in visiting the museum or being a part of our family visit us at:

Pimería Alta Historical Society & Museum

136 N Grand Avenue

P.O. Box

Nogales, AZ 85621

Phone: 520.287.4621

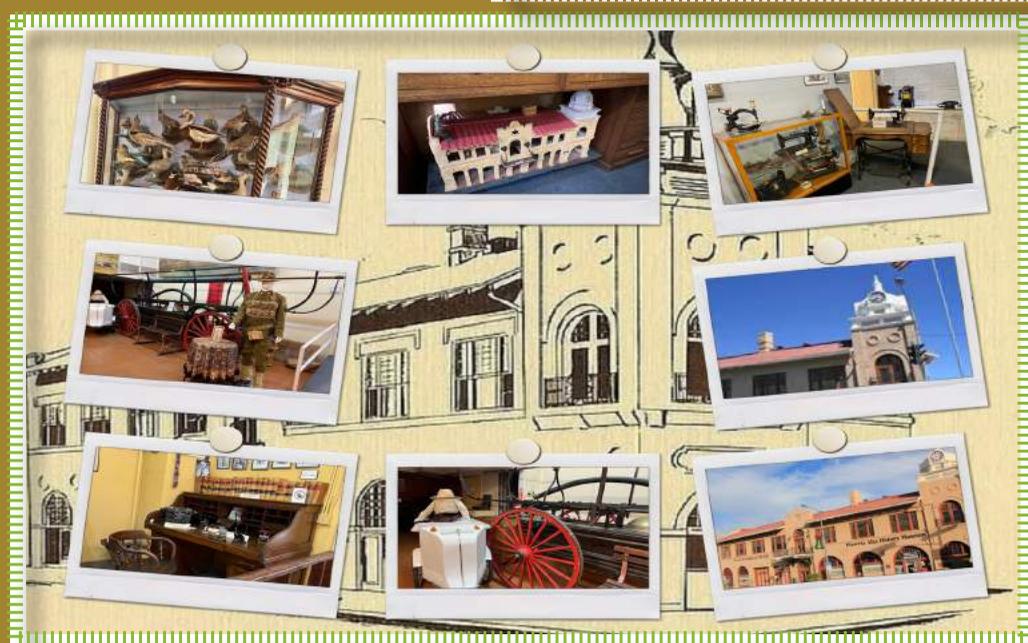
Email: pahsmuseum@gmail.com

Website: pimeriaaltamuseum.org

Online library book information: pimeriaaltamuseum.pastperfectonline.com

Hours of operation: Tuesday-Friday 11am-4pm, Saturday 11am-2pm

Membership starts at \$35



"TEAMWORK-TOGETHER WE ALL WIN!"

A record number of cases have been reported for the past couple of weeks. It was the highest number of cases reported in the entire pandemic. Santa Cruz County has also seen an increase in Covid patients hospitalized. Mortality rates have remained essentially unchanged. The test positivity rate in Santa Cruz County is very high, suggesting that cases are being significantly undercounted.

Working towards a common goal is what teamwork is all about. Together we all win! Making Connections 4U, Borderlands Food Bank, Global Automotive Surplus LLC, and Manuel Huerta Trucking collaborated on distributing hand sanitizer across the county this past week in efforts to decrease the number of COVID cases. The goal of the joint team effort was to provide first line workers and schools with the tools they need to stay healthy.

Manuel Huerta Trucking was instrumental in getting pallets of hand sanitizers delivered to the Nogales and Santa Cruz Valley Unified School District.

"Never doubt that a small group of thoughtful, committed people can make a change in their community. Our goal is to help decrease the number of COVID cases in Santa Cruz County by providing our schools, local health clinics, non-profit organizations, and government agencies with hand sanitizer. We are extremely grateful to Global Automotive Surplus, LLC Eric Oanes for donating to our organization the hand sanitizer," said program volunteer Nadia Sandoval for Making Connections 4U non-profit organization.

"Hand sanitizer was a hard-to-find commodity last year. The donation is greatly appreciated. We provided hand sanitizer to the first responders, as well as our essential workers," said the director of Nogales Housing Authority Robert Thompson.



We are grateful to the organizations and people who contributed to the museum. Members of our board John Blake, Kathleen Escalada, José Ramón Garc*a, Renée Baffert Guevara, Evan Kory, and Lois Morris are dedicated to providing ongoing advice and expertise.

I would like to acknowledge Board member Sigrid Maitrejean for sharing her distinguished international skills and knowledge. Faith Posey for her meticulous designs and a wide range of creative expertise displayed in many displays; Kiki for handling our financial needs over the years.

Our volunteers, especially Bernie McCullough on Tuesdays, ensure that we are open five days a week and come when needed. Furthermore, we want to thank the City of Nogales, especially the Public Works Department, the Nogales Fire Department, and the Santa Cruz County School Superintendent's Office for their continued support.

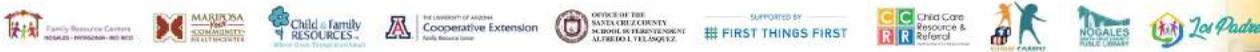


*Christine Courland
President of Pimeria Alta
Historical Museum*

February Early Childhood Education Awareness Month Igniting a Brighter Future

Our Children do better in school and life when they have:

- ✓ Positive stable relationships
- ✓ High quality child care
- ✓ Preschool experience



PEOPLE WHO "ECHO" CHRISTINE COURTLAND

In February, Border Eco selected Christine Courtland as a person who "echoes" in Santa Cruz County. She was elected President of Pimeria Alta Historical Museum in July 2021. Courtland oversees the daily operations of the museum. She was a librarian/archivist who reported to the Board of Trustees and was invited to join as a board member. She assisted with event and exhibition planning. She currently writes the quarterly newsletter "Pimeria Post," which is mailed to its members. Many lifetime experiences led her to the position she currently holds at the museum.

Christine was born in Davenport, Iowa. She was raised in Pleasant Valley near Bettendorf until she was nine years old when her family moved to Moline, Illinois until 1967 after graduating from Moline High School. She attended and graduated with a Bachelor of Arts in Elementary Education from the University of Arizona in 1971. She married in 1971 David Courtland in Tucson. Since her family relocated to Nogales from Sells, AZ in 1979, she has been an active member for PAHS.



Our children attended summer camps there and we enjoyed getting involved in local happenings. In 1982 a huge Nogales Centennial celebration was held honoring Pioneer families, in which her husband's family belonged.

The Rochlin family from Russia settled in Nogales in 1917. The Courtland's have lived in Santa Cruz County for 43 years. They have 3 children Samuel born 1974 in Cuernavaca, Morelos, Mexico, Lily born 1978 in Tucson, and Nathan born 1983 in Nogales, Arizona.

She was introduced to PastPerfect software in 2006, which she used to catalog scattered books in the library. Volunteering twice a week for six years, she entered over 1200 volumes, repaired some, and reshelfed them found in Pimeria Alta Museum's collection using PastPerfect software.

Since then, she has been reporting to the Board and has been invited to join. From 2015 to 2016, she planned and organized a time capsule to replace the 1915 one, which had been placed inside the cornerstone of the building by the Nogales Volunteer Fire Department.

She has been collecting items from local businesses, government agencies, schools, railroads, and service clubs in order to display them at the museum. Cortland made library book records available online in 2018.

Her hobbies include reading, traveling, gardening, foreign film, arts and crafts, staying fit and eating healthy food. Passions include non violent action against oppressors, reusing repurposing things, supporting good acts, the great outdoors.

"Pimeria Alta Historical Society collects, maintains and provides access to its historical collection to the public. We have research materials and interviews available in English and Spanish. We organize special events, exhibits and guided tours. We have our annual children's summer camp that is offered free of charge for elementary age kids from both Santa Cruz County and Nogales, Sonora, Mexico. The museum would not have survived all these years without a group of industrious people. Economic and pandemic challenges make it more difficult to carry on traditions, but I have no doubt that Pimeria Alta Historical Society & Museum will stand the test of time," said Christine Courtland.

LET'S TALK HEALTH

Heart Health Awareness

February is American Heart Month! Did you know that people who have close relationships at home, work, or in their community tend to be healthier and live longer? One reason, according to the National Heart, Lung, and Blood Institute (NHLBI), is that we're more successful at meeting our health goals when we work on them with others. NHLBI launched the #OurHearts movement to inspire us to protect and strengthen our hearts with the support of others.

Here are some facts, how-to tips, and resources to inspire you to join with others, even if you can't be physically together, to improve your heart health.

Heart disease is a leading cause of death for Hispanics/Latinos in the United States. Health problems that increase the risk of heart disease are common in Latino/Hispanic communities, including being overweight and having high blood pressure, high cholesterol, and diabetes. People with poor cardiovascular health are also at increased risk of severe illness from COVID-19.

Did you know?

Hispanic/Latino women ages 20 and older in the United States: 79% are overweight, 32% have high blood pressure, 39% have high cholesterol, and 14% have been diagnosed with diabetes.

Hispanic/Latino men ages 20 and older in the United States: 82% are overweight, 31% have high blood pressure, 40% have high cholesterol, and 15% have been diagnosed with diabetes.

Why Connecting is Good for Your Heart

Feeling connected with others and having positive, close relationships benefit our overall health, including our blood pressure and weight. Having people in our lives who will motivate and care for us helps, as do feelings of closeness and companionship.

Follow these lifestyle tips to protect your heart. It will be easier and more successful if you work on them with others, including by texting or phone calls if needed:

- *Be more physically active.*
- *Maintain a healthy weight.*
- *Eat a nutritious diet.*
- *Quit smoking.*
- *Reduce stress.*
- *Get 7-8 hours of quality sleep.*
- *Track your heart health stats.*



You don't have to make big changes all at once. Small steps will get you where you want to go. If you need assistance with your chronic condition and would like to learn more about our health and wellness classes, please contact Mariposa Community Health Services Department at 520 375-6050 and ask to speak with a Lifestyle Coach.



**Follow us on Facebook at:
Bordere Echo**

Let's Talk Health

National Children's Dental Health Month

February is National Children's Dental Health Month! During the entire month of February, the American Dental Association (ADA) honors and recognizes dental professionals and all who are passionate about children's healthcare. Take this time to increase awareness about pediatric dental hygiene – and find out how you can best support your child's dental care.

What is National Children's Dental Health Month?

The ADA's Children's Dental Health Day was first celebrated on February 8, 1949. It became a month-long commemoration in 1981. 40 years later, children's dental health continues to be promoted throughout February for National Children's Dental Health Month (NCDHM). Celebrating children's oral health awareness is incredibly important for the community. Tooth decay remains the most common chronic childhood disease. Continuing educational programs and prevention awareness will help motivate more parents and other adults to recognize the seriousness of children's dental disease.

Why is Children's Dental Health Month Important?

NCDHM raises awareness of the importance of teaching children good oral habits early to ensure a lifetime of healthy smiles. Parents or caregivers are essential and can promote children's dental health this month and throughout the year. Support children's dental health by working with dental professionals on specific topics such as:

Tooth decay

Getting your child familiar with their dentist's office

Preventing crowded teeth

Healthy gums in later years

Keeping up with daily oral care and visiting the dentist at least twice a year for an oral examination and professional cleanings are steps you can take towards a happier and healthier mouth! Setting the foundation for your child earlier in life will set your child up for success in the future.

Source: <https://www.colgate.com>

If you are interested in an oral health screening and fluoride varnish application for your child 0 – 5 please contact Mariposa Community Health Services Department Happy Smile Program with Denisse Romero at (520) 375 6050 ext 1322

OR

Schedule an appointment today with a Mariposa Community Health Center dental provider at Mariposa Dental at (520) 375 5032.



Mayor's Corner



Dear Friends,

The City of Nogales received a loan from the Water Infrastructure Finance Authority (WIFA) for approximately \$15,000,000.00. This loan historically is the first opportunity to prioritize comprehensive repairs and maintenance on water and sewer lines. The funding will enable the city to work on approximately 24 water and 14 wastewater projects. The design work started in October 2021. We expect to start construction by late summer of 2022 with an estimated completion date by the end of 2023.

Streets that are currently being paved or repaired to receive a surface treatment in the Monte Carlo Subdivision are: Calle Angelina, Calle Culiacan, Calle Piedras Negras, Calle Colimo, Calle Durango, Calle Chihuahua, Placita Socorro, Plaze Karina, Calle Empalme, Calle Nogales, Calle Carbo, Placita Melody, Calle Tampico, Calle Caborca, MonteCarlo Place, Madero Way, Calle Arizpe, Calle Trinidad, Placita Chihuahua, y Placita Carmen. In a similar manner, Kino Street and Manila Drive will also receive a surface treatment. Noon Street is currently under construction and scheduled to be paved in February 2022.

Many projects are underway, new sidewalks along Grand Avenue, Camino Del Sol Water/Sewer, and Paving, Old Tucson Road, Industrial Park Drive, Frank Reed Road, among other projects. We are continuously working on making Nogales a better place to live.



SAVE THE DATE!
Saturday, July 23, 2022
We need your support!
Participate in our 10th Annual back to school event!

Register to participate scan the QR-Code:



Register at www.makingconnections4u.org

NUSD JUMP & BACK
Making Connections 4U
BACK TO SCHOOL

Sheriff's Round-Up



We at the Santa Cruz County Sheriff's Office hope that your New Year is off to a great start! The Sheriff's Office will be kicking off the year with the graduation of ten new volunteer deputies who are completing our "Law Enforcement Assist" training program. This graduation will double the size of our volunteer program and will allow the Sheriff's Office to more effectively cover remote parts of the county in a cost-effective manner. In addition to the LEA program, our volunteer Search and Rescue Program always appreciates volunteers who are willing to search for lost individuals in the county.

Within the next month, the Sheriff's Office will be kicking off a student internship program with Rio Rico High School for those students interested in pursuing law enforcement careers. Speaking of law enforcement careers, the Sheriff's Office is on the lookout for persons interested in working in the County Detention Center and the County's 911 Dispatch Center which are both run by the Sheriff's Office. If you are looking for a job with good pay and good benefits, either of these opportunities may be something you would like to pursue. Sheriff Hathaway and his staff wish all the best to all the residents and visitors in Santa Cruz County and we hope you all have a joyous and prosperous New Year! -Sheriff David Hathaway



The Santa Cruz County Attorney reminds you to report violence Break the Cycle of Abuse

Warning signs of teen violence:

- **Checking cell phones, emails or social networks without permission**
- **Extreme jealousy or insecurity**
- **Constant belittling or put-downs**
- **Explosive temper**
- **Isolation from family and friends**
- **Making false accusations**
- **Constant mood swings towards you**
- **Physically inflicting pain or hurt in any way**
- **Possessiveness**
- **Telling someone what to do**
- **Repeatedly pressuring someone to have sex**

February is Teen Dating Violence Awareness Month
1 in every 5 high school students report being physically and/or sexually abused by a dating partner – Journal of the American Medical Association

You have the power!

**2150 N. Congress Dr.
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(520) 375-7780**

