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Happy

*4th of
July*



**Alfredo I. Velásquez
Santa Cruz County
School Superintendent
&
Staff**

2150 N. Congress Dr. #107
Nogales, AZ 85621
Phone: 520.375.7940

Border Eco Updates

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We want to thank our readers and customers for their continued support. Your support helps us report on the great people, events, and organizations who make a difference in our community.

Our goal is to help connect Santa Cruz County. Santa Cruz County is a unique bordertown rich in culture, and traditions. We are here to support our community.

Please send us any information on any upcoming community events, meetings, or conferences.

Don't forget to follow us on Facebook, YouTube or Twitter for the latest events, people, and organizations who make a difference in Santa Cruz County.

HELP WANTED

We are always looking for new talent. If you have an interest in sales, journalism, and photography send us your resume at contact@bordereco.com



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SCAN ME



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SPECIAL ANNOUNCEMENT

Border Eco Magazine now offers digital advertisement. Contact us for rates and locations to help promote your business in Santa Cruz County. We will design your ad and place in certain locations for the best visibility.

Our office is located on :
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Email: contact@bordereco.com

Please send us information on any upcoming events, meetings, or programs to share with our readers.

SANTA CRUZ COUNTY ATTORNEY'S OFFICE

Save the date!

October 2, 2023



We invite you!

It is time to paint your
t-shirt or banner!

**2023 Domestic Violence
Official Proclamation,
Peace Walk
Candlight Vigil**



*This event is open
to our community!*

You Have the Power!



Join us in promoting nonviolence by taking part in the Unity Peace Walk!

With this awareness event, we are beginning our National Domestic Violence Awareness Month in memory of the victims of crime who have lost their lives due to Domestic Violence, and in honor of all survivors and their families and the many dedicated professionals and volunteers who advocate on their behalf.

**For more information please contact the Santa Cruz County Attorney's Office at:
(520)375-7780 nsolorzano@santacruzcountyyaz.gov**

Echoes From the Hilltop

Border Eco Magazine is thrilled to showcase the exceptional work of Janice Johnson this month.

Janice has been a dedicated member of the Hilltop Gallery in Nogales for several years, consistently contributing her remarkable talent to the art community.

Janice Johnson has been a dedicated supporter of the Hilltop Gallery in Nogales for 40 years. She has helped children, youth, and adults find their artistic talent and her passion and dedication have paved the way for new artists. Although she is now retired and lives in Oro Valley, her work continues to touch each and every artist in our community. The Hilltop Gallery amazing work would not have been possible without her support.

Janice's journey began as a school teacher, where her passion for working with children and youth blossomed. After two decades in education, she embarked on a new chapter, managing the Patagonia State Park Lake and store alongside her husband. In the 1970s, her path intersected with the Hilltop Gallery, and she became an integral part of its story. Serving as the Historian/Exhibit Chairperson since 1972, Janice's extensive knowledge and expertise have ensured the preservation and celebration of the gallery's rich history.

"I am immensely proud of the work I have accomplished throughout the years," said Janice Johnson. "My unwavering dedication to inspiring individuals of all ages has truly made a difference in their lives. I am sincerely grateful to the Hilltop Gallery for providing me with the opportunity to teach and inspire others. Collaborating with numerous talented artists has been an enriching experience."

"I am genuinely thrilled about the new direction the Hilltop Gallery is taking under the leadership of Elizabeth Weatherbie," Johnson continued. "Her implementation of diverse programs has successfully encouraged artists to continue creating and exhibiting their work. With the inclusion of music and other forms of art, we are now witnessing a surge of young individuals actively engaging in the arts. This was a long-awaited aspiration that required someone with fresh ideas to propel us into a new era."

"I would like to express my gratitude to the City of Nogales and the Santa Cruz County Superintendent for their unwavering support of the Hilltop Gallery. Their funding and assistance have been instrumental in enabling us to provide art programs for the community. We are truly grateful for their partnership and commitment to promoting the arts," said Janice.

"I am grateful for the opportunity to have influenced numerous individuals in their appreciation for the arts," said Janice Johnson. "It is fulfilling to know that I have played a part in fostering their artistic growth. Collaborating with esteemed artists like Elizabeth Weatherbie, Karla Osete, and Evan Kory has been an absolute privilege. Together, we have witnessed the emergence of a new generation of talent and passion for the arts."

"I am delighted to see the establishment of two additional art galleries in our community," Johnson continued. "These galleries serve as sources of inspiration for young artists and encourage them to express themselves through their creations. Let us continue to support and nurture the artistic endeavors of our community."

Janice Johnson's unwavering support for the Hilltop Gallery in Nogales spans four decades, leaving an indelible impact on our community. Through her dedication, she has nurtured the artistic talents of countless individuals, from children to adults. Even in retirement, Janice's influence continues to shape the gallery's work. We owe the success of the Hilltop Gallery to her unwavering commitment. For information on how to donate or volunteer please contact Elizabeth Weatherbie Board President of the Hilltop Gallery at: (520) 287-5515 or visit the location at: 730 N Hilltop Dr, Nogales, AZ 85621



**Tubac Wins
"Best Small Town Arts Scene"
Three Years in a Row!**

Thank you for voting!

CONGRATULATIONS



*A Tribute to
Janice Johnson*



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TECHNOLOCHICAS CONFERENCE

On Thursday, May 4th at Patagonia Union High School, Santa Cruz County Middle Schools celebrated the 6th ANNUAL Santa Cruz County South32 Technolochicas Conference organized by the Santa Cruz County School Superintendent's Office led by Santa Cruz County School Superintendent Alfredo I. Velasquez and sponsored by the mining company South32. The Conference hosted approximately 90 middle school girls from Wade Carpenter Middle School, Desert Shadows Middle School, Calabasas School, Coatimundi Middle School, and Patagonia School. The three professional Technolochicas Karen Saldana living in Seattle but from Mexico, Alejandra Cortes Salazar from Monterrey Mexico, and Laura Adaline Robles living in Chicago but from Nogales, Arizona, spoke with the middle school students the obstacles and experiences they faced as Latinas working in STEM careers.

Along with the three Technolochicas, the students listened to another local Technolochica Angela Watt who is currently the Underground Engineer Manager for SOUTH32 for their Hermosa project located outside of Patagonia. After the speakers, the students were given the opportunity to operate an excavator and training simulator provided by Empire Cat Machinery, build and operate a robot instructed by Zigma Consulting, and learn about core samples from South32 employees. Another highlight of the event was when Nogales High School senior Mariana Montoya spoke to the middle schoolers about how her experience as a Technolochicas at Wade Carpenter Middle School inspired her to study computer science at the University of Arizona next year.

The conference was a celebration of a year-long after school course the middle schoolers took designed by the Televisa Foundation from Mexico. During the school year, the middle schoolers spent two to three hours a week being educated on how to code and learning about the journey of different Latina women in STEM professions. Currently, only 2% of the STEM workforce is Latina women. TECHNOLOchicas is an international initiative of the National Center for Women & Information Technology (NCWIT) and Televisa Foundation designed to raise awareness among young Latinas and their families about opportunities and careers in technology. South 32 is a global resources company, producing products that are used in nearly every aspect of our daily lives and they understand the important of working with local communities.

SCAN ME



TECHNOLOCHICAS CONFERENCE



HAPPY 4TH OF JULY!



"REGISTER TO VOTE"

**Anita Moreno
County Recorder**

Yolanda Kory, Chief Deputy Recorder
Rosa Anna Fajardo, Recording Clerk

Angel Aguilar, Recording and Elections Clerk
Monica Gutierrez, Recording Clerk

2150 N. Congress Drive, Suite 101
Nogales, Arizona 85621
Phone: (520) 375-7990

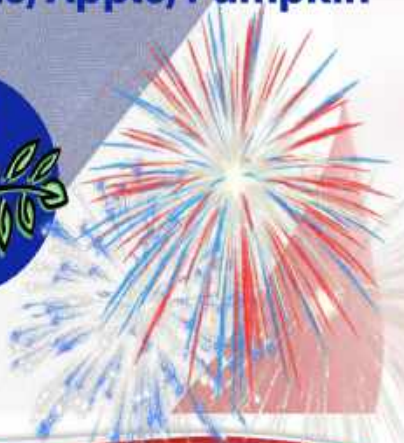


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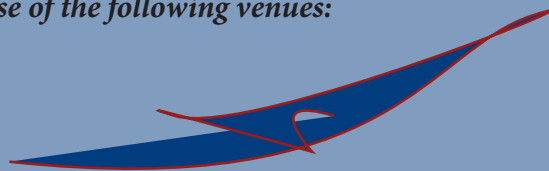
SCV35 Announces Summer Activities

To the Residents of Santa Cruz Valley Unified District # 35, I hope that you are enjoying a wonderful summer!

As the Community Outreach Coordinator for the SCVUSD # 35, it is my responsibility to ensure that we “bring the community into our district, and bring our district out to the community”. Ultimately, we would like to be the hub of our incredible community. We want to be the location where families can enjoy a walk around our new track / walking path, or have a friendly game of tennis. We want our neighboring youth / club teams to be able to use our fields and courts as they work on their athletic skills, and prepare to compete against other Southern Arizona teams. We want our local fine arts establishments to use our new Performing Arts Center for their recitals, programs and special performances.

At the present time, our district supports the community use of the following venues:

- Stadium Turf Field
- Tennis Courts
- Track
- Walking Path
- Grass Fields
- Performing Arts Center (PAC)
- Multi-Purpose Buildings
- Classrooms



There are also plans to ensure that Pickleball courts are available to our community. Discussions are taking place to have portable courts available to our community, and there is a strong possibility that there will be permanent Pickleball courts in our district in the future.

We are also excited to announce that our district Aquatic Center has an anticipated opening date of April 2024. As part of the Aquatic Center, there will be a splash pad for our younger community members, a diving bay, and a 25-yard, six-lane competition size pool.

We anticipate that the pool will be available for swim lessons, swim teams, water aerobics, lap swim, and of course, family fun time!

This is all possible because of our incredible community members who supported the recent 22.5 million dollar bond. We appreciate that you have trusted in our district and invested in what we stand for. We can never fully express how much your assistance means to our team. Thank you so much for your continued support.

John Fanning

SCVUSD #35 Community Outreach Coordinator



"New Beginnings, Endless Possibilities!"

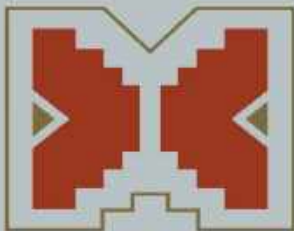
The graduation ceremony, jointly organized by the Santa Cruz Center, Pima Community College, and the Santa Cruz County Superintendent of Schools, took place on June 1 at Nogales High School. A total of 139 graduates participated in the event, which was held in the Nogales High School Auditorium. The stage was adorned with a visually appealing arc, showcasing the colors of the Santa Cruz Center - blue, orange, and white. Notably, the ceremony encompassed students from Pima Community College and Santa Cruz County Adult Education.

Brian Nelson led the proceedings, with Ms. Tatil delivering the keynote address. Additionally, Alfredo Velasquez, the Santa Cruz County Superintendent of Schools in Adult Education, and Dr. Morgan Phillips from Pima Community College shared their insights during the ceremony. Nicholas Fimbres and Zelma Mendez, both PCC students, served as speakers. The event concluded with the presentation of certificates, encompassing a range of degrees and certifications, including Associate of Applied Science, Associate of Business, Associate of Arts, and various specialized certificates such as Certified Nursing Assistant, Emergency Medical Technician, Bookkeeping, and Post Degree Certificate. Santa Cruz County Adult Education also awarded GED and ELLA completion certificates.

CLASS OF 2023

Dominique Acosta	Alyson Kathya Ceja Fatima	Danitzia Alejandra Leon	Michelle Renteria
Devora Ashley Acuna	Lourdes Chaira	Daniel Antonio Leyva	Daelyn Elissa Rhoden
Michael Alexander Adcock	Georgette Chavez	Barbara Lopez	Saul Alejandro Rivas
Hailee Alexis Aguilar	Sergio Francisco Cheang	Emily Fernanda Lopez Ornelas	Andres Rodriguez
Erika Adriana Aguirre	Andrea Alexis Collelmo	Hector Lopez-Garcia	Mariana Rojas
Jesus Eduardo Ahumada	Adrian Delgadillo	Rachel Elaine Martin	Montserrat Elizabeth Reyes
Rebecca Ahumada	Sarahi Diaz Ochoa	April Juliette Martinez	David Romero
Celina Alvarez	Daniel Dominguez	Zelma Mendez	Maria Guadalupe Romo
Laisha Alvarez	Juda Jair Dominguez	Daniel Miguel	Roberto I Ronquillo
Miguel Angel Angulo	Luz F Doyle	Manuel Eduardo Mota	Andrea Marisol Rosas
Dione Paola Armenta	Luis Echeverria Marquez	Celeste Amche Navarro	Kathleen Diane Routledge
Sebastian Aurelio Armenta	Isaac Orlando Eriksen	Lucely Anahi Nieto	Samuel Timothy Shaw
Isela Astorga	Kenneth Adiel Espinosa	Diego Nunez	CERTIFIED NURSING ASSISTANTS
Paola Jeanette Badillo	DaynaAlexandra Espinoza Gutierrez	Jennifer M Ocampo Melendez	SEPT. 2022
Alejandro Barcenas Barbieri	LuisMiguel Esquivel	Anna Celeste Olea	Rene Martinez
Roberto Berrellez	Leon Alejandro Estrada	Adilene Ornelas	Marilyn Castillo
Jacob Bolaina	Josue Andres Feria	Beatriz Ines Orr	Maria Castillo
Jaimie Bradsher	Jose Angel Fimbres	Dominique Maria Osorio	NOV. 2022
Rodolfo Buelna-Amarillas	Ruben Francisco Fuentes	Emmanuel Osorio	Keyla Moreno
Maria Valentina Cadena	Oscar Gallegos	Luzarely Osorio	APR. 2023
Ivonne Janet Campos	Sulette Garcia	Ajay Pacharne	Araceli Leon Alvarez
Ailyn Nicole Carrillo	Andrea Gomez	Jose Manuel Pacheco	Ivette Rivera-Renteria
Sherlyn Alexis Carrillo	Zayra Fernanda Gonzalez	Ruben Fernando Palomera	Raquel Olvera
Danitzia Carrizosa	Joseph Alfonso Guerrero III	Celeste Alejandra Parada	Carolina Haros
Mariana Casillas	Aidan Ismael Hernandez	Christopher Parra	Brenda Romero Garcia
Haeli Lynnae Castillo	Andre David Ibarra	Ximena Katriana Parra	GED HIGH SCHOOL EQUIVALENCY
Ramiro Eduardo Castillo	Rita Nohemi Ibarra	Justyn Yocupicio	Dulce Salcido
Crystal Fabiola Castrejon	Berenitze Haydee Javalera Rivera	Aileen Zavala	Gabriela Ibanez Islas
Adamari Castro Sepulveda	Ehren M Jimenez	Jonathan Ruelas	Monica Galaz Garcia
Ramses Gabriel Vazquez	Alicia Nicole Verdugo	Jacqueline Ruiz	Elisa Jimenez Cardenas
Jesus Vega	Karin Julian Villa-Trevino	Ruben Saavedra	Sonia Franco
Martha Veronica Venegas	Victoria Miranda Villasenor	Emmanuel Alejandro Salazar	ADULT EDUCATION STANDARDS
Fabian Andrew Winters	Alejandro Soto	Maria Alexandra Sanchez	(ELAA)
Karina Guadalupe Yanez	David Abram Teran	Alexandra Michelle Schwamm	Cipriano Beltran Eguino
Mariana Valdez	Laysha Patricia Valdez	Eduardo Pena Rangel	Odisea Casorla Gutierrez
Linneth Osmara Valenzuela	Joaquin Korchmaros	Juan Miguel Pena	Fabiola Rendon
Carlos Vasquez	Ivan Dario Larios	JuanCarlos Perez	Joaquin Rodriguez Lozoya
Juliana Czarina Quiroga	Camila Ledezma	Marco Uriel Quijada	Marcela Ibarra

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LET'S TALK HEALTH

Why are our children and adolescents in Santa Cruz County diagnosed with Prediabetes & Type 2 diabetes? What can we do?

As a nutritionist working with families whose children and adolescents are diagnosed Prediabetes and Type 2 diabetes, I wonder why? What can we do to help our children and adolescents live a healthy lifestyle.

From my daily interactions with families, their children & adolescents, I hear the followings:

1. Families are too busy to watch what the children, adolescents are eating.
2. Families are very busy to have family meals. Family meals are proven to prevent drug abuse & prevent suicide among adolescents.
3. Families are offering fast foods, quick ultra-processed meals at home, because they have no time for preparing homemade meals.
4. Families cannot say no to fast foods when their children & adolescents ask for it.
5. Families are very busy to have time for physical activity.
6. Grandparents tend to spoil their grandchildren with sweet foods and drinks.
7. Grandparents tend to over feed their grandchildren even if the grandchildren said they are full.
8. Children and adolescents are not active and spending hours on their smart phones, tablets and TV or YouTube or Tick Tok etc. When the recommendation for physical activity is one hour daily.

What are the FACTS: From the CDC (Center for Disease Control and prevention)

1. The ongoing obesity epidemic in children and adolescents has greatly increased the prevalence of related comorbidities like type 2 diabetes.
2. 1 in 5 adolescents now living with prediabetes.
3. Prediabetes is an emerging health threat that can lead to type 2 diabetes.

What are the Risk factors that may increase your child's risk for developing pre-diabetes include:

- Birth weight over nine pounds.
- Having a parent with pre-diabetes or Type 2 diabetes.
- Mother with gestational diabetes during pregnancy
- Larger than average waist circumference
- Obesity during childhood
- Lifestyle habits like lack of physical activity & eating high fat/processed foods & drinking sugary drinks.

How can we prevent the prevalence of Prediabetes and Type 2 Diabetes?

Healthy Eating is Essential:

1. Don't drink your calories – limit fruit juices, soda, and other sugary beverages.
2. Avoid processed foods – opt for fresh, whole foods over fast food and packaged snacks.
3. Limit portion sizes – eat smaller meals and save the leftovers. Review suggestions on choosemyplate.gov.
4. Limit snacking between meals –Or snack on whole foods from the 5 food groups like fruits and veggies.
5. Limit eating out at restaurants – avoid the temptation of high-calorie or fried foods.

Routine Physical Activity is More Important than Ever? Sitting is considered the New Smoking!

Sitting is inevitable! Here's how you can ward off any negative side effects:

- Set a timer. Get up every hour and move. Stand, walk around, stretch. You can even download apps onto your phone to remind you!
- Watch your posture. Poor posture can lead to bone damage, decreased blood circulation, fatigue, and loss of muscle strength. If you must sit, keep your shoulders back, your chin tucked, and your stomach pulled toward your spine to keep muscles engaged, bones aligned, and circulation flowing.
- Take a stand. If you're able, why not opt for a standing desk? Standing desks have been proven to increase brain function, creativity, and productivity.
- Work it out. Commit to exercising every single day. Go on a walk during lunch. Plan to attend a fitness class. Choose the far parking spot. Every minute of physical activity counts!

"Prediabetes is reversible and to prevent and reverse prediabetes, it's important to help kids establish healthy physical activity routines throughout the day. Make sure children are getting up and moving around and engaging in physical activities away from their TV, laptop, or phone."

Resources: [MERCK Manual: 10/29/20 Andrew Calabria, MD, The Children's Hospital of Philadelphia Perelman School of Medicine at The University of Pennsylvania, CDC, Champions for Children's health.com The heart foundation.](#)



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**Happy
4th of July**

**Sheriff David Hathaway
&
All Sheriff's Office staff**



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(520) 761-7869**



Sheriff's Round-Up



The Sheriff David Hathaway and his team recently attended a community appreciation event sponsored by a local business. The event was a great opportunity for the Sheriff's Office employees to connect with the community they serve and protect.

The Sheriff's Office Detention employees also attended this year's JailCon23 held in Chandler, Arizona. The event provided a platform for the employees to learn about the latest developments in the field of detention and corrections. The employees took a group picture to commemorate the event and showcase their participation.

The Nogales Rotary recently honored local law enforcement, and the Sheriff's Office nominated Deputy Corporal Francisco Garcia for his exceptional performance. Corporal Garcia had performed a life-saving tourniquet on a Rio Rico resident who had severed one of his arteries on his arm. The Sheriff's Office is proud of Corporal Garcia's dedication to his duty and his commitment to saving lives.

Your Sheriff, David Hathaway



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**A Message from the
Santa Cruz County Attorney**

**Happy 4th
of July**

Celebrate Responsibly!

YOU HAVE THE POWER!

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