

BORDER

# eco



4 People who "echo"  
Francis Glad

## CONNECTING SOUTHERN ARIZONA



# Happy Thanksgiving



10 Carondelet Health Experts:  
Taking Care of Your Breasts



12 Delivering on a promise



14 Mayor's Corner-November

# Happy Thanksgiving

A Message from the  
Santa Cruz County Superintendent

***"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."***

***— John Fitzgerald Kennedy***



**Alfredo I. Velásquez**  
**Santa Cruz County School Superintendent**

**&**  
**Staff**

**2150 N. Congress Dr. #107**

**Nogales, AZ 85621**

**Phone: 520.375.7940**

# Border Eco Updates

We want to thank our readers and customers for their continued support. Your support helps us report on the great people, events, and organizations who make a difference in our community.

Our goal is to help connect Santa Cruz County. Santa Cruz County is a unique bordertown rich in culture, and traditions. We are here to support our community. Please send us any information on any upcoming community events, meetings, or conferences. Don't forget to follow us on Facebook, YouTube or Twitter for the latest events, people, and organizations who make a difference in Santa Cruz County.

We are always looking for new talent. If you have an interest in sales, journalism, and photography send us your resume at [contact@bordereco.com](mailto:contact@bordereco.com)



# CONTENT

**4 People that "echo"-Francis Glad**

**6 Teacher of the Year Awards 2020**

**7 Winner and Runner -Up**

**10 Taking Care of Your Breasts at Every Age**

**12 Delivering on a promise**

**13 Amado Youth Center**

**14 Mayor's Corner-November**

**15 We go the extra mile!**

# Happy Thanksgiving



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Please send us information on any upcoming events, meetings, or programs to share with our readers.

# People that "echo" Francis Glad

**This month's person who "echoes" in Santa Cruz County is Francis Glad.**

She is a Nogales native.

A typical Nogalense whose family has been here for many generations. In fact, her grandmother's grandmother was a midwife here in the 1940s. Her mother had fought alongside Pancho Villa. Francis has a picture of her great-great grandmother she inherited of her and Pancho Villa with her name written in pencil. Her great-gr grandmother was a "guerillera" standing on the side of the train in her long dress with a satchel of bullets across her torso. Francis is married, she has two sons, Adrian and little Freddy. She also has two granddaughters and a lovely daughter in law. She is creative and feels most comfortable where there's music, but loves to sing and dance. "When I grow up, I'd really like to be a writer and an advocate for positive change," said Glad.

Francis was recently elected to be the first vice-chair for the Santa Cruz County Democratic Party. She started as a volunteer in early 2019. Shortly after she was asked to become a Precinct Committee Person. She did not have the faintest clue of what that was at the time, so she did what anyone else would do, Google it.

A Precinct Committee Person is an actual elected position. It is the lowest level of elected positions but an important one, in terms of a community. In short, a PC is the bridge between a political party and members of the public. They build relationships with people and communicate their wishes to those running for office. They facilitate voting and voting registration by organizing.

Glad was later appointed within the local party to be a member of the Affirmative Action Committee for ADP, and then a spot on the executive board as a member at large. She has a Bachelor in Criminal Justice with a focus in human services. She has a Masters in Business Administration.

"If a person would like to begin a career in politics, becoming a PC is a great starting point. However, I see volunteering for the local Democratic Party as a way for any one person, who cares about the wellbeing of the community around them, who shares our values, to take action. Be it taking action in speaking up for vulnerable people, or simply offering a hand to register neighbors to vote. I see it as valuable public service, because when you look at the big picture, even the smallest thing that a person does, takes us a step closer to a better society. What is great about the party is that any person can help, regardless of experience, language or education. Every single person has something to offer.

Volunteering with the party also introduces you to the different levels of government work. If nothing else, volunteering, provides work experience while building on your communication and organizational skills," stated Glad.

"My future plans for the Santa Cruz County Democratic Party are to get more people involved so that every group has a seat at the table. We want to make sure our party grows and becomes more diverse".

"Individuals who have inspired me the most throughout my career are Connie Williams, Nanette, Aissa, Nick & Jonathan, Jerry, Dr. Molly, Mary, Rosanna, Billy, Fernando, Dolores, Fred, Adrian, Ernie, Carmen, Liz. I think I get inspired by just about everyone I meet. Do you know how many interesting people there are out there, who you would see as ordinary, but behind them, there is a world of inspiring stories? It's unfair to say that one person has inspired me more than another," said Francis Glad.

"I'd like to thank my family, friends, and especially my husband Fred and my mother Dolores for their support. Without them always having my back and trusting in me, I would not be able to do half of what I do. I want to thank Mary Darling for taking me under her wing and transferring her knowledge into my noggin. Also, all the friends I have made along the way that have made me feel welcomed, helped, and encouraged me.

"At the risk of sounding cliché, I think that helping citizens register to vote is right at the top of the list of accomplishments. Not only are you helping people exercise their right, but giving them the power to shape the direction they want their community, state, and country to move in. We have been seeing politicians win and lose, within the thin margins that one person, one vote, can make a world of difference. There is something indescribable about giving people a voice. In little over a year, I have been responsible for getting 200 new registrations and PEVL sign-ups," replied Glad.

Another accomplishment, I am extremely proud of occurred last November. I was one of those individuals who was involved in submitting a resolution for approval to the Nogales City Council. The resolution proposed was to urge the Arizona Legislature to hear and ratify an amendment to the constitution equal rights for men and women. The council then, voted unanimously to approve the ERA resolution.

I was also the main organizer for the Community Labor Day Picnic. It was a party sponsored event to commemorate the unions and workers. Six non-profit organizations, two local merchants, and two hundred and fifty people attended. I helped organize the BLM candlelight vigil, the unborn sanctuary city fiasco protest, save the post office, and about ninety-eight events since March 2019.

"I was attracted to volunteer for this organization because aside from seeing the state of affairs in our country since 2016, I was invited to join in on a few of the party's meetings. What I saw was a group of people who were genuinely caring and passionate about others. At one of the meetings, I heard someone say "What can we do?" about an issue being discussed. Around the table, each provided insight, and ideas. A decision of action was made. It was true, regular people can make a difference. I was hooked," replied Glad.



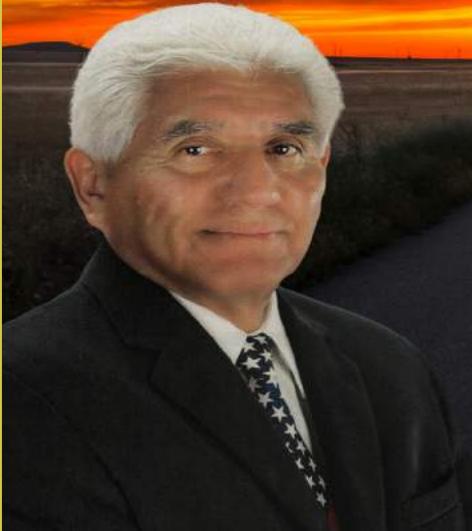
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# Happy Thanksgiving

A message from the Santa Cruz Sheriff

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# Happy Thanksgiving



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**2150 N Congress Dr. Suite 101  
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Phone: (520) 375-7990**

"Thankfulness creates gratitude which ,Generates contentment, That causes peace!"



# 2020 Teacher of the Year Awards

It is during these challenging times that we realize more than ever just how much our County educators do for our children. These exceptional teachers are there for our communities in so many ways. Residents of our county have come to realize how these educators convert into members of our family unit and are so significant in the lives of our children and homes. This year we had twenty-one 2020 Santa Cruz County Teacher of the Year nominees selected by their educational peers from their schools. Left to the task of electing amongst these incredible nominees, were five judges from across our County.

In early June the Santa Cruz County School Superintendent's Office held a virtual Zoom interview process with each of the twenty-one nominees. Also present at this interview were two representatives from the SCC School Superintendents Office and our five judges. After a long day of inspirational and heartening interviews with the twenty-one nominees, our judges chose Mrs. Michelle Sebert from Elgin School as 2020 Santa Cruz County Teacher of the Year and Mr. Nate Porter from Patagonia Union High School as Runner-up.

The virtual Teacher of the Year Awards Ceremony was held on Friday, October 30, 2020. All Nominees, Principals, Superintendent's, Judges and some members of the community were present during the event. Once the announcement of the winner and runner-up was made, all nominees were invited to drive up to the Santa Cruz County Complex parking lot (which was set up in a festive Super Hero motif) and pick up their prize platters. These platters consisted of trophies, cash, Chrome Book, BBQ Grill and certificates of over \$3800.00 for the winner and cash, Chrome Book, BBQ and certificates of over \$1800.00 for the runner-up. The nominees all received platters as well with trophies, cash, prizes and certificates of over 475.00 each. The SCC School Superintendent's Office and the Nogales Rotary Club would like to congratulate each of the twenty-one nominees and the two winners.

We would also like to thank our judges, Home Depot and Walmart for their dedication to our community.

We leave you with this quote from an unknown author:

**A teacher is like a candle...it consumes itself to light the way for others.**





**POW!**

**WOW!**

**SUPER!**

**AMAZING!**

**SPLAT!**

**POW!**

**MITE!**

Teacher  
Of the  
YEAR!

HEROES  
YOU  
YOU  
YOU

**SUPER  
HERO**

**EVERYDAY  
HEROES**

**AMAZING!**

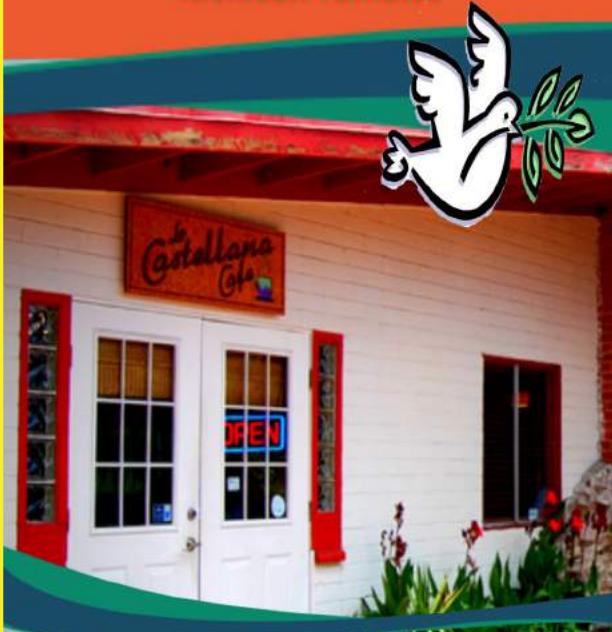
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Happy  
Thanksgiving!

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# Taking Care of Your Breasts at Every Age

Breast Cancer Awareness was in October, and as a breast cancer survivor herself, Dr. Karen Hendershott wants to remind women about the importance of regular mammogram screenings and taking care of your breast health at every age.

## **In Your 20s and 30s**

Learn what your breasts look and feel like - especially at different times in your monthly cycle. In your 20s and 30s, you may experience some breast pain or a degree of “lumpiness,” caused by changes in your hormones. Nipple discharge is usually only concerning if it is bloody or leaking out without stimulation. Many women can express some fluid from their nipples, particularly if they have ever been pregnant.

Bring up concerns about your breasts at your annual exam. It is important to know that breast pain is common and rarely associated with breast cancer. While breast cancer is rare during these years, it can happen - especially in women who have a family history or genetic mutation related to breast cancer at young ages. Don't ignore new masses or changes just because you are young.

## **In Your 40s**

During this time, the breast tissue becomes less firm and the breasts may stretch. Breast cysts can develop at this age or when you are younger - fluid-filled sacs within the tissue that can appear as lumps and are generally harmless. A breast ultrasound will be recommended to positively identify the nature of the lump.

**Starting at age 40, you should schedule a mammogram every year.**

Notify your doctor of any of the following breast changes:

- A new lump in or near your breast or underarm that doesn't go away with your period
- New thickening in the breast or armpit even if it doesn't form a clear mass
- Nipple discharge that leaks out on its own or is bloody
- A nipple pulled back or inverted into the breast
- Itching that doesn't go away or skin changes, such as redness, scales, dimples or puckers
- A change in breast size or shape

## **In Your 50s and Beyond**

As we go through menopause, the hormonal changes cause the breast to become less dense and they may change in size. As you go through menopause, fat will replace most of the breast tissue, leading to a lack of firmness and causing some sagging. It's during this time that breast cancer becomes the main health concern for your breasts.

**There are two things you can do to take care of your breasts as you age:**

- 1. Continue your annual mammograms.**
- 2. Be aware of how your breasts normally look and feel and report any breast changes promptly to your doctor.**

Early diagnosis of many types of cancer can greatly increase the chance of successful treatment. Since the COVID-19 pandemic began, appointments for screenings of breast, colon and cervix cancers were down by up to 94 percent compared to average



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“If you have missed, or are behind schedule for an important screening, like a mammogram or colonoscopy, you should not delay rescheduling these procedures,” stressed Dr. Hendershott. “We want the community to know that we have strict protocols in place to safely care for patients.”

**Holy Cross Hospital offers 3D mammography screening. To schedule your mammogram, call (520) 285-8092 to schedule an appointment or visit <https://www.carondelet.org/services/oncology/breast-health> for more information.**



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Thank you everyone who voted for me! I really appreciate all of your support, I wouldn't be here with you! I can't thank you enough!  
**Daniel Hernandez**  
**Thank you!**

# Delivering on a promise

Looking for the right insurance company to handle your insurance needs can be rather confusing, but it is important to find an agent who can help save you money while providing the best coverage. Finding a good insurance agent that understands your needs is hard to find. Jorge Guayante has over 27 years of experience working as an insurance agent. He first started working selling life and health insurance in Tucson, Arizona.

Later in 2003, he joined the Nogales Insurance Agency as a local insurance agent selling a variety of insurance products before the agency decided to close its doors in 2006. It gave Mr. Guayante an opportunity to purchase the business. As the agency owner in 2006, the opportunity arose to become an agency owner. Jorge Guayante is a Nogales native. Through the years, he has developed a connection with the community.

"I've come to know many local families and developed many relationships. This local connection has helped me to better understand the needs of my customers, especially when it comes to their financial needs. From retirement accounts to college savings I'm available to help customers with a variety of financial solutions.

"I am very fortunate I work in an industry where I get an opportunity to help people," said Jorge Guayante.

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# Youth-Powered

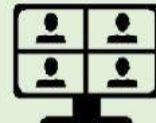


# Community-Driven

## All We Need Is You

Join us at the *Amado Community Alliance* as we bring the entire community together including our schools, law enforcement, and health professionals to support and promote life skills for youth, empowerment for parents, economic development, and neighborhood improvement throughout our community.

We Virtually Meet the 2<sup>nd</sup> Wednesday of the Month



## Help Us Build Our New Youth Center

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Community Alliance



The Amado Community Alliance is supported in part by the US SAMHSA Partnership for Success Grant, the AZ Governor's Office of Juvenile Justice and Delinquency Prevention and Pima County Community Development Block Grant and Department of Tourism and Economic Development through Portable Practical Educational Preparation, Inc. (PPEP). The Amado Chili Cook-off Randy and Rose Estes Classic Car and Motorcycle Show raises funds to build the Amado Youth Center and Support the Amado Youth Alliance.

Contact Tony Bruno at (520) 310-7712 or (en Espanol) Lorelin Ahumada (520) 909-1146

# Mayor's Corner

Dear Friends,

Events are a big deal in our community and this pandemic has already forced the cancellation of numerous occasions this year and since the holiday season is fast approaching the timing seems appropriate to provide you with information about upcoming events including the traditional Christmas Parade.

We all love the Christmas Parade and every year the number of participants and spectators grows, it is a huge event in the city. That said, it should come as no surprise that shutting down Morley Avenue and holding an event that draws hundreds of people is not a possibility under the current COVID-19 restrictions. For that reason, the Christmas Parade will be cancelled, and the Christmas Casitas will not be placed in Karam Park.

The Nogales City Council and I agreed that spreading Christmas cheer is very much needed during this time, however we value the safety and well-being of the members of our community more, and for that reason we have decided to forego holding large events for the remainder of the year. We will still put up Christmas lights throughout the city and encourage residents to decorate their homes and businesses as well.

Although we have encountered and will continue to face challenges, we have a great deal to be thankful for. As Thanksgiving approaches, I would like to wish you all a joyous and peaceful Thanksgiving. Let us care for, share and give in the spirit of kindness. Stay safe and God bless.



Happy  
Thanksgiving!



*As Thanksgiving approaches, we would like to wish the residents of Nogales, city staff and their families a joyous and peaceful holiday. May this season bring tranquility, joy and thankfulness for the blessings we have received, and bring hopefulness and promise for our days ahead.*

*Have a Happy Thanksgiving!*

*Mayor Arturo Garino and Nogales City Council*



# We go the extra mile!

Santa Cruz Auto Glass is a family-owned and operated local business where customers always come first. With over 7 years of experience in the auto glass field. It is one of the leading providers of auto glass repair in Nogales, Arizona. Santa Cruz Auto Glass takes pride in providing outstanding service and quality products.

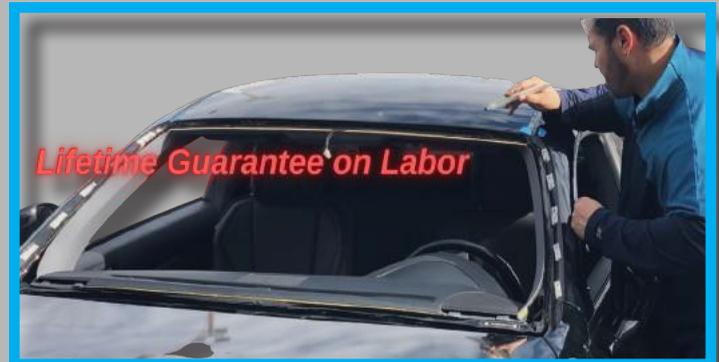
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Jorge D. Guayante Jr.

We Accept All Insurance Brands  
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**A message from the**  
**Santa Cruz County Attorney**

*Happy Thanksgiving*



**“REMEMBER, IF YOU DRINK, DON’T DRIVE”**

**“The more we express thanks, the more gratitude we feel. The more gratitude we feel, the more we express thanks. It’s circular, and it leads to a happier life.”**

**- Steve Goodier**



**You have the power!**

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