

WELCOME TO OUR
Home Design Newsletter

we're so glad you're here!



Photo by [Nathan Dumlao](#) on [Unsplash](#)

Value of Time

We're in the heart of summer and loving some time off with our families, doing everything we can outdoors, and the long hours of daylight every day. All of this has us reflecting a bit on the value of time. We work hard at what we do – from our design work to our roles in our families. Our time away from work is precious, and we know yours is too. Some of the biggest value we always aim to bring to our clients is giving them back time. We take the stress and work out of decorating or renovating your home so you can give your mental energy and time to the things in your life that bring you the most joy. We love what we

do and we love knowing that we help create homes where families can be comfortable and happy together. It's the best!

Product of the Month

We've used this [side table](#) for clients before and love its clean lines, petite size, and brass leg caps. Its woven design adds a great layer of texture to a room, and you can't beat the price!

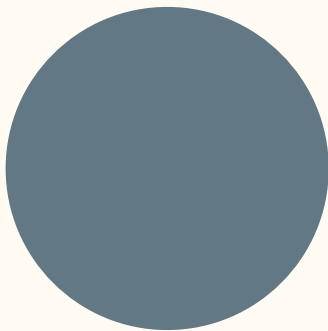


What have we been up to?

We have several projects in various towns we're really excited to be working on right now. Here are some of the highlights from this month:

- We're in the design stages for a large scale gut renovation in Lincoln. The house has a slightly modern feel to it and we're eager to apply our design skills to this kind of project.
- We're helping a couple decorate their newly constructed accessory dwelling unit (a detached in-law suite) in Concord.
- We're working on the design for a beautiful entryway and living room in a classic colonial style house in Belmont. It has great bones and we're thrilled to be a part of its evolution.
- We always have projects in different stages, and we're finishing construction on a couple projects in Arlington and Belmont as well.

Paint colors we're loving



Philipsburg Blue

Benjamin Moore

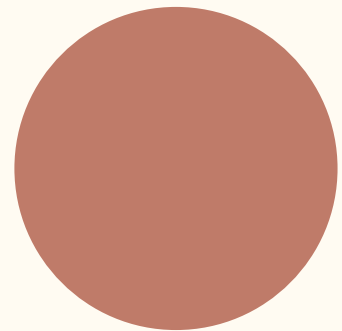
Also called Stillwater, this grayish blue conjures still waters at dusk. We're using it on a fireplace surround right now.



White Snow

Sherwin Williams

This cool, bright white maximizes the light in a space but is still serene. A great white for painting wood trim in a semigloss finish.



Red Earth

Farrow & Ball

This light terracotta hue is a rich blend of red and yellow pigments. We especially love this color on a door!

Quotable Moment This Month

"Time is one of your most valuable commodities and how you spend it determines what your life will be. You can either waste it, invest it, or give it away."

— *David Khalil*

July Design Tip

Have you heard the term “mental load?” It’s the invisible cognitive and emotional work involved in managing a household and family, including planning, organizing, and anticipating needs. It’s the behind-the-scenes labor that often goes unnoticed but can be mentally exhausting. Undertaking a renovation or decorating project adds tremendous weight to mental load. That’s where spending the money for a designer can be huge for easing mental load at home. Here’s why.

- **Number of decisions** – Most people don’t realize the *number of decisions* that need to be made in a design project. Taking a dining room as an example, you need to carefully measure the space, choose a furniture layout, choose paint and/or wallpaper, decide wainscoting or no wainscoting, what to do on the ceiling, choose furniture pieces that coordinate and make sense together, make sure you choose the correct size furniture for adequate movement through the room, decide on window treatment style and fabric, choose the correct size rug in a pattern that fits with the other pieces, choose lighting scale, placement, and finishes,.....and honestly a dining room is on the easier side to design. If you’re not used to this, it can be really overwhelming and exhausting.
- **Time required to implement the decisions** – Once you’ve made all of the decisions, there’s the *additional time* you need to manage contractors and their schedules, track shipments, unbox and check everything, deal with replacing any damaged items, meet with installers, and more.

So really, our design tip this month is that it can be incredibly beneficial to your mental health to hire a designer to do all or a portion of this for you! We have the experience and knowledge to manage all of these things and leave you with a room you absolutely love (and leave you feeling happy rather than exhausted).

We’re so glad you’re here! As always, reach out with any design questions or inquiries at erin@ewpinteriors.com. We always offer an initial free phone consultation if you have any projects you’d like to explore. We have availability for Fall 2025 clients to start either full service projects or design consultations.

xo , Erin