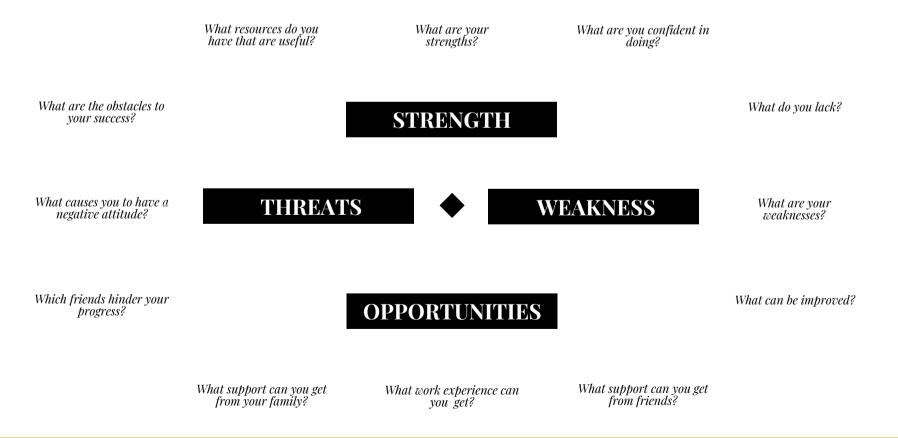
## SWOT Analysis

is an acronym for strengths, weaknesses, opportunities, and threats and is a structured planning method that evaluates those four elements of a GOAL. A SWOT analysis involves specifying the objective of the GOAL, and identifying the internal and external factors that are favourable and unfavourable to achieve that objective.

Use this SWOT analysis to think about all the things that might affect you and stop you from achieving your goals.



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