

Gainesville High School Crew

Swim Test Verification Form

To complete the Gainesville High School Crew swimming certification, each rower must complete ONE of the following:

OPTION A – IN-WATER SWIM TEST

- 100-meter continuous swim (any stroke)
- 2-minute water tread (no assistance)

OR

OPTION B – ALTERNATE VERIFICATION (documentation required)

- BSA Swim Merit Badge (signed White or Blue Card)
- American Red Cross Lifeguard Certification (current)
- Swim Team Participation Certificate with coach signature

NOT ACCEPTED AS PROOF:

- Swim team trophies or ribbons
- Swim meet schedules
- Forms signed by parents only



Rower Name: _____ Grade: _____ Date: _____

School: Gainesville High School

SWIM TEST VERIFICATION (Option A)

Location of Test: _____

I certify the above-named rower has passed the required swim test.

Lifeguard Signature: _____ Date: _____

Printed Name & Certification (with expiration): _____

ALTERNATE VERIFICATION (Option B)

I certify that _____ has met the swim test requirements by the following method (documentation attached or Swim Team coaches name and signature below):

Coach: _____ Swim Team: _____ Signature: _____

Parent/Guardian Signature: _____ Date: _____