



SUNCOASTTAEKWONDO.COM

Motivation, Self-Confidence, Focus, Determination

NEWSLETTER

AUGUST 2024

ISSUES #3

“

*A family that
kicks together
sticks together*

”

WHY CHOOSE MARTIAL ARTS?

In addition to teaching practical self-defense skills, our program also focuses on character development, building self-confidence, self-esteem, and improving overall family fitness.



\$49

BACK TO SCHOOL SPECIAL

Family activities can be expensive, we get it! So, we offer amazing family discounts to encourage every member of the family to train together, from ages 5-years old and up.



941-706-3294



941-350-1660



info@suncoasttaekwondo



suncoasttaekwondo.com



5914 Palmer Blvd
Sarasota, FL 24232

OUR STORY

We established Suncoast TaeKwonDo in 2012 with the mission to provide a safe haven for the entire family to become more physically active together. At Suncoast TaeKwonDo we wholly embrace the five tenets of TaeKwonDo:

- Courtesy
- Integrity
- Perseverance
- Self-Control
- Indomitable Spirit

SCHEDULE



TAE KWON DO

Tuesday & Thursday
6-7 PM



JUDO

Monday
6-7 PM