Welcome to the

Psychologists of Color, Inc.

MentorCity Mentorship Program!

We are so excited you have decided to take the next step in your mentor/mentee journey.

With only 16**%** of psychologists in the USA identifying as BIPOC, we recognize the importance of the mentor/mentee relationship in cultivating more psychologists of color.

Mentorship is crucial for psychologists of color for a variety of reasons:

- Mentorship allows for the development of a strong foundation for personal and professional growth in the mental health field, which will lead to an increase in the number of psychologists of color in the field.
- Mentors serve as a role model, inspiring individuals to further their career and achieve their individual goals.

- These relationships allow for unique perspective and insight into the challenges and experiences faced by BIPOC individuals in the mental health field.
- Mentorship can provide guidance and support while navigating systemic racism and discrimination within the profession.
- These relationships can provide valuable cultural proficiency training and guidance on how to approach clients from various cultural backgrounds with sensitivity and understanding.

The **MentorCity Mentorship Program** is a platform designed to facilitate and support mentor-mentee relationships. The program offers a range of features to help connect mentors and mentees, facilitate communication, and track progress towards goals.

Some of the key benefits and highlights of the MentorCity program include:

1. **Matching:** The program offers a matching system that connects mentees with mentors based on shared interests, goals and backgrounds after answering a few profile questions. This helps to ensure that mentees are matched with mentors who have relevant expertise and can offer meaningful guidance and support.
2. **Communication tools:** The program provides a range of communication tools to facilitate mentor-mentee interactions, including messaging, video conferencing, and discussion boards. These tools make it easy for mentors and mentees to connect and share information, feedback and advice.
3. **Goal setting:** The program includes a goal-setting feature that allows mentors and mentees to set goals and track progress towards achieving them. This helps to ensure that mentoring relationships are focused and productive, and that both parties are clear about what they hope to accomplish through a relationship.
4. **Resource library:** The program includes a resource library that contains a range of tools and resources to support mentoring relationships. These resources can help mentors and mentees develop new skills, address challenges, and explore new opportunities.
5. **Reporting and analytics:** The program includes reporting and analytics features that allow mentors and mentees to track progress, measure success, and identify areas for improvement. This helps to ensure that mentoring relationships are effective and that both parties are able to achieve their goals.

If you have any questions about the program or need further assistance, please reach out to our Communications Manager, Jasmin Greene, at **jasmin@psychologistsofcolor.com.**

You're invited to pilot POC's MentorCity Mentorship Program!

To sign up, please click on the following link:

https://tinyurl.com/4adxftyc

Important: For the best user experience, please use Google Chrome, Microsoft Edge Chromium version, or Safari. The site is also compatible with mobile devices using Google Chrome and Safari. You can also download/utilize the MentorCity mobile app.

The link will take you to a registration page (see below).

Just enter your First Name, Last Name, Email Address, and create a Password. You'll need to follow the password requirements and confirm your password before clicking "Register."

Psychologists of Color, Inc. has invited you to join this community

* First Name

* Last Name

* Email

* Password

This must have at least 8 characters and include at least one uppercase character, one lowercase character, one number and one symbol.
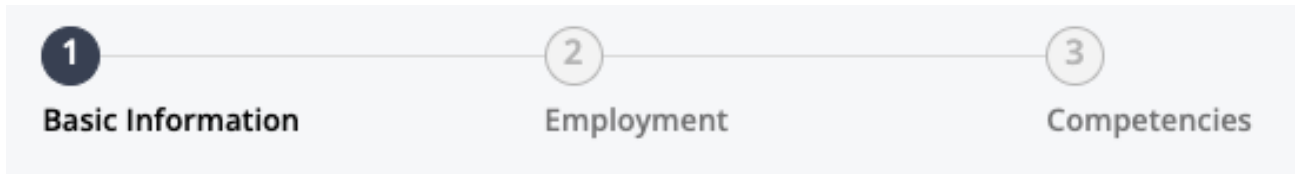
* Password confirmation

Register

Login
Forgot password?
Didn't receive unlock instructions?

Once you register with MentorCity you will arrive at a dashboard where you are prompted to build your **profile**.

Steps to Complete your POC Mentor/Mentee Profile:

1. **BASIC INFORMATION**

- You will begin by filling out your basic information including your name, gender identity, location, time zone, and language(s).
- Please note: The following fields with an asterisk (*) are required in order to move on to the next section.
  - Time Zone
  - How far along are you on your academic/career journey?
- **Mentoring Role(s)**
  - Here you will choose what role(s) you wish to fulfill in our program.
    - i.   Mentor and Mentee
    - ii. Mentor
    - iii. Mentee

- You will also choose the MAXIMUM number of mentors and/or mentees you want at any given time.

Mentoring Role

| Mentor and Mentee | ▾ |

Maximum number of **Mentees** at the same time   `0 ⏶⏷`

Maximum number of **Mentors** at the same time   `0 ⏶⏷`

*****Note once you reach your max, you will no longer show up in search results for that role.

- **Searchability**
  - At the bottom of this page you will see a box that is pre-checked and reads, "Appear in search results." With this checked, you will appear in searches. If you do not wish to appear in a search then just uncheck the box.

☑ Appear in search results

By removing this checkmark, you will not show up in regular search results for this program. The program admin person may still match you.

> **Save and go to the Employment section**

Once you save this page you will be taken to the Employment section on the next page.

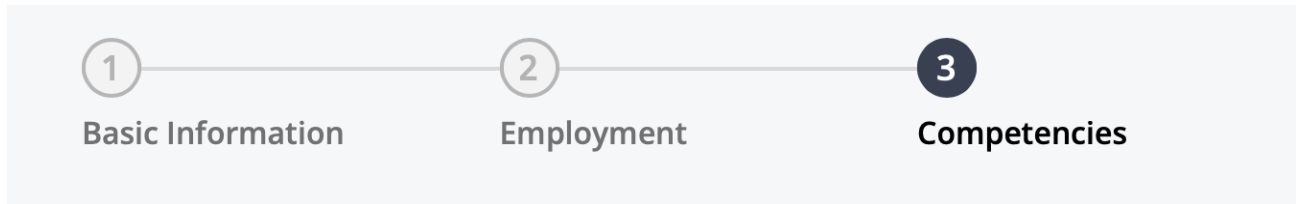| ①	②	③
Basic Information	Employment	Competencies

2. EMPLOYMENT SECTION

- <u>Please note</u>: The following fields with an asterisk (*) are required in order to move on to the next section.
  - Title
- **Industry**

- On the employment page you will find the *Industry* tab. This is equivalent to *work setting*. Do you work in a medical setting, nonprofit, academia or other relevant setting? If you don't see your setting you can select *other*

When you are done with the employment section you will click *Save and go to Competencies* which will bring you to the next page.

① Basic Information ──── ② Employment ──── **③ Competencies**

3. COMPETENCIES

- Under Competencies you will see basic skills such as "Networking, Time Management, Public Speaking" and a few more. Here you can rate yourself and how you believe you are perceived by others. Please note, this will not be shown on your profile to others. This is just used by the system to hone in on your match.
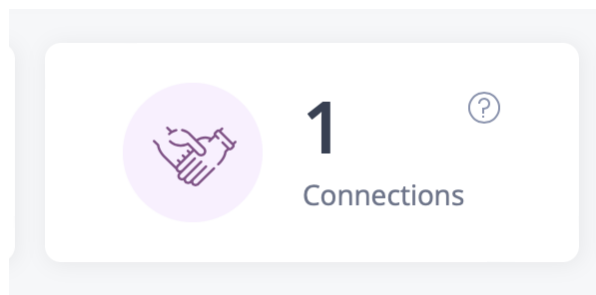
  When you are done with the Competencies, you will click *Save and find a mentor/mentee*.

Save and Find a Mentor/Mentee

Finding a Mentor/Mentee

Once you finish your profile the system will automatically filter new connections, which you will see automatically populate on your homepage.

You can click on the connection(s) and choose to message them.

Other Ways to Find a Mentor/Mentee

Another way to find a connection is to manually look through the system. On the left side of your homepage you will see the tab(s) *Mentors* or *Mentees* (depending on your role). When you click on one of these options you will see a window pop up. Here it says *Search for a Mentor/Mentee* and you can input what you are looking for under Specialized Skills, Industry, Job Function, Race/Ethnicity, and other information filled out on the profile page.

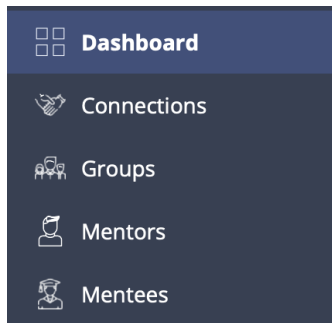Once you fill these out and click *Save and Search*, you will be matched with connections that meet your criteria.

And again here you can choose to message your connection(s).

Welcome 🎈

Thank you for joining POC's Mentorship Program!

We are so excited for you to begin your mentor/mentee relationships!

You can contact our Communications & Operations Manager, Jasmin, at **jasmin@psychologistsofcolor.com** with suggestions, comments, or any questions about the program. Feedback on the program is always welcomed.

Your support for Psychologists of Color, Inc. helps fund programs like this.

Donations are greatly appreciated and are tax deductible.

You can **donate** to POC at https://psychologistsofcolor.com/donate.