

1812 Peachtree Street
Atlanta, GA 30309

(404) 881-0246
www.rthomasdeluxe.grill.net



Monday: Closed
Sun/Tues/Wed: 7am-11pm
Thurs/Fri/Sat: 7am-5am

R's Breakfast Classics

R's Breakfast Special

Half order of French Toast with powdered sugar and bananas or 2 Gluten Free Pancakes with powdered sugar and strawberries, 2 eggs any style, choice of bacon, veggie sausage, chicken sausage, or ham. Served with home fries. _____

French Toast

Full order of French Toast with powdered sugar and bananas, choice of bacon, veggie sausage, chicken sausage, or ham. Served with home fries. _____

Benedict Thomas

9 grain toast topped with your choice of bacon, veggie sausage, chicken sausage, or ham, 2 over medium eggs, and drizzled with hollandaise sauce. Served with one of R's Veggies Choices. _____

R's Breakfast Sandwich

Grilled 9 grain toast with white cheddar, 2 eggs any style, and a choice of bacon, veggie sausage, chicken sausage, or ham. Served with a mini side of home fries. _____

Breakfast Quesadilla

Tortilla filled with white cheddar cheese, cream cheese, basil, red onions, green bells peppers, bacon, and scrambled eggs. Served with one of R's Veggies Choices and salsa and sour cream on the side. Want it rolled up like a burrito? Just let your server know! _____

Peachtree Morning

3 eggs any style, choice of bacon, veggie sausage, chicken sausage, or ham, one of R's Veggies Choices, and 9 grain toast. _____

Omelettes

Served with 9 grain toast and one of R's Veggies Choices

California Omelette

Seafood and white cheddar cheese with guacamole on the side. _____

Sausage Queen Omelette

Veggie sausage, rosemary potatoes, red bell peppers, red onions, and white cheddar. _____

Veggie Omelette

Red onions, zucchini, mushrooms, green bell peppers, and white cheddar. _____

Chicken King Omelette

Chicken, zucchini, mushrooms, and white cheddar. _____

Salmon Omelette

Salmon, cream cheese, kale, and tomatoes. _____

Build Your Own Omelette

Base omelette with white cheddar cheese. _____ /base
Add veggies _____ /each (onions, jalapenos, zucchini, broccoli, bell peppers, kale, mushrooms, tomatoes)
Add a breakfast meat _____ /each
Add Salmon _____
Add Shrimp _____

R's Breakfast Bowls

Breakfast Quinoa Bowl

Quinoa sauteed with garlic, kale, and tomatoes topped with 2 scrambled eggs. Served with salsa on the side. _____

Shrimp & Grits

Shrimp, andouille sausage, garlic, and red onions in a creamy tomato sauce. _____

R's Rosemary Potato Bowls

Served with 2 over medium eggs and 9 grain toast.

The Buckhead Betty

Salmon, red onions, scallions, and hollandaise sauce. _____

The Bubba Gump

Shrimp, red onions, garlic, green and red bell peppers, mushrooms, scallions, and cajun hollandaise sauce. _____

A la Carte

1/2 French Toast _____
9 Grain Toast _____
Bacon, Ham, Veggie Sausage, or
Chicken Sausage _____
Free Range Egg _____ each
Grits _____
Add Cheddar Cheese _____
Add Parmesan Cheese _____
Sloppy Joe Singles _____
Sauces: 2oz/ _____ 8oz/ _____
(Wing Sauce, Blue Cheese, Hickory BBQ, Soy Ginger Glaze, Sassy Sauce, Lemon Pepper Sauce, Pure Maple Syrup)

R's Veggie Choices

All Choices: _____

Classic Home Fries
Red Slaw
Rosemary Potatoes
Fruit Side
Garlicky Green Beans
Garlicky Kale
Mixed Grilled
Broccoli & Fennel
Rosemary Quinoa
Baked Potato
Cinnamon Sweet Potatoes
Mashed Potatoes

Advisory: Consuming raw or under cooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness (especially if you have certain conditions). PLEASE inform your server if a person in your party has a food allergy.

R's Fresh Squeezed Juices

Small (10 oz.) _____ Medium (14oz.) _____ Large (20oz.) _____ Pitcher (32 oz.) _____

Vitality

carrots and super green mix

Drink for Life

carrot juice

Champ

carrot, apple, ginger

Liquid Gold

orange juice

Sleepy Hollow

apple and cranberry

Mr. Rogers

apple and orange

Big Bang

Served Hot! apple, lemon, and ginger (Medium Only)

Winter Tonic

carrot, celery, and beets

Holiday Cheer

apple and lemon

Dancing Queen

apple, pear, and fennel

Yerba Mate Selections

Latte Hot or Iced

Blue Moon

soy & rice milk, pure maple syrup, chamomile, lemongrass, peppermint, ginger

Cinnamon Girl

soy & rice milk, pure maple syrup, chamomile, cinnamon

Sweet Chai

soy & rice milk, honey

Lavendar Jasmine Affair

soy & rice milk, honey

Authentic Chai

soy & rice milk, honey

Apple Pie

soy & rice milk, pure maple syrup, cinnamon, apple juice

Juice Mates Served Iced

Grasshopper

lime, honey, authentic chai

Misty Mountain

OJ, honey, sweet chai

Lady Bug

apple, lemon, honey

Gaucho Love

OJ, maple, coconut milk, lemongrass

R's World Famous Smoothies

One size fits all 20 oz. _____

Mojo Jojo (Seasonal)

mango, banana, OJ, honey

Banana Boy Toy

banana, kefir, vanilla, honey

Hempnut Buttercup

hemp protein powder, chocolate, peanut butter, soy milk, maple

Frosted Champ

carrot, apple, lemon, ginger, honey

PBJ Plus

peanut butter, kefir, strawberries, maple, flax oil

Tropical Delight

apple, strawberries, honey

Miami Cooler

pineapple, OJ, honey

Donkey Kong

OJ, strawberries, coconut milk, banana, honey

Other Fresh Juices

Whole Coconut

Cracked fresh to order _____

Coconut Delight

Whole coconut blended with dates, strawberries, banana, and pineapple. _____

10 Dollar Shake

Whole coconut, raw cacao, strawberries, gojis, super protein mix, maca extreme, super green, mesquite meal, blue manna, and agave. _____

Shot of Ginger

2 oz. shot of juiced ginger. _____

Other Beverages

Soy, Rice, or Almond Milk available upon request

Coffee regular or decaf _____

Iced Tea sweetened or unsweet _____

Sodas _____

Coke, Diet Coke, Sprite, Lemonade

Fresh Brewed Yerba Mate _____

Hot Chocolate _____

Organic Hot Tea Selections _____

Tulsi Ginger, Bed & Breakfast, Jasmine Dragon, Italian Chamomile, Peppermint

Wine

House Wine _____/Glass _____/ Bottle

Chardonnay
Cabernet
Merlot
Sauvignon Blanc

Beer

Miller Lite _____ Sweetwater 420 _____
Tecate _____ Stella Artois _____
Hopsecutioner _____ Blue Moon _____

Specialty Drinks

Mimosa _____ Bloody Sake Mary _____
R's Sangria _____
red or white Warm Sake _____

ALL SALES ARE FINAL ON ORDERED FOOD!
18% GRATUITY IS ADDED TO ALL PARTIES OF 5 OR MORE.

Appetizers

R's Wing Plate

Marinated free range chicken wings, slow oven roasted, and chargrilled to order. Tossed in your choice of sauce: R's Classic Wing Sauce, Hickory BBQ, Lemon Pepper, Soy Ginger, or Teriyaki. Served with blue cheese and celery. _____

Grilled Veggies & Raw Hummus

Marinated and chargrilled zucchini, red onions, portobello mushrooms, carrots, red and green bell peppers. Served with tortillas. _____

Chips Deluxe

Organic tri-colored corn chips topped with white cheddar cheese, cilantro, and spicy chacha veggies. Served with salsa, sour cream, raw hummus. _____ Add guacamole _____ more.

Chips & Salsa

Organic Tri-colored corn chips with housemade salsa. _____ Add guacamole _____ more.

Magic Stuffed Potato

Baked potato filled with white cheddar, zucchini, red onions, and portobello mushrooms. Served with butter and sour cream on the side. _____

Raw Cashew Cheese

Organic, seasoned cashew puree with red bell peppers and tamari. Served with celery, sliced cucumbers, and pears. _____

Sandwiches

Served with one of R's Veggie Choices

Topping Choices _____/each: Bacon, mushrooms, guacamole, white cheddar cheese.

Thomas Burger

Local, grass fed beef burger chargrilled to order with special sauce, romaine lettuce, and tomato. Choice of toppings. _____

Free Range Chicken Sandwich

Marinated boneless chicken breast chargrilled to order with special sauce, romaine lettuce, and tomato. _____

Black & Blue Sandwich

Choice of chargrilled chicken breast, housemade veggie burger, or grassfed beef burger seasoned with Cajun spices, romaine lettuce, tomato, and drenched in our house made buffalo sauce and blue cheese dressing on the side. _____

Portobello Sandwich

Thinly sliced and grilled marinated portobello mushrooms, zucchini, red onions, and white cheddar cheese. Topped with field greens and special sauce. _____

R's Piccata Sandwich

Marinated chicken breast dusted with amaranth flour and sauteed in clarified butter and finished with lemon juice served on Brioche bread with mustard and pickle. _____

R's Housemade Veggie Burger

VEGAN! Served on Italian Sour Dough with organic greens and eggless dijonaise. _____ Double the Veggie Burger for _____ more.

Salads

Warm Chicken Supreme

Field greens with sauteed chicken, red bell peppers, carrots, scallions, apples, and pecans in a balsamic honey dijon dressing topped with white cheddar and orange slices. _____

Caesar Salad

Classic romaine lettuce salad, garnished with Parmesan cheese and housemade croutons tossed in our eggless Caesar dressing. _____ / Mini _____ / No meat _____ / Chicken

Organic Green & Veggies

Organic field greens topped with julienne veggies, red cabbage, & apples. Choice of dressing: blue cheese, balsamic honey dijon, lemon poppy seed, rosemary vinaigrette, or sesame tamari vinaigrette. _____

Entrees

R's Meatless Loaf

VEGAN! R's meatless loaf loaded with green bell peppers, onions, and garlic; topped with a spicy tomato reduction. Served with mashed potatoes and garlicky green beans. _____

Grilled Range Chicken Dinner

Marinated boneless chicken breast chargrilled to order served with broccoli & fennel, garlicky green beans, and rosemary potatoes. _____

R's Chicken Piccata

Lightly dusted with amaranth flour and sauteed in clarified butter and finished with lemon juice. Served on protein packed rosemary quinoa, with garlicky green beans, and broccoli & fennel. _____

Soy Ginger Salmon

Seared salmon accented with soy ginger glaze served with rosemary quinoa and garlicky green beans. _____

R's Veggie Plate Combo

Choose 4 of R's Veggie Choices. _____

18% GRATUITY IS ADDED TO ALL TAKE OUT ORDERS.

Southwestern

Add Guacamole for _____
Gluten Free Options available.

Spicy Fish Tacos

Tri-colored tortillas filled with sauteed salmon, broccoli, carrots, red onions, red cabbage, and scallions drizzled with R's signature sassy sauce. _____

R's Quesadilla

Southwestern chili tortilla filled with white cheddar, green bell peppers, red onions, bacon, and free range chicken. Served with salsa and sour cream on the side. _____

Magic Quesadilla

Spinach tortilla filled with white cheddar, portobello mushrooms, red onions, green bell peppers, and zucchini. Served with salsa and sour cream on the side. Want it rolled like a burrito? Just let your server know! _____

Chicken Curry Basil Wrap

Southwestern chili tortilla stuffed with chicken, pineapple, fresh basil, red bell peppers, mandarin oranges, and drizzled with balsamic honey dijon dressing. Served with field greens with a dollop of eggless curry mayo. _____

Veggie Sloppy Joe

VEGAN! Southwestern chili tortilla with a spicy, tangy veggie burger mix. Served with cinnamon sweet potatoes and red slaw. _____

Pastas & Bowls

Gluten Free Pasta available upon request.

Penne Pasta

Penne pasta in a smooth marinara sauce with garlic, basil, white cheddar, and Parmesan cheese. _____
With Chicken _____

Portobello Linguine

Portobello mushrooms and Italian style zucchini in a cream sauce over linguine, and topped with fresh basil and Parmesan. _____
With Chicken _____

Lemon & Herb Linguine

Hearty linguine served in a zesty lemon cream sauce with fresh basil and Parmesan cheese. _____
With Chicken _____

Curry Coconut Seafood Linguine

Salmon and shrimp sauteed in a creamy curry coconut sauce with carrots, asparagus, and red onions. Served over linguine and chili sauce on the side. _____

Mediterranean Bowl

(this item contains tree nuts)
VEGAN! Sundried tomato quinoa served with chargrilled marinated portobello mushrooms, red onions, red and green bell peppers, zucchini, and carrots topped with tzatziki sauce and fresh basil. _____

Thai Express Bowl

Sauteed red cabbage, red onions, broccoli, carrots, scallions, garlic, and cilantro tossed in peanut sauce served over rosemary quinoa.
Veggie _____ Tempeh or Tofu _____
Chicken _____ Salmon _____

Teriyaki Bowl

Red cabbage, carrots, red onions, celery, broccoli, and red bell peppers tossed in our housemade teriyaki sauce served over rosemary quinoa.
Veggie _____ Tempeh or Tofu _____
Chicken _____ Salmon _____

Kids' Stuff;

Kids 12 and under.

Juices _____

Charlie - just OJ

Tommy Hawk - apple and orange

Smoothies _____

Ollie - pineapple, OJ, and agave

Ruby - strawberry, apple juice, and agave

Madonna - banana, kefir, vanilla, maple

Drinks _____

soda, tea, or milk

Kids Scramble

eggs, toast, and home fries _____

Fruity fresh fruit _____

French Toast

served kids style _____

Grilled Cheese

served with home fries _____

1/2 Burger

tell us how you want it _____

PBJ

PB with strawberry jam served with fruit _____

Dish of Pasta

tell us how you want it _____

Desserts

Kenny's Key Lime Pie _____

Chef's Choice Pie Special _____

White Chocolate Raspberry Cheesecake _____

Turtle Dove Cheesecake _____

Vegan Cake Special _____